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The Quincy Sun

Quincy's Hometown Weekly Newspaper Since 1968

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CONGRATULATIONS, CLASS OF '24

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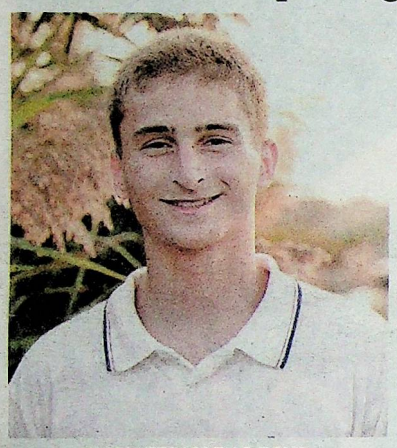
• Scholarships Page 8 • 2024 Valedictorian, Salutatorian, Class Officers Below •

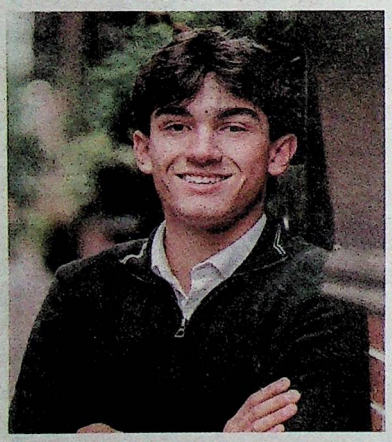


JONATHAN BALDINI
Valedictorian
North Quincy High School Class of 2024

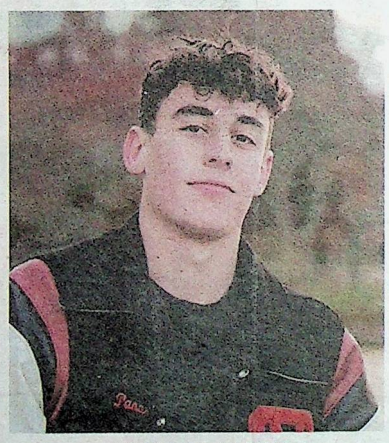
CHLOE WU
Salutatorian
North Quincy High School Class of 2024

STANLEY TRAN
Valedictorian
Quincy High School Class of 2024

MARGARET POTTS
Salutatorian
Quincy High School Class of 2024



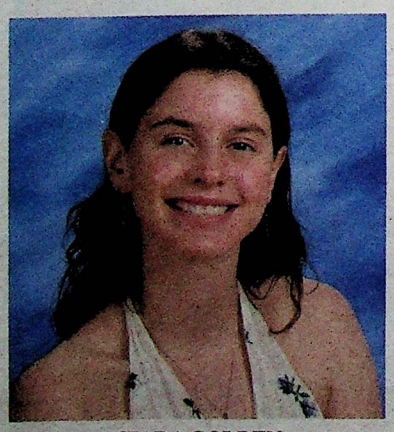
ARLI DYLJA
Class President
North Quincy High School Class of 2024



ENHEA PANARITI
Class Vice President
North Quincy High School Class of 2024

AVA BRYAN
Class Secretary
North Quincy High School Class of 2024

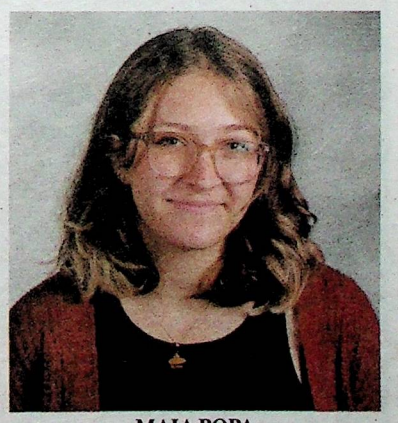
VICTORIA BERRY
Class Treasurer
North Quincy High School Class of 2024



CIARA GOLDEN
Class President
Quincy High School Class of 2024

KATHY DUONG
Class Vice President
Quincy High School Class of 2024

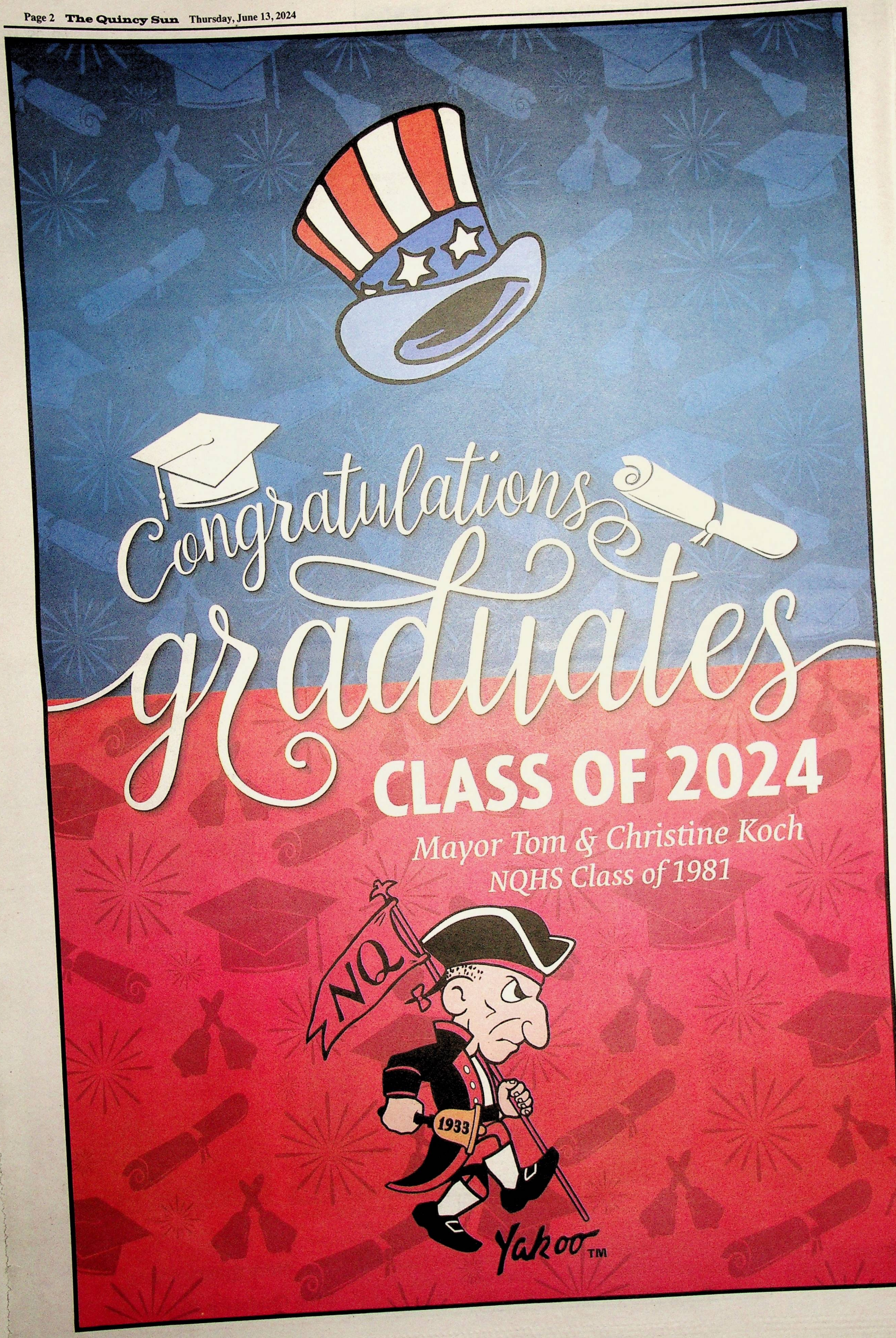
SHIYANNA ROBINSON-MOORE
Class Secretary
Quincy High School Class of 2024



MAIA POPA
Class Treasurer
Quincy High School Class of 2024

School Budget Includes 40 New Positions - Page 3
Quincy Flag Day Celebration Saturday - *Page 5*
County Home Sales Continue To Rise - *Page 16*

More Quincy news:
The Quincy Sun.com


Congratulations
graduates
CLASS OF 2024
Mayor Tom & Christine Koch
NQHS Class of 1981
NQ
1933
Yahoo™

$142.54M School Budget Includes 40 New Positions

By SCOTT JACKSON

A School Committee subcommittee this past week gave preliminary approval to the proposed school budget of $142.54 million for the upcoming fiscal year that includes funding for more than 40 new position, many of which will be assigned to the new Dr. Rick DeCristofaro Learning Center.

The budget and finance subcommittee approved the budget during its meeting on the evening of June 6. The full committee was poised to vote on it during its meeting yesterday (Wednesday).

School administrators on May 22 unveiled the proposed $142.54 million budget for fiscal year 2025, which begins on July 1. The proposed spending plan represents an increase of $7.9 over the budget for the current fiscal year.

The FY25 budget includes $134.19 million in funding from the city's general fund, up from $127.54 million in FY24. Another $7.35 million in funding will come from the state's Circuit Breaker program, an increase of $250,000. The district will also use $1 million in federal ESSER funds for the FY25 budget; those funds are available through Sept. 30.

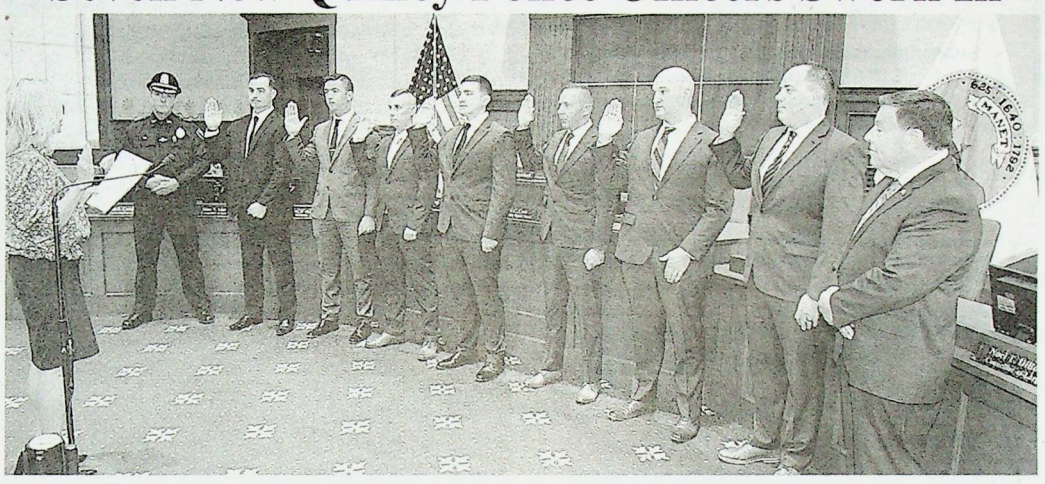
At the May 22 meeting, James Mullaney, the school district's director of business affairs, said the proposed school budget leaves the district with $2.46 million to allocate after accounting for things like step increases, contractual obligations and anticipated retirements. Administrators expect there will be 18 retirements at the end of the current school.

The proposed budget shows a reduction of two full-time academic classroom teachers next year; Dr. Erin Perkins, the assistant superintendent, on May 22 said the district is not reducing the number of teachers but is shifting those positions elsewhere in the budget.

The budget would add 15 new full-time equivalent teachers for academic programs. That includes seven special education teachers as well as an art teacher, music teacher, adaptive physical education teacher and a speech and language teacher for the Dr. Rick DeCristofaro Learning Center

Cont'd On Page 25

Seven New Quincy Police Officers Sworn In



SEVEN NEW Quincy Police officers were recently sworn in during a ceremony inside the Great Hall of the James R. McIntyre Government Center (old City Hall). As Police Chief Mark Kennedy (far left) and Mayor Thomas Koch (right) look on, City Clerk Nicole Crispo administers the oath to the new officers (from left to right) Patrick Ward, Mark Gibbons, Thomas Lester, Thomas Ridge, Christian DeGrandis, Bruno Borges and Sean O'Brien. More coverage Page 21. *Quincy Sun Photo/Robert Bosworth*

Early Deadline For Next Week's Quincy Sun

Because of the Juneteenth holiday Wednesday, June 19, The Quincy Sun has an early news and advertising deadline for next week's issue.

The deadline for news releases, retail and classified advertising and legal notices to be published in the June 20th edition is 4 p.m. today (Thursday).

The Sun office will be closed Wednesday, June 19.

For more information, call The Sun office at 617-471-3100 or email the editor: thequincysun@verizon.net.

Summer Events At Ruth Gordon Amphitheater

By SCOTT JACKSON

The Friends of Ruth Gordon Amphitheater will host a series of events at the outdoor venue once again this summer.

"This is our second year and it's kind of expanded a little bit," said Sara Trainor Callard of the Friends group.

The Board of License Commissioners on June 4 granted the Friends special-use permits for the planned events and one-day liquor licenses for select dates.

For the second straight year, the group will host Friends Fridays at the amphitheater, which is located inside Merrymount Park. Friends Fridays will take place from 6 to 8 p.m. between June 28 and Aug. 23, excluding July 5.

Neal & The Vipers will perform on June 28; Divas with a Twist will take the stage on July 12; Ladies of Blues and Soul are set for July 19; Thalia Theater Troupe will be there on July 26; Studio Two, a Beatles tribute band, is set to play on Aug. 2; Fat City Band will perform on Aug. 9; the Danny Gallagher Band will play on Aug. 16; and Jesse Ahern will close out the concert series on Aug. 23.

The group will also host the Friends Rock Festival on Sunday, Aug. 11, from 2 to 8 p.m. The rain date for that is Aug. 18.

The one-day liquor licenses cover both the Friends Fridays and the Rock Festival. Marina Bay's Break Rock Brewing will be there for those events.

"The crowds were really low-key last year," said Jay Southwood of Break Rock. "It was a good first year."

In addition, the Friends will host a theatre troupe event on Saturday, July 27, from 6 p.m. and Sunday, July 28, from 2 to 7 p.m.

The Friends will also host a series of movie nights from 7 to 10 p.m. on Saturdays, Aug. 3, Aug. 17, Aug. 24, and Aug. 31.

Trainor Callard said that Black's Creek BBQ of Quincy has confirmed they will be on site for each event the Friends plan to host this year. Other food trucks, including an ice cream truck, could be there as well.

For more information, visit friendsofrga.org.

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Moments in time

THE HISTORY CHANNEL

• On **June 24, 2005**, actor Tom Cruise rattled and debated with interviewer Matt Lauer, host of NBC's morning talk show "Today," with his criticism of antidepressant medications and psychiatric therapy, calling psychiatry a "pseudoscience."

• On **June 25, 1988**, teenaged Debbie Gibson's song "Foolish Beat" reached the top of the Billboard Hot 100, making her the youngest person ever to write, produce and perform her own No. 1 pop single.

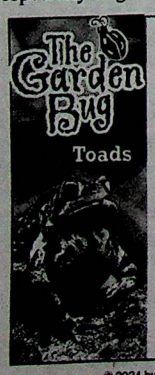
• On **June 26, 1993**, President Bill Clinton ordered U.S. warships to fire Tomahawk cruise missiles at Iraqi intelligence headquarters in downtown Baghdad, in retaliation for an Iraqi plot to assassinate former President George H.W. Bush during his April visit to Kuwait.

• On **June 27, 1939**, one of cinema's most famous scenes was recorded when Rhett Butler and Scarlett O'Hara parted for the last time in "Gone With the Wind." Director Victor Fleming also shot the scene using an alternate line -- "Frankly, my dear, I just don't care" -- in case film censors objected to the word "damn." They did, fining producer David O. Selznick $5,000 for including the curse even though they approved the movie.

• On **June 28, 1919**, Germany signed the Treaty of Versailles with the Allies, officially ending World War I. English economist John Maynard Keynes, who attended the peace conference but left in protest of the treaty, predicted that strict terms imposed on Germany would lead to its financial collapse.

• On **June 29, 1776**, Edward Rutledge, one of South Carolina's representatives to the Continental Congress in Philadelphia, wrote a letter to New York Rep. John Jay expressing his anxiety over whether moderates like the two of them could "effectually oppose" a resolution for independence. Jay had business elsewhere and was unable to attend the Congress.

• On **June 30, 1934**, in Germany, Nazi leader Adolf Hitler ordered a bloody purge of his own political party, assassinating hundreds of Nazis whom he believed had the potential to become future political enemies. The leadership of the Nazi Storm Troopers (SA), whose 4 million members had helped bring Hitler to power in the early 1930s, was especially targeted. *(c) 2024 King Features Synd., Inc.*



The American toad can eat up to 100 insects in one night, reducing insect damage to your plants. To attract toads to your garden, provide water in which to breed (like a small pond or a ditch), plus a moist, dark place where they can wedge their body, and soil in which to burrow that is free of pesticides, herbicides and fertilizers. If they find a home they like, they might stay for years; observe their unique spot patterns on their back to identify them. When threatened, they can secrete a toxin from lumpy glands behind their eyes, so keep children and pets away and wash your hands after any contact.

– *Brenda Weaver*

Sources: www.washingtonpost.com, wikipedia

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Financial Focus: **Don't Let Investments Take A Vacation**

MARIE O'RIORDAN KELLY

Summertime is almost here — and for many people that means it's time to hit the road. But even if you decide to take a vacation, you'll want other areas of your life to keep working — especially your investments.

So, how can you prevent your investments, and your overall financial strategy, from going on "vacation"? Here are a few suggestions:

• ***Check your progress.*** You want your investments to be working hard for you, so you'll need to check on their performance periodically — but be careful about how you evaluate results. Don't compare your portfolio's results against those of a market index, such as the S&P 500, which tracks the stock performance of 500 large U.S. companies listed on American stock exchanges. This comparison may not be particularly valid because your own portfolio ideally should include a range of investments, including U.S. and foreign stocks, corporate and government bonds, certificates of deposit (CDs) and other securities. So, instead of checking your progress against a market index, use benchmarks meaningful to your individual situation, such as whether your portfolio is showing enough growth potential based on a compounding rate of return to keep you moving toward a comfortable retirement and other long-term goals.

• ***Invest with a purpose.*** When you work intensely at something, it's usually because you have a definite result in mind. And this sense of purpose applies to investing, too. If you buy a stock here, and another one there, based on "hot" tips you might have seen on television or the internet, you may end up with a jumbled sort of portfolio that doesn't really reflect your needs. Instead, try to follow a long-term investment strategy based on your financial goals, risk tolerance, asset accumulation needs, liquidity and time horizon, always with an eye toward where you want to go in life — how long you plan to work, what sort of retirement lifestyle you envision, and so on.

• ***Be strategic with your investments.*** Over the years, you will likely have a variety of competing financial goals — and you'll want your investment portfolio working to help achieve all of them. That means, though, that you'll likely need to match certain investments with specific goals. For example, when you contribute to an IRA and a 401(k) or similar plan, you're putting away money for retirement. But if you want to help your children go to college or receive some other type of post-secondary education or training, you might want to save in a 529 education savings plan, which allows tax-free withdrawals for qualified education expenses. Or, if you want to save for a short-term goal, such as a wedding or a long vacation, you might choose an investment that offers significant protection of principal, so the money will be available when you need it. Ultimately, this type of goals-based investing can help ensure your portfolio is always working on your behalf, in the way you intended.

When you take a vacation, you will hopefully be more relaxed and refreshed. But if you let your investments stop working as hard as they should, the results could be stressful. So, be diligent about your investment strategy, monitor it regularly and make those moves appropriate for your situation. By doing so, you can't necessarily guarantee a long day at the beach, but you'll have a good chance of enjoying a sunny outlook.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones, Member SIPC

Submitted by Marie O'Riordan Kelly, AAMS
Edward Jones
138 Franklin St.
Quincy, MA 02169
617-639-0327
Marie.kelly@edwardjones.com.

Ask Rusty - About Social Security's 'Guaranteed' Annual Cost-Of-Living Adjustment (COLA)

Social Security Matters

By RUSSELL GLOOR
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: I've been reading a lot lately about speculation on what next year's benefit increase will be, and it seems like most of the experts are suggesting a range of 2.5% to 3%. My neighbor says don't worry about it, because there will always be some level of increase come January. It's guaranteed, right? **Signed:** ***Retired But Questioning***

Dear Retired: You've brought up a common belief about the annual Social Security COLA, one that we hear often. Let's start with some background. Each year's COLA results from comparing the third quarter average Consumer Price Index (CPI-W) each year to the same average from the preceding year. The result of dividing the current year's average by the previous year's average produces the COLA for the following year. For 2024's adjustment, the 2023 third-quarter average was 301.2 and the comparable figure for 2022 was 291.9, producing the 3.2% benefit addition.

It's not always the case that the year-to-year CPI calculation produces a positive result, as was the case three times so far this century. As recently as 2016, for example, the 2015 third-quarter average was 233.3 and the comparable figure for 2014 was 234.2, producing a negative change. Fortunately for beneficiaries, Social Security law prohibits a negative COLA, so the negative result was ruled out and the COLA for 2016 was zero.

So, the rumor that there will always be a benefit increase in January is untrue, although having only three zero COLA years since the start of automated adjustments in 1974 leads folks to assume there will always be a boost in the new year. The size of the adjustment fluctuates with economic cycles and has ranged from a high of 14.3 percent in 1980 to 0.3% in 2017 (excluding, of course, the zero years). Incidentally, the historical average since automatic COLAs began is 3.8%, so the 2024 adjustment of 3.2% isn't that far from the average.

Social Security's rules are myriad and often confusing, but no question is too simple to be asked. The AMAC Foundation's Social Security Advisory Service is available, at no charge, to answer all your Social Security questions, via email at SSAdvisor@amacfoundation.org or call 1.888-750-2622.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

Quincy Flag Day Celebration Live On QATV

Quincy Access Television (QATV) announces the 2024 Quincy Flag Day Celebration will be shown live beginning at 7:20 p.m. on QATV-8, QATV-HD 1072 and online at www.QATV.org on Saturday, June 15th.

QATV's Joe Catalano and QATV member/volunteer Krystyne Cheever will anchor coverage of the parade, followed by coverage of the flag raising ceremony and fireworks from Pageant Field.

Replays of the Flag Day celebration will be shown the during week on QATV-8 and QATV-HD 1072. The celebration will also be posted to QATV.org for viewing on demand.

More information about the Flag Day Parade and Celebration appears on Page 5.

For more information about QATV's Flag Day celebration coverage, visit www.QATV.org or call 617-376-1440 ext. 224.

Scenes From Yesterday

THIS 1907 postcard printed in Germany is a view of the old sightseeing observatory that was on the top of Great Hill at the end of Houghs Neck. The tower was built in 1901 by Quincy contractor William Lofgren who also built many of the Quincy churches of the time with wooden steeples. The tower was octagon in shape and about 25 feet wide at the base tapering to 12 feet at the top, rising 50 feet high with a 25-foot pole at the top flying a 12-foot flag. Lofgren's company built it in three weeks. The tower was built for Andrew Odom, a young civil engineer who worked for the city and was also an entrepreneur. He had the tower built as an investment; he placed a powerful telescope at the top and charged five cents for admission. At over 130 feet above sea level, the view on a clear day was fantastic; besides all of Boston Harbor and Quincy Bay it included Gloucester to the north, Provincetown to the east and Plymouth to the south. The tower was later fully enclosed and converted into a summer cottage. It burned to the ground in 1939.

From the Tom Galvin Postcard Collection

Flag Day Parade, Fireworks Saturday

Parade Grand Marshal Richard 'Ratt' Kennedy; Honorable William Farrell Recipient Richard, Simone Koch Award

Mayor Thomas P. Koch announces Quincy's Flag Day Parade will take place on Saturday, June 15th.

The parade will step-off at 7 p.m. and be followed by a flag-raising ceremony at Pageant Field at 8:15 p.m. The night will culminate with fireworks over Black's Creek at approximately 9 p.m.

The parade will launch on Coddington Street by Spear Street, head north up Hancock Street, turn onto Merrymount Parkway and wrap up at Vietnam Veterans Drive and Adams Field. This year's parade will feature bands/drum corps, specialty units, public safety and veterans' color guards, floats, classic cars, and more than 1,000 flag-waving youngsters.

Musical performers this year will include Boston Crusaders Sr. Drum Corps, Crusaders Junior Corps, Defenders Sr. Drum Corps, Quincy/North Quincy Marching Band, Uncle Sam's Patriotic Band, Roma Italian Band, North Star Alumni Drum & Bugle, OC Highlanders Pipe Band and Branches Steel Band.

The Flag Day Parade was started by Richard (Dick) Koch, Sr. in 1952 when he led a group of youngsters around Norfolk Downs and finished with a flag-raising at Cavanagh Stadium. The parade has grown significantly through the years and fireworks were added in the 1990s.

"There's no greater tradition in our city than the Flag Day Parade," said Mayor Koch. "It is an incredible community celebration of our flag and the values that it represents. It is the unofficial kick-off to summer and always the best day of the year. I am looking forward to seeing the thousands of people that join in the celebration that evening."

At Pageant Field, the 50' x 80' flag will be raised over the crowd to the tune of "Grand Ol' Flag." A ceremony recognizing the grand marshal and the Richard and Simone Koch Award winner will follow. The Crusader Junior Corps and singer Dan Clark will entertain the audience with a medley of patriotic tunes.

The Quincy Flag Day Committee will honor Richard "Ratt" Kennedy as this year's grand marshal. For the past 26 years, Richard has served as president of the Angel Fund for ALS research and has organized the annual "Squirrel Run" in memory of his brother, Jimmy "Squirrel" Kennedy, who lost his courageous battle with ALS in 1997, at the age of 31. The race brings the community together and helps build awareness for this terrible disease.

This year's Richard and Simone Koch Award will be presented to the Honorable William G. Farrell, an Associate Justice of the MA District Court. In his adopted home of Quincy, he has served as a long-time youth coach in baseball, basketball and softball. He is the longest serving board member of Quincy Youth Baseball & Softball. He also coached for Quincy Catholic Academy and Sacred Heart North Quincy. Eight years ago, he collaborated with former Quincy youth coaches, QYB&S, the City of Quincy and the Martin Richard MR8 Foundation to create the first adaptive baseball program for special athletes in Quincy called Bambino Buddy Ball. The program teams up volunteer Buddies from the leagues of Quincy Youth Baseball & Softball with special athletes ages 5 to 19.

The evening will commence with a fireworks show over Black's Creek from Pyrotecnico Fireworks, the same company that performs the July 4th show at the Esplanade.

"It's great to see so many new faces enjoying our City's traditions," the mayor said. "This event represents the best of our community with so many local organizations, youth groups, and residents participating in the parade. I encourage everyone to come out and enjoy this wonderful event."

More Quincy news:

The Quincy Sun.com

Quincy's Yesterdays

This Week
1986
38 Years Ago

Union Optimistic Shipyard Can Open

"If everything falls into place, we could be back in operation in January," said George O'Kane. President of Local 5 of the Shipbuilding Workers Union at General Dynamics Shipyard which closed recently.

Union hopes were buoyed in part by an amendment filed by U.S. Rep. Gerry Studds to a "Build And Charter" bill authorizing $852 million for construction of new Naval vessels.

Studds' amendment included passenger vessels to be used in coastwise trade, which are the likeliest candidates for contracts are the Quincy shipyard, within the category of vessels eligible for funding under the bill.

"That's a step in the right direction," O'Kane said. "And the state came across with funding for the feasibility study. Now our only problem is funding shipbuilding."

O'Kane noted that American Flag Ship is interested in having a minimum of two, and a maximum of four, cruise liners built at the yard at a cost of $225 million each.

The fate of the "Build and Charter" bill would affectthe possibility of having the liners built at the yard, O'Kane said, adding the union was also looking at other area projects such as repair work and the Third Harbor tunnel.

In the meantime, General Dynamics was marketing the property and would consider bona fide offers in mid-August. They could make a decision by the end of September.

JOHNSON NEW BUILDING INSPECTOR

Kenneth F. Johnson, 26, of Squantum, was appointed the city's new building inspector by Mayor Francis McCauley. Johnson, who succeeds Allan F. MacDonald, will begin work June 23.

Johnson, who earned a master's degree from Worcester Polytechnic Institute, will work with MacDonald for three weeks to become acclimated to the job before the current building inspector retires in mid-July after 35 years with the city. The position paid $38,726 and was set to increase to $39,000 Jan. 1.

QUINCYISMS

Five students from St. Ann School received scholarships totaling $2,900. They are: **John Kelly, Lori Forbush, Daniel Keating, Tina Lescinskas** and **Tom Cosseboom**. . . . **Frank J. Kearns** was named the Quincy Citizens Association "Citizen of the Year" for outstanding community service. . . A farewell reception was held for **Fr. Joseph K. Raeke**, associate pastor for the past six years at St. Joseph's Church, Quincy Point. Fr. Raeke's new assignment was St. Michael's Parish in Avon . . . **Leslie M. Brierly** of Quincy was presented an appreciation award for his years of service playing the piano and organ for the Protestant Social Service Bureau's annual Men's Prayer Breakfast. Presenting the award was **Russell Johnson**, Special Arrangements Chairman for the annual breakfast. . . Three North Quincy High School students will attend the 1986 session of American Legion Boys State, sponsored by the Robert I. Nickerson Legion Post in Squantum. They are: **Thomas Casey**, Hollis Avenue; **John Pacino**, Glover Avenue and **Vernon Leister** of Merrymount Avenue. The students were selected for exhibiting outstanding qualities of leadership, character, scholarship and service to their school. . . Six residents graduated from Massachusetts Institute of Technology: **Paul Brinkhurst** of Southern Artery, **Thomas P. Foley** of Willard Street, **Robert S. Giglio** of Edwards Street, **Jeffrey F. Moy** of Woodward Avenue, **John R. Macheras** of Lunt Street and **Phillip R. Westmoreland** of Sonoma Road. . . Five residents graduated from Suffolk University: **Susan T. Stanziani** of Merrymount Road, **Maureen Flynn** of Taffrail Road, **Cheryl A. Jankord** of Payson Street, **Paul J. Hines** of Colby Road and **Nancy E. Cappadona** of Merrymount Road. . . **Mayor Francis McCauley** appointed **Heather Sargent** of Quincy as the city's conservation enforcement officer. She recently coordinated the first city household hazardous waste day collection. . . **Airman Patrick J. Nee** of Quincy and **Airman John F. Sweeney** of Quincy graduated from Air Force basic training at Lackland Air Force Base, Texas. . . **Phil Mahoney**, a post graduate from Quincy, paced the Tufts University men's tennis team to the 1986 New England Small College Athletic Conference championship by winning both singles and doubles titles in the 11-school meet. . . **Don Parry**, one of the top wide receivers in the Suburban League last fall as a member of the Quincy Presidents football team, was selected to play in the 25th Harry Agganis all-star game Aug. 1 at Manning Bowl in Lynn. . . **David N. Rounseville** of Quincy recently graduated from Noble and Greenough School in Dedham.

North Quincy High School Class Of 2024

The following seniors graduated from North Quincy High School Monday evening at Veterans' Memorial Stadium. Graduates of the Class of 2024 are listed alphabetically and the names were provided by the high school.

Salmah Nayyar Abdurrashid-McCullum
Avery J. Abrahamovich
Ruby Elizabeth Ahern
Lina Taher Ahmed
Ogheneruno Michael Akpobi
Isaiah Albino
Joseph Mitchell Alves
Zahra Alzubaidy
Charles A. Ambroult, Jr.
Daileny Arrendell Pimentel
Brody Patrick Baker
Charles Baker
Noah L. Baker
Jonathan Baldini
Niamh Nayeli Barrios
Caroline Emerson Beers
Jessica Liri Berberi
Victoria Anne Berry
Leilan Lee Bias
Anastasiya Bielova
Emma Victoria Bille
Elle Michelina Blahut
Matthew Bowes
Emma Marie Boylan
Marilannys A. Brea Peguero
Aidan G. Bridges
Mariabely Brito Lopez
Ava Flynn Bryan
Elaine Cai
Bryce W. Campbell
Michael Thomas Campbell
Nathaniel Jacob Cortez Campbell
Joseph Anthony Campo
Helen Nguyen Cao
Tina Cao
Sofia Caraballo
Skyline E. Cardoso-Mendes
Exavior T. Cardoza-Laguerre
Molly Ann Carroll
Patrick Joseph Cayer
Lillian Elizabeth Champagne
Ho Yu Chan
Angela Chen
Brian Chen
Chris Chen
Chris C. Chen
Franklin Chen
Jasmine Chen
Jason Chen
Jiaming Chen
Jiaqing Chen
Julia Ying Chen
Kevin Chen
Mabel Fone Chen
Martin Chen
Meiki Chen
Nelson Chen
Nichole Xi Chen
Siying Chen
Steven Chen
Thomas Chen
Vicky Chen
Vincent Y. Chen
Vincent Y. Y. Chen
Wen Hao Chen
Xingyu Chen
Xuan Chen
Yi Chen
Yong Chen
Zhi Chen
Elizabeth Cho Cheung
Nicholas Cheung
Natasha Chieng
Tiffany Chin
Maggie Gamei Ching
Anthony F. Chiu
Nathan M. Choi
Arpa Chowdhury
Kyle Everett Clements
Grace Eileen Cody
Will Shea Conley
David W. Connolly
Sean Patrick Connolly
Aluna Jane Coogan-Coyne
Nicholas Philip Cooper
Emma Dorothy Cramond
Kian Brady Crampton
Adalee Kate Crowley
Corine Rose Cudmore
Stephen Cunniff
Diana Dang
Joshua Owen Danter
Kody Lacsina De Jesus
Chase Vincent Deering
Christian Devin
Boubakar Diallo
Jaelynne M. Dilworth
Delaney Keira Djerf
Ariana Elanie Dos Santos
Paul James Downey
Lian Duan
Qiuying Duan
Keira Sky Dunlea
Brian Duong
Ethan Duong
Huan Duong
Eric A. Durresi
Arli Dylja
Joseph M. Enos III
Kayla Eth
Parker Hayden Evans
Loukas N. Fehan
Giselle C. Ferreira
Scott Stephen Feterowski
Jaythan M. Figueroa
Faye Grace Fitzpatrick
Grace Silvia Flaherty
Julian Lou Folkes
Thomas McGinnis Ford
Jerry Gao
Raymond Gao
Brooklyn Rielly Geary
Joana Gjini
Paul John Glynn
Madeline J. Gola
Dominic Emmanuel Gonzales
Cydney K. Green
Paige Priscilla Grippi
Alan Jun Guan
Kenny Guan
Leo Guan
Stephanie Guan
Ava Irene Hawco
Chloe A. Hawco
Leo He
Piper Elizabeth Henderson
Finn Esse Henriksen
John Henson
Nora Amina Hill-Hassani
Johnny Hoang
Carson D. Hornbrook
Florence Sum Huang
Katherine Huang
Katherine Shine Huang
Phillip Jian Lok Huang
Weicong Huang
William Guan Hua Huang
Xiaoying Huang
Xin Xiang Huang
Xiu Ying Huang
Benjamin Joseph Hudach
Daniel Edward Hudach
Sophie Huynh
Nursultan Issatayev
Jillian Catherine Jaehnig
Grace L'Or Semilla Jean
Laura Jiang
Richard Jiang
Cameron Michael Johnston
Brendan Timothy Jonah
Emraan K. Kafihi
Caitlin Leslie Kealey
Casey Thomas Kelley
Casey Ann Kelly
Ethan Young Ghee Kim
Isabel Chamberlain Kraimer
Hnin Nanda Kyaw
Sophia Joan Kyranis
Chryzza Jane Las Librea
Hong Ni Ashley Lau
Kimberly Hoang Le
Tyler Green Leary
Derek Lee
Kyra Lee
Keldon Guan Lei
Joseph R. Lencki
David Li
Ethan H. Li
Jack Li
Jasmine Yuhua Li
Zirou Li
Aixin Liang
Wenbin Liao
Vicky Liao
Angelina Lin
Charlotte J. Lin
Christine Lin
Janice Lin
Jason C. Lin
Jiahan Lin
Meng Jie Lin
Mindy Lin
Raymond Shou Lin
Ruhan Lin
Timothy Y. Lin
Weibing Lin
Christine Yan Lin
You Lin
Danny Liu
Dennis Z. Liu
Eddy Liu
Justin Liu
Oscar Y. Liu
Michael Paul Lopez
Britney Xinyi Louie
Grace Elizabeth Lowe
Alanna M. Lynch
Kate Joyce Lyons
Megan Freda Lyons
Shiyan E. Lyu
Xiaonan Ma
Jordan Daryl Mahoney
Charles W. Maki
Jade Elizabeth Manning
Raymond E. Marcial
Taylen Marquez
Charlotte Rose McCarthy
Erin Christine McCulley
Grace Wei Mei McGough
Charles Francis McGrail, III
Ava Rose McGrath
Aidan Foley McGuinness
Jacob Richard Mckeone
Lucy Karen McLaughlin
Finn J. Meaney
Jackson James Medeiros
Alex Mei
Danyan Mei
Vanessa Mei
Xiaobin Mei
Max J. Melchin
Joseph Ethan Aguado Mercado
Mohammed Mezoued
Mirlandy Michel
Kathy Q. Mo
Luca A. Mochi
Ema Molla
Aye Myat Mon
Juan Esteban Morales Bustos
Isabelle Ng
Ethan Ngo
Sophia Ngo
Anthony P. Nguyen
Hoang Dinh Tri Nguyen
Kayla Nguyen
Owen Ni
Ashlynn R. Nolan
Autumn E. O'Campos
Caroline Patricia O'Donnell
Cian M. O'Donovan
Brendan John O'Driscoll
Madison O'Hara Kelly
Angelo Francis Orlando
Weldon D. O'Rourke
Liam J. Olson
Araya A. Ortiz
Marcos Ortiz
Kevin Anthony O'Shea
Sophia Gianna Palermo
Jessie X. Pan
Enhea Panariti
Alex Spiro Papa
Jason W. Perry
Briana Thanh Pham
Christopher Joseph Pham
Nicky Minh Ngoc Pham
Michael Cameron Phinney
Grace Margaret Pickering
Jason Preziosi-Madden
Sydney Samaira Lynn Putnam
Ruoxin Qiu
Emily Quach
Anushka Raj
Maurice J. Reid-Jackson
Isabella Caitlyn Reyes
John Thomas Arthur Rixham
Brooklynn Corinne Rizzo
Keira Susan Robertson
Aaliyah Marie Rosa
Mary Patricia Saccoach
Adriana Eva Sallustio
Nathan W. Sampson
Ruben L. Santana, Jr.
Renzo Charles Santangelo
Fiona Saraci
Fallyn Anna Scott
Anna R. Sekmokas
Benjamin Setow
Ryan C. Setow
Sophie Rose Shaw
Violet Faye Shaw
Vainavi Shrestha
Yanshan Coco Situ
Yayi Situ
Sofija Elena Slezas
Killian T. Sloan
Nina Ellen Smith
Madeline Braley Smith
Caroline Diane Snyder
Dillon Robert Michael Spring
Mingen Su
Renee Su
Angel Sun
Lilah R. Swain
Matthew G. Szczepkowski
Abigale Nguyen Szeto
Denny Tan
Eric Tan
Jia Hua Tan
WenChao Tan
Jiamin Tang
John Toland IV
Molly McKenna Toland
Klaus Totoni
Dylan T. Tracy
Simone Mihret Trainor
Viet Tran
Corbyn M. Trenkle
Hung Minh Truong
Kyle J. Tsang
Zara John Valencius
Anthony James Vo
Yvonne Ha Vo
Benjamin Walinjom
Conor Genki Walsh
Emmet Genta Walsh
Hengtao Wang
Lina Wang
Meera Cassandra Watkins
Hecheng Weng
Jingqi Weng
Ariel O.G. White
Galayna Marie Willis
Thomas J. Wirtz
Brian A. Wolowicz
Michael Wong
Alvin Wu
Brandon H. Wu
Chloe Wu
Irene L. Wu
Jianpei Wu
Sandy Ping Wen Wu Li
Dennis Xia
BingXian Xie
Fanny Ke Ying Yang
Hongcheng Yang
Yuxi Yang
Jade Marie Yee
Jialin Yu
Anne Yuan
Jacky Zhang
Jingyi Zhang
Kevin Zhang
Roseley Zhang
Wilson Tuo Zhang
Yaoji Zhang
Bixin Zhao
Eric Zhao
Janice Zhao
Tristan Zhao
Daniel Zhen
William Zhen
Andy Zheng
Francis Y. Zheng
Jamie Zheng
Jingxuan Zheng
Owen Zheng
Yalin Zheng
Laura Zhu
Roger Zhu
Jason Zou
Wendy Zou
Connor Jeffrey Zynda

Quincy High School Class Of 2024

The following seniors graduated from Quincy High School Tuesday evening at Veterans' Memorial Stadium. Graduates of the Class of 2024 are listed alphabetically and the names were provided by the high school.

Ali Kamal Abdulameer
Daniel I. Adams
Manuel Aguayo
Ryan Ayman Aitsaid
Mina Al Tikriti
Fatema Radhi Al-Janabi
Wajeeha Al-khatib
Carmen Joyce Albert
Eduarda Oliveira Albino
Stephany Rodrigues Alcantara
Maniya Alexander
Fatma Alkinani
Heloisa Almeida de Souza Barbosa
Tayf Hazim Alsaad
Ana Alves Miranda
Artur Amado Da Moura
Amina Amimer
Francisca Eduviges Amo Baduya
Anisha Eleonis Baez
Joaquim Baiense
Aiva Bailey
Jalaynah Sarai Barbosa
Katherine Elizabeth Bardwell
Bryan Christopher Barrera
Aniyah Barros-Johnson
Kyla Rose Barter
Emma Mae Bateman
Makayla Rose Batson
Jaiden S Bauzo
Gaetano John Belfort
Francesco Bellomo
Maria Guadalupe Bengoa Croxatto
Amanda Leao Bicalho
Abigail Sophia Bither
Amari Jornae Blair
Berlina Blaise
Mikai Lennox Blake
Adam George Bonica
Nolan P. Boring
Christopher Bottary
Salma Boukhtam
William Thomas Bradley
Christopher Brady
Antonio Dallas Branch
Manuel Pinkham Breslin
Ingrid Caetano Souza
Jevin Cahill
James Donald Campbell
Joshua David Cortez Campbell
Henrique Gabryel Campos Oliveira
Joshua John Cannon
Matthew Carroll
Rosaleigh Elizabeth Carter
Brianna Casey
Kristen Castanheira Donovan
Jonoel Castillo
Oscar Felipe Castro Feliz
Preston Mitchell Cavin
Endi Cenomeri
Nathan Wyett Chaisson
Damian Chan
Kelly Wing-Kate Chan
Anita Chen
QiLu Chen
Madison Rain Chenette
Sierra Chieng
Emily Su Chin
Mayara Küster Clem
Kemani P Cofield
Thomas M. Colarusso
Kieran James Collins
Sam Shea Conley
Grace Margaret Connor
Anna Julia Goncalves Correa
Dianne Ailin Cortes Pena
Gisela A. Cortez
Nikholy Gomes Costa
Danazia Crawley
Celia Grace Cronin
Grace Mary Cunniff
Thomas Richard Curtin
William Stephen Curtin
Lyna Rose Dang
Maximo Isaac Pimentel Dasilveira
Liliana Jade Dauphinee
Aiden Tyler Davis
Amanda Santos De Melo
Jacob Denehy
Owen Griffin Desmond
Jerry Jamrie-Pires Dessalines
Sonia Rixt Dijkstra
Miguel Silva Dos Reis
Vladyslav Dovhaniuk
Nathan Cooper Jeremiah Doyle
Sarah P. Doyle
Emma Rae Drinkwater
Abigail Katherine Driscoll
Elijah James Dubois
Felipe Ducioni
Jack Joseph Dunn
Kathy Mỹ Duong
Lauren Ebong
Lawrence Edne
Jessica Chaniece Elysse
Caitlin Ashleen Fennelly
Lucas Matheus Fernandes Rodrigues
Lorena Ferreira Borges
Beatriz Ferreira Lima
Jeannette Alexandra Figueroa Marroquín
Mila-Ray Finis
Aidan Quinn Fisher
Liam Donovan Foley
Julian Timothy Fox
Anthony Freeman
Joseph Paul Frye
Devereux Fuller
Helena Maria Galvani
Adan Garcia Riz
Erin Marie Garvin
Chase Elliot Gillespie
Marcela Gabriella Godoy Silva
Ciara Mairead Golden
Emmalisa Eve-Olivia Gomez
Ryan John Gomez
Jahleel Manuel Goncalves
Manuel D. P. Goncalves
Nicholas Jason Gott
Christopher Richard Goyette
Kevin John Gray
Giada Guarino
Jayden Guerra
Makayla Gustafson
Walid Haiti
Nathaniel Wallace Hall
Jesse Frazier Hansen
Ashton Xavier Harris
Kevin Joseph Heim
Tim Florian Heise
Camilly Henrique Da Silva
Maritza Lucecita Hernandez Luna
Camilla Hernandez Quiroz
Mashkat S Himat
Isabelle Kathryn Hogan
Matthew John Hollatz
Emma Rose Holliday
David Huang
Juncheng Huang
Oreana Huang
Tina Huang
Lam Yen Huynh
Alondra L Ibrahim
Molly Erin Jacobs
Angelene Tuliao Jadormeo
Jennel Jadeen Jarrett
Richia Itesse Jean-Baptiste
Pichsinee Jindawit
Jhasmine Jenyla Johnson
Elizabeth Jones-Donofrio
Aiden Sentel Judge
Michael Patrick Keane
Arianna Elizabeth Kelly
Jan Adam Kepczynski
Oleksandr Klindukh
Gavin Michael Krystyniak
William Zheng Lam
Ashley Lambiase
William Allen Lanergan
Joseph Nicholas Latteo II
Stacey Jeanelle Ildefonso Laurente
Madison Elizabeth Lawton
Michelle Le
Isaac Sangsan Lee
Patrick Barry Lee
Tiffany Pui Lum Lee
Elizabeth Mary Leonard
Katelyn Wing Leong
Hailin Li
James Tiger Li
Yijun Li
Tameka Francesca Liang
Isabel Victoria Llamas Rodriguez
Omar Nathan Lopez
João Lorenzetti Jacomelli
Abir Loukrati
Jeylin Lima Lugo Lopez
Hai Khanh Luong
Laura Van Luong
Oscar J. Ly
Edward Lynch
Marcus Daniel MacDonald
Tucker Elliot MacDonald
Thomas Edward Maher
Ganga Nomika Mahesh
Leili Jae Mahrouk
Dillon Mandawe
Trevor John Mangino
Cameron Mann
Paige Elizabeth Mann
Aidan William Manning
Thomas James Manton
Maximilian Steve Maraj
Cameron Michael Martin
Rigo Daniel Martínez Hernández
Sophia Martins Rodrigues
Tyler Mark Maslauskas
Kiera McCann
Joshua Lamar McCants Jr
Madisen Leigh McCarthy
Charlotte Ruth McConville
Bridgit Marie McInnis
Anna McPhillips
Shea Lynn McSweeney
Rudraksh Amit Mehta
Thomas Mei
Marielis Mejia Fabian
Merisier Marc
Raphael Godoy Vasconcelos Miranda
Tahmyl Jahny Mitchell
Hawa Mohamed
Liam Moran
Luke John Mordas
Atigarn Morrow
Easter Kisa Mulyanga
Ross Mwafulirwa
Sam W. Najjar
Lauren Ashley Nee
Marah LisaJanae Neil
Matthew Joseph Nellany
Yin Wang Ng
Sophia I Ngayod
Amy BaoTran Nguyen
Bao Ngan Nguyen
Dat Tien Nguyen
David Van Nguyen
Eric Nguyen
Henry Nguyen
Hoang Huy Nguyen
Justin Nguyen
Ngoc Hieu Lam Nguyen
Shayla Mai Nguyen
Emmalisa Eve-Olivia Gomez
Jimmy Weng Nim
Herven K. Noel
Julianna O'Donnell
Grainne Rose O'Flaherty
Elianna Tiara O'Neal
Sarah Claire O'Rourke
Meira A. Oakes
Esther Depaula Oliveira
Jordan Ong
Adrian N. Ortiz
Owen William Parnell
Ryan Carlos Páz
Nicholas Joseph Peddie
Kiara Alyssa Pelrine McNamara
Victor Anderson Henriques Pereira
Elvin Omar Perez
Dillan Michael Perkins
An Pham
Lena Nguyen Pham
Viet Hung Phan
Michelle Li Phung
Eva Lee Picarski
Gordon D. Pina
Maia Carina Popa
Margaret Gladys Potts
Joseph J. Princiotta
Abdallah Ahmed Qaffaf
Alexia Qako
Tayah Rose Quinn
Elijah Xavier Ramdhanny-Marshall
Navya Ramesh
Richard Radisson Duwhayt Ramirez Vasquez
Katherine Carvalho Ramos
Sneha Rana
Shafe Razaqyar
Arianna Reed Acuna
Gavin F. Regan
Kifona Amoya Reid
Shiyanna Rose Robinson-Moore
Gabriel Adonys Lopez Rodrigues
Declan Michael Rogers
Robin Dela Rosa Roldan
Matilda Zenobia Rollins
Anmol Saleem
Kaitlyn Elizabeth Sampson
Daynoris Aisha Sanders
Evan Santoro
Jaime Roberto Santos Da Cruz
Adeline Saunders
Akira Cheyanne Savage
Sam E Schaaf
Ilyana Maribel Selinger-Batista
Muskan Zehra Shah
Ilgert Shehaj
Kelsey Ann Shiner
Emma Ainsley Smeaton
Mollie Rose Smith-Gaeta
Conor Smith
Sohal Soni
Yalena Aliana Sotelo-Cordero
Isabella Sonia Soto
Aidan Matthew Stacy
Mia Rose Stallbaum
Zoe Elizabeth Stallbaum
Devin Joseph Stewart
Brianna-Mary Sullivan
Samuel Nathan Swan
Ziming Tan
Andy Hung Tang
Crystal Tang
Mohamad Adam Tarjali
Martina Cecelia Thomas
Leeland Thompson
Kyle Joseph Tolini
Brandon M. Toomer
Tomas Topalli
Nayala Torres
Jonathan Tran
Khoi-Henry Tran
Nancy Nhu Tran
Nicholas Keung Tran
Stanley Tran
Cassidy Travers
Hao Trieu
Dao Truong
Minh N. Truong
Sarah Tsang
Kalliope Quinn Perry Tucker
Oteh Lovina Ugwu
Tuya Mia Valle
Kimi Isabelle Vallee
Phu Hao Van
Jesus M Vega Ramos
Josue David Velasquez
Dyamond Jewlz Velasquez
Ana Venancio De Oliveira
Edwin Jose Eduardo Vino Acabal
Jose Vino Acabal
Alexander Vo
Dylan Erik Vo
Francis Gerard Walsh
Drew John Wardlow
Hannah Lindsey Fidalgo Waters
Breauna Emane'e Whitaker
Brianna Amaya White-Palmer
Demanni White-Tharps
Shanice Star White
Aliya Jade Wiggins
Henry Cooper Wilde
Kamau Adisa Willingham
Jennifer Wong-Nadaraung
Jenny Mei Wong
Asya Marleah Wright
Jessica Wu
Ibrahim Yacouty
Daniel Yang
Huiling Yang
Shirley Win Yang
Alp Yokus
Xin Ting Zhao
Xuexin Zhao
Elvin Zheng
Jiangnan Zhu

NQHS Class Of 2024 Scholarship Recipients

The following North Quincy High School Class of 2024 graduates received scholarships. The list of scholarship recipients was provided by the high school. The graduates and scholarships are:

Avery Abrahamovich
Lucille Marchant DiGravio '61 Scholarship
North Quincy High School Girls Soccer Boosters Book Award
Quincy Youth Soccer-Michael Therrien Award
Quincy/North Quincy Girls Softball Book Award
Quincy/North Quincy Ski Team Book Award
Rotary Club of Quincy Scholarship

Zahra Alzubaidy
North Quincy High School Cheer Boosters Book Award

Charles Ambroult
Eric K. Torvi Scholarship

Noah Baker
Peter J. Zoia Scholar Athlete Scholarship

Jonathan Baldini
Foreign Language Retired Teachers Scholarship
North Quincy High School Boys Soccer Boosters Book Award
Parent Advisory Council Spirit Award
Quincy Sons of Italy
Bank of America: Joseph Halbert Scholarship

Niamh Barrios
City of Quincy: Beatrice Priest Scholarship

Caroline Beers
Alpha Delta Kappa Scholarship

Jessica Berberi
Bank of America: Quincy Women's Club Scholarship
One Unified Team College Scholarship
Quincy Lions Club Wilfred A. Nolan Scholarship
Quincy Lodge of Elks Scholarship

Victoria Berry
Gerald Lyons Scholarship
Quincy Retired Teachers Association: Barbara DeWolfe Memorial Scholarship
Rotary Club of Quincy Scholarship

Leilan Bias
North Quincy High School AFROTC Scholarship

Anastasiya Bielova
Quincy Education Association: Cassandra Thayer Scholarship

Emma Bille
Linda P. Beck Scholarship
Quincy Education Association: Anna L. Murphy Scholarship

Elle Blahut
Edwin F. Miller Jr. Memorial Scholarship
Joan Cavanagh Memorial Scholarship
Quincy Lodge of Elks Scholarship
Squantum Elementary School Scholarship

Matthew Bowes
Kevin McVeigh Scholarship
North Quincy High School Ice Hockey Boosters Book Award

Emma Boylan
City of Quincy: Ambrose C. Duggan Scholarship
Liesl Radzik Scholarship
North Quincy High School Cheer Boosters Book Award
Squantum Elementary School Scholarship

Mary Brea
North Quincy High School Cheer Boosters Book Award

Aidan Bridges
Ralph Edward Frazier Memorial Scholarship
Eric K. Torvi Scholarship
North Quincy High School Principal's Scholarship

Ava Bryan
North Quincy High School Girls' Basketball Boosters Book Award
Patrick White Foundation Scholarship
QRTA: Harry A. and Louisa P. Beede Memorial Scholarship
Yacubian Family Memorial Scholarship

Michael Campbell
North Quincy High School Ice Hockey Boosters Book Award

Nathaniel Campbell
North Quincy High School AFROTC Scholarship

Joseph Campo
North Quincy High School Boys Soccer Boosters Book Award

Sofia Caraballo
Virginia Marie Whalen Memorial Scholarship

Molly Carroll
North Quincy High School Girls Soccer Boosters Book Award
Wollaston Women's Club Scholarships 1915 Home Scholarship

Angela Chen
Carol L. Shiffer Memorial Scholarship

Anna Chen
QEA: Geraldine Loughlin-Fahey & Maxine Wigmore Scholarship

Brian Chen
City of Quincy: Billings Trust Scholarship

Franklin Chen
Quincy Retired Teachers Association: Stephen H. Moynihan Scholarship

Jasmine Chen
One Unified Team College Scholarship
Quincy Retired Teachers Association: John W. Walsh Scholarship

Julia Chen
Quincy Retired Teachers Association: John W. Walsh Memorial Scholarship: In Memory of Mary Catherine Iannoni
Roland Small Scholarship

Mabel Chen
Quincy Retired Teachers Association: Rita McKenna Memorial Scholarship

Meiki Chen
Ralph Edward Frazier Memorial Scholarship

Nelson Chen
One Unified Team College Scholarship
QRTA: Harry A. and Louisa P. Beede Memorial Scholarship

Nicole Chen
Quincy Retired Teachers Association: Arthur E. Foster Memorial Scholarship

Siying Chen
Quincy Education Association: Sawyer Family Scholarship

Steven Chen
City of Quincy: Billings Trust Scholarship
Rotary Club of Quincy Scholarship

Vincent Chen
Reuben and Lizzie Grossman Foundation Award
North Quincy High School AFROTC Scholarships

Yi Chen
Quincy Education Association: Dr. Mary Baran & Penny Patrakos Scholarship

Kyle Clements
Carol L. Shiffer Memorial Scholarship

Grace Cody
Rotary Club of Quincy Scholarship

Will Conley
Eric K. Torvi Scholarship
NQHS Football Alumni Scholarship
North Quincy High School Boys Basketball Boosters Book Award

Emma Cramond
North Quincy High School Cheer Boosters Book Award
North Quincy High School Girls Basketball Boosters Book Award
Quincy Lodge of Elks Scholarship

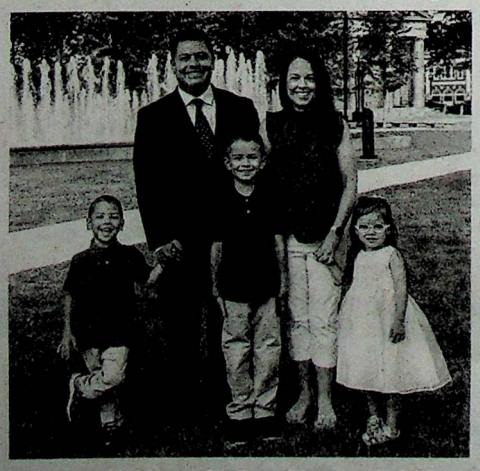
Stephen Cunniff
City of Quincy: Koch Club Scholarship
Kevin McVeigh Scholarship

Diana Dang
Montclair/Wollaston Neighborhood Association– Howard and Janet Crowley Public Service Scholarship

Boubakar Diallo
North Quincy High School Boys Soccer Boosters Book Award
Quincy Education Association: Peter F. Bouchie Scholarship

Cont'd On Page 10

Congratulations to QHS & NQHS Graduates Class of 2024
from
Councilor-At-Large Noel DiBona & Family



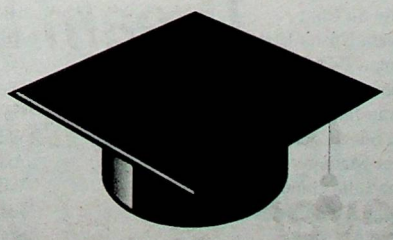
Noel - Quincy H.S. - Class of 1993
Niamh - Quincy H.S. - Class of 1995
Future Graduates
Tyler - Class of 2031
Aidan - Class of 2033
Nora - Class of 2034

Congratulations 2024 NQHS & QHS GRADUATES!

'Success usually comes to those who are too busy to be looking for it.'
Henry David Thoreau

Doug GUTRO
SCHOOL COMMITTEE

Congratulations Class of 2024
Make Us Proud!!!



William "Bill" Harris
Councillor
Ward 6

QHS Class Of 2024 Scholarship Recipients

The following Quincy High School Class of 2024 graduates received scholarships. The list of scholarship recipients was provided by the high school. The graduates and scholarships are:

Ali Abdulameer
Cultural Fair Scholarship
Quincy Education Association Maude Wheeler & Ella Wilcox-Williams Scholarship

Manuel Aguayo
Early College High School Pathways Scholarship

Ryan Aitsaid
Peter Turowski Jr. Memorial Scholarship

Mina Al Tikriti
Quincy Education Association Althea P. Sawyer Scholarship
Quincy Rotary Club Scholarship
Victoria A. M. Zeller Memorial Scholarship

Wajeeha Al-Khatib
Quincy College First Semester Scholarship

Carmen Albert
Early College High School Pathways Scholarship

Eduarda Albino
Chik Ching Law Memorial Scholarship

Tayf Alsaad
Joseph B. Halbert Memorial Scholarship

Artur Amado Da Moura
Chik Ching Law Memorial Scholarship
Early College High School Pathways Scholarship

Amina Amimer
Clifford Marshall School Clifford H. Marshall Memorial Scholarship
Lottie S. Page Nursing Scholarship
Quincy Medical Center Foundation Nursing Scholarship
Quincy Rotary Club Scholarship

Jalaynah Barbosa
Early College High School Pathways Scholarship

Katherine Bardwell
Wollaston Women's Club Scholarship

Emma Bateman
Quincy Retired Teachers Association Harry A. & Louisa P. Beede Memorial Scholarship
Quincy Women's Club Trust Scholarship

Maria G. Bengoa
Ned V. Mannai Memorial Scholarship

Abigail Bither
Yacubian Family Scholarship

Adam Bonica
Bill Dunn Jr. Memorial Scholarship
John P. Bogan Memorial Scholarship
Steven V. Barrett Memorial Scholarship
Quincy Choral Boosters Scholarship

Salma Boukhtam
George G. Burke Foundation Scholarship
Peter Turowski Jr. Memorial Scholarship

Christopher Brady
Early College High School Pathways Scholarship

Manuel Breslin
Paul Melody Memorial Scholarship
QNQ Ski Team Scholarship

Ingrid Caetano Souza
Ned V. Mannai Memorial Book Award

James Campbell
Quincy College First Semester Scholarship

Oscar Castro Feliz
Ambrose C. Duggan Memorial Scholarship
Early College High School Pathways Scholarship

Endi Cenomeri
Ned V. Mannai Memorial Book Award
Quincy Retired Teachers Association Arthur C. Gillis Memorial Scholarship

Kelly Chan
Quincy Retired Teachers Association John W. Walsh Memorial Scholarship
Quincy Women's Club Trust Scholarship

Anita Chen
Ned V. Mannai Memorial Book Award
Quincy Education Association Edward Baccari Scholarship

Qilu Chen
Quincy College First Semester Scholarship

Madison Chenette
Quincy Retired Teachers Association Arthur H. Morrissey Memorial Scholarship
JATC Electrical Training Apprenticeship Scholarship

Sierra Chieng
Coastal Heritage Bank Business Scholarship

Emily Chin
Linda P. Beck Fund Scholarship
Mario Casali Memorial Scholarship
Quincy Education Association Dr. Paul Gossard & Janet C. Jenson Scholarship

Mayara Clem
Marilyn Murray Waywood Memorial Scholarship
Quincy College First Semester Scholarship

Kieran Collins
Beechwood Knoll School PTO Book Award
Quincy Retired Teachers Association Marjorie Bowker Memorial Scholarship

Nikholy Costa
Early College High School Pathways Scholarship

Celia Cronin
John B. and Angelo H. Vergobbi Memorial Scholarship
Quincy Rotary Club Scholarship
SARAndipity Scholarship of The Community Foundation of NC East

Grace Cunniff
John Fantucchio Art Scholarship
Quincy Education Association Alice Killilea Scholarship

Thomas Curtin
Clifford Marshall School Michael Marshall Jr. Memorial Scholarship
Point Webster Middle School Book Award
Quincy Medical Center Foundation Nursing Scholarship
Quincy Rotary Club Scholarship
Archie Wahlberg Scholarship for Public Service
Lottie S. Page Nursing Scholarship
The Salvatore and Maria Pizzi Foundation, Inc. Scholarship

Cont'd On Page 11

Congratulations
to the Class of
2024 Graduates

Dream big,
fear nothing, and
never forget your roots

IAN CAIN
President
Quincy City Council

Congratulations

to the

Class of 2024

Stay Positive,
Work Hard,
Make It Happen.

Ward 1 Councillor
Dave McCarthy

NQHS Class Of 2024 Scholarship Recipients

Cont'd From Page 8

Delaney Djerf
Patrick White Foundation Scholarship
Quincy Lodge of Elks Scholarship

Ethan Duong
North Quincy Community Theater-Gregory Toland Scholarship

Arli Dylja
North Quincy High School Boys Soccer Boosters Book Award
Officer Jamie Cochrane Memorial Road Race Scholarship

Joseph Enos
North Quincy High School Ice Hockey Boosters Book Award
North Quincy High School Boys Soccer Boosters Book Award

Parker Evans
Parent Advisory Council Spirit Award
Quincy Education Association: Esther Gizzarelli Scholarship

Loukas Fehan
North Quincy High School Boys Soccer Boosters Book Award
North Quincy High School Eileen Feeney Spirit & Pride

Giselle Ferreira
Parent Advisory Council Spirit Award

Scott Feterowski
North Quincy High School Boys Soccer Boosters Book Award

Jaythan Figueroa
Betty Cianci Memorial Award

Faye Fitzpatrick
City of Quincy: Koch Club Scholarship
Finn McCabe Foundation– Gretta Morris Scholarship for Nursing
North Quincy High School Girls Soccer Booster Book Award
Quincy Lodge of Elks Scholarship
Quincy/North Quincy Ski Team Book Award

Grace Flaherty
North Quincy High School Cheer Boosters Book Award

Brooklyn Geary
Costa Family Scholarships: Silvia Costa
National Society Daughters of the American Revolution Good Citizen Award
Quincy/North Quincy Ski Team Book Award

Joana Gjini
Jasper and Dorothy Orlando Memorial Scholarship
One Unified Team College Scholarship
Quincy Lodge of Elks Scholarship

Paul Glynn
Liesl Radzik Scholarship
Quincy Lodge of Elks Scholarship

Madeline Gola
North Quincy High School Girls Soccer Boosters Book Award
Parent Advisory Council Spirit Award

Paige Grippi
North Quincy High School Girls Soccer Boosters Book Award
Parent Advisory Council Spirit Award
Yacubian Family Memorial Scholarship

Kenny Guan
Bob McGillicuddy Book Award
Hugh Simpson Memorial Scholarship

Stephanie Guan
Quincy Education Association: Alice Killilea Scholarship

Ava Hawco
Costa Family Scholarships: Piero Peradotto

Chloe Hawco
Joseph W. Koch Military Service Award

Leo He
Archie Wahlberg Scholarship for Public Service
Kelly Cobble Memorial Arts Scholarship
Salvatore & Maria Pizzi Foundation Inc. Scholarship
Wang Family Scholarships– Kenny Wang Communications Scholarship
Yacubian Family Memorial Scholarship

Piper Henderson
North Quincy High School Girls Soccer Boosters Book Award
NQHS Football Alumni Scholarship
Quincy Youth Soccer– Joy Hanlon Award

Finn Henriksen
Caitlin Moore Scholarship

Katherine S. Huang
Bank of America: Angelo H. Vergobbi Scholarship

Xiu Ying Huang
Montclair/Wollaston Neighborhood Association– Michelle Boyd DeJong Memorial Scholarship

Benjamin Hudach
North Quincy High School Boys Basketball Boosters Book Award

Daniel Hudach
North Quincy High School Boys Basketball Boosters Book Award
Rotary Club of Quincy Scholarship

Jillian Jaehnig
Liesl Radzik Scholarship
North Quincy High School Girls' Basketball Boosters Book Award
Peter and Elaine Zoia Scholarship
Quincy Lodge of Elks Scholarship
Rotary Club of Quincy Scholarship

Grace L'Or Jean
Matthew D. Hurley Memorial Scholarship
Quincy Choral Boosters

Laura Jiang
Quincy Education Association: Althea P. Sawyer Scholarship

Cameron Johnston
Beechwood Knoll PTO Scholarship
Costa Family Scholarships: Michael Hurley
North Quincy High School Boys Soccer Boosters Book Award
One Unified Team College Scholarship
Quincy Lodge of Elks Scholarship
QRTA: Harry A. and Louisa P. Beede Memorial Scholarship

Emraan Kafihi
City of Quincy: Ambrose C. Duggan Scholarship

Casey Kelly
Philip and Kathryn Segalla Scholarship

Isabel Kraimer
Christopher McCallum Memorial Scholarship
One Unified Team College Scholarship
Parent Advisory Council Spirit Award
Peter and Elaine Zoia Scholarship
Quincy Lodge of Elks Scholarship
Rotary Club of Quincy Scholarship
Salvatore & Maria Pizzi Foundation Inc. Scholarship

Hnin Kyaw
Wang Family Scholarships– Kenny Wang Management Scholarship

Sophia Kyranis
Christopher McCallum Memorial Scholarship
Finn McCabe Foundation– Gretta Morris Scholarship for Nursing
North Quincy High School Cheer Boosters Book Award
North Quincy High School Faculty Scholarship
Sandra Rougvie Memorial Scholarship
Yacubian Family Memorial Scholarship

Hong Ni Lau
Quincy Lodge of Elks Scholarship

Kimberly Le
Quincy Retired Teachers Association: John W. Walsh Scholarship

Tyler Leary
Quincy Choral Boosters

Joseph Lencki
City of Quincy: Riley Scholarship
Matthew D. Hurley Memorial Scholarship

Cont'd From Page 12

Congratulations and Best Wishes

to the Class of 2024

Bill O'Donnell
Register of Deeds

Congratulations, Class of 2024!

Best Wishes
from
Ron Mariano
House Speaker and
State Representative

BEST WISHES TO THE CLASS OF 2024
BRUCE AYERS
State Representative

Congratulations to the Quincy and North Quincy High School Class of 2024 Graduates

Best Wishes,
Norfolk County District Attorney
Michael W. Morrissey (NQHS '72)
Joanne Ross Morrissey (QHS '73)

Congratulations

Michael Bellotti
Norfolk County Treasurer

QHS Class Of 2024 Scholarship Recipients

Cont'd From Page 9

Will Curtin
Bobby Harvey Memorial Scholarship
Kevin J. Hannon Memorial Scholarship

Lyna Dang
Quincy Retired Teachers Association John W. Walsh Memorial Scholarship
Quincy Women's Club Trust Scholarship
Albert Francis Gilmartin Memorial Scholarship

Amanda De Melo
Early College High School Pathways Scholarship

Jerry Dessalines
Quincy College First Semester Scholarship

Sonia Dijkstra
Officer Jamie Cochrane Memorial Scholarship
Paul D. Harold Student Grant
Quincy Retired Teachers Association Barbara DeWolfe Memorial Scholarship
Quincy Rotary Club Scholarship
Robert Charles Billings Memorial Scholarship
Spirit of Italian Culture Scholarship
Albert Francis Gilmartin Memorial Scholarship
The Richard and Geraldine Storella Educational Trust

Miguel Dos Reis
South Shore Bank Citizenship Award
Quincy College First Semester Scholarship

Nathan Doyle
Kevin J. Hannon Memorial Scholarship

Emma Drinkwater
Quincy College First Semester Scholarship

Abigail Driscoll
Ned V. Mannai Memorial Book Award

Jack Dunn
Bobby Harvey Memorial Scholarship
The Four Friends Memorial Scholarship
Dennis Sullivan Memorial Scholarship
Steven V. Barrett Memorial Baseball Scholarship

Lawrence Edne
Quincy College First Semester Scholarship

Caitlin Fennelly
Kevin J. Hannon Memorial Scholarship
Kevin McVeigh Scholarship
Toolbox Scholarship from Quincy Rotary Club

Aidan Fisher
Ned V. Mannai Memorial Scholarship
Quincy Education Association Frank & Janet Goudey & Eileen Rugg Memorial Scholarship
Quincy Rotary Club Scholarship
Thomas M. Galvin Quincy History Award

Joseph Frye
Quincy College First Semester Scholarship

Devereux Fuller
Quincy Medical Center Foundation Nursing Scholarship

Helena Galvani
Quincy Education Association, Inc. Scholarship
Stephen P. & Ann Marie DesRoche Memorial Scholarship

Adan Garcia Riz
Quincy College First Semester Scholarship

Ciara Golden
Central Middle School PTO Book Award
George G. Burke Foundation Scholarship
Lucy '38 and Eddie '37 Marchant Memorial Scholarship
Mariano Family Scholarship in Memory of Luigi '36 and Helena Papile Mariano '38
Muriel L. Nicholls Memorial Scholarship
Ned V. Mannai Memorial Scholarship
Stuart Slicis-City of Presidents Scholarship

Emmalisa Gomez
Quincy College First Semester Scholarship

Nicholas Gott
QHS Class of 1973 Memorial Scholarship
Quincy College First Semester Scholarship

Giada Guarino
Hazel '34 and Vic '35 DiGravio Memorial Scholarship

Makayla Gustafson
Clifford Marshall School Joy Hanlon Memorial Scholarship

Ashton Harris
Bridgewater State University Book Award
Dan Murphy Memorial Wrestling Scholarship
Koch Club of Quincy Scholarship

Tim Heise
George G. Burke Foundation Scholarship
John B. and Angelo H. Vergobbi Memorial Scholarship
Quincy Rotary Club Scholarship

Mashkat Himat
Ned V. Mannai Memorial Scholarship

Isabelle Hogan
Outstanding Technical Student of the Year Runner- Up Scholarship
Maude M. Howes Trust Scholarship
Quincy Rotary Club Scholarship

Matthew Hollatz
Beatrice Priest Memorial Scholarship
Music America Trust Ron Della Chiesa Music Prize
Ned V. Mannai Memorial Scholarship
Quincy Choral Boosters Scholarship

Emma Holliday
Quincy Art Association Scholarship

David Huang
Quincy College First Semester Scholarship

Tina Huang
Chik Ching Law Memorial Scholarship

Lam Huynh
Ned V. Mannai Memorial Book Award

Molly Jacobs
Ned V. Mannai Memorial Book Award

Angelene Jadormeo
Future Educators Book Award
Quincy College First Semester Scholarship

Jennel Jarrett
Early College High School Pathways Scholarship

Pichsinee Jindawit
Ambrose C. Duggan Memorial Scholarship
Chik Ching Law Memorial Scholarship
Joseph B. Halbert Memorial Scholarship
Tricia Lydon Memorial Scholarship
Wilfred A. Nolan Lions Club of Quincy Scholarship

Elizabeth Jones
Quincy College First Semester Scholarship

Arianna Kelly
Quincy College First Semester Scholarship

Jan Kepczynski
Ned V. Mannai Memorial Book Award

Oleksandr Klindukh
Quincy Education Association Mary Morris Scholarship

William Lanergan
Peter Turowski Jr. Memorial Scholarship

Michelle Le
Quincy Retired Teachers Association James McGuire Memorial Scholarship
Quincy Women's Club Trust Scholarship

Isaac Lee
Ned V. Mannai Memorial Book Award
Quincy Retired Teachers Association John W. Walsh Memorial Scholarship

Tiffany Lee
Ned V. Mannai Memorial Book Award

Katelyn Leong
Point Webster Middle School Book Award
Officer Jamie Cochrane Memorial Scholarship

Tameka Liang
Muriel L. Nicholls Memorial Scholarship
Quincy Education Association Carole Barb-Deane & Dr. Albert DiMascio Scholarship
Quincy Retired Teachers Association Mario Casali Memorial Scholarship
Quincy Rotary Club Scholarship

Isabel Llamas
Ned V. Mannai Memorial Book Award
Cultural Fair Scholarship

Cont'd On Page 13

Education is Eternal
Family is Forever!
Congratulations and Good Luck
Paul Bregoli
Quincy School Committee

Congratulations Graduates!!
Best Wishes on Your Next Adventure.
TINA CAHILL
★★★
SCHOOL COMMITTEE

Congratulations and Good Luck
Wishing You A Bright Future
John Keenan
State Senator

Congratulations & Best Wishes!

Tackey Chan
State Representative
2nd Norfolk District

You are graduating in unprecidented times. Go forth and inspire!
Congratulations
to the
Class of
2024
EMILY LEBO
QUINCY SCHOOL COMMITTEE

Congratulations Graduates

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www.thesweeneybrothers.com

NQHS Class Of 2024 Scholarship Recipients

Cont'd From Page 10

Ethan Li
Rotary Club of Quincy Scholarship

Jack Li
Bank of America: Joseph Halbert Scholarship

Jasmine Li
Bank of America: Angelo H. Vergobbi Scholarship

Aixin Liang
Dave Hourin Scholarship
North Quincy High School AFROTC Scholarship
Officer Jamie Cochrane Memorial Road Race Scholarship
Quincy Retired Teachers Association: Carl Deyeso Honorary Scholarship
Rotary Club of Quincy Scholarship

Victor Liao
North Quincy High School Boys Soccer Boosters Book Award

Christine Lin
North Quincy High School AFROTC Scholarship
Quincy Lodge of Elks Scholarship

Janice Lin
North Quincy High School AFROTC Scholarship
NQHS Class of 1973 Alumni Scholarship
Wollaston Women's Club Scholarships 1921 Open Scholarship

Christine Yan Lin
10 IS FUN Scholarship
Costa Family Scholarships: Puni Vaccari

Dennis Liu
One Unified Team College Scholarship

Justin Liu
North Quincy High School Boys Soccer Boosters Book Award

Grace Lowe
Finn McCabe Foundation– Kian McCabe Supportive Sibling Scholarship
North Quincy High School Cheer Boosters Book Award

Shiyan Lu
Wilma Schields Science Scholarship

Alanna Lynch
North Quincy High School Cheer Boosters Book Award

Kate Lyons
North Quincy High School Girls Soccer Boosters Book Award
One Unified Team College Scholarship
Quincy Medical Center Nursing Scholarship

Megan Lyons
North Quincy High School Girls Soccer Boosters Book Award
Quincy Lodge of Elks Scholarship
Quincy Medical Center Nursing Scholarship

Jordan Mahoney
North Quincy High School Football Boosters Book Award

Jade Manning
North Quincy High School Cheer Boosters Book Award

Raymond Marcial
North Quincy High School Boys Basketball Boosters Book Award
North Quincy High School Football Boosters Book Award

Taylen Marquez
North Quincy High School Football Boosters Book Award

Charlotte McCarthy
Beechwood Knoll PTO Scholarship
Thomas M. Galvin Quincy History Award

Grace McGough
North Quincy High School Girls Soccer Boosters Book Award
Quincy Youth Soccer– Michael Therrien Award
Rotary Club of Quincy Scholarship

Charlie McGrail
North Quincy High School Ice Hockey Boosters Book Award
Patrick White Foundation Scholarship

Aidan McGuiness
North Quincy High School Ice Hockey Boosters Book Award

Lucy McLaughlin
Jonathan W. P. O'Driscoll Memorial Scholarship
North Quincy High School Girls Soccer Boosters Book Award
Quincy Lodge of Elks Scholarship
Quincy/North Quincy Ski Team Book Award
Quincy Youth Soccer– Joy Hanlon Award

Finn Meaney
North Quincy High School Ice Hockey Boosters Book Award

Jackson Medeiros
North Quincy High School Boys Basketball Boosters Book Award
Parent Advisory Council Spirit Award

Joseph E. Mercado
Quincy Retired Teachers Association: Arpi Hovagimian Memorial Scholarship

Ema Molla
Edwin F. Miller Jr. Memorial Scholarship
Nickerson Post Auxiliary Scholarship
Quincy Education Association: Althea P. Sawyer Scholarship
Rotary Club of Quincy Scholarship

Juan Morales
North Quincy High School Boys Soccer Boosters Book Award

Isabelle Ng
Bob McGillicuddy Book Award

Sophia Ngo
North Quincy High School AFROTC Scholarship
Quincy Lodge of Elks Scholarship
Rotary Club of Quincy Scholarship

Hoang Nguyen
North Quincy High School Boys Soccer Boosters Book Award

Autumn O'Campos
Central Middle School PTO Award
North Quincy High School Girls' Basketball Boosters Book Award
NQHS Football Alumni Scholarship

Caroline O'Donnell
North Quincy High School Girls' Basketball Boosters Book Award
Quincy/North Quincy Girls Softball Book Award

Cian O'Donovan
North Quincy High School Boys Soccer Boosters Book Award

Brendan O'Driscoll
Quincy Lodge of Elks Scholarship

Madison O'Hara-Kelly
North Quincy High School Girls Soccer Boosters Book Award
Wang Family Scholarships- Community Service Scholarship

Liam Olson
Parent Advisory Council Spirit Award

Angelo Orlando
Clancy-Ward Wrestling Scholarship

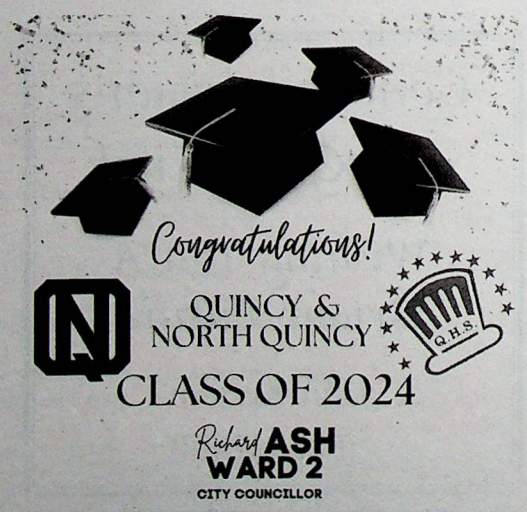
Sophia Palermo
North Quincy High School Cheer Boosters Book Award
Parent Advisory Council Spirit Award

Jessie Pan
North Quincy High School AFROTC Scholarship
Quincy Lodge of Elks Scholarship
Quincy Retired Teachers Association: John W. Walsh Scholarship

Enhea Panariti
Quincy Lodge of Elks Scholarships
Rotary Club of Quincy Scholarships
Bank of America: Joseph Halbert Scholarship

Alex Papa
North Quincy High School Boys Soccer Boosters Book Award

Cont'd On Page 14

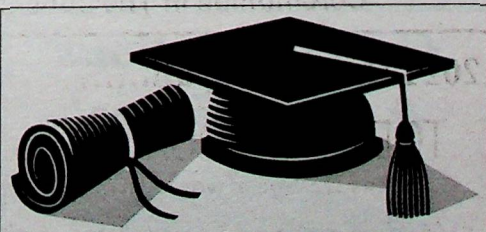


CLASS OF 2024
Congratulations,
QHS & NQHS Graduates!
We're so proud of you!
Go forth and set the world on fire...
- Ignatius of Loyola
Courtney
PERDIOS
School Committee

Congrats Grads!
CLASS OF 2024
NINA LIANG
Councilor At-Large
The City of Quincy is so proud of your success. Best of luck in your journey ahead!

Joe Shea
Norfolk County Commissioner

Best Wishes
to the
Class of 2024
WARD 4 COUNCILLOR
James Devine
and Family


Congratulations & Best Wishes
to the Class of 2024!
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QHS Class Of 2024 Scholarship Recipients

Cont'd From Page 11

Hai Luong
Beechwood Knoll School PTO Book Award
Quincy Retired Teachers Association Elaine and Paul Lyons Memorial Scholarship

Teddy Lynch
Steven V. Barrett Memorial Golf Scholarship
Firefighter John T. Austin Memorial Fund
The Four Friends Memorial Scholarship

Marcus MacDonald
Yacubian Family Scholarship

Tucker MacDonald
Yacubian Family Scholarship
Quincy Education Association Alice Killilea Scholarship

Thomas Maher
Wollaston Garden Club Scholarship
Cultural Fair Scholarship
Quincy Rotary Club Scholarship

Ganga Nomika Mahesh
Quincy Retired Teachers Association Kathleen T. Mitchell Memorial Scholarship
Point Webster Middle School Book Award

Leili Mahrouk
Brian E. Kelly Memorial Scholarship

Trevor Mangino
Bill Dunn Jr. Memorial Scholarship

Paige Mann
Joe and Jan Amorosino Quincy High School Basketball Scholarship
Koch Club of Quincy Scholarship
QHS Pride Scholarship
Terry Greenleaf Memorial Scholarship

Aidan Manning
Dennis Sullivan Memorial Scholarship

Maximilian Maraj
Ned V. Mannai Memorial Scholarship
Quincy Education Association Dr. Russell B. Street, Jr. Scholarship

Kiera McCann
Kevin J. Hannon Memorial Scholarship

Madisen McCarthy
Early College High School Pathways Scholarship

Charlotte McConville
Ned V. Mannai Memorial Book Award

Bridget McInnis
The Four Friends Memorial Scholarship

Shea McSweeney
Clifford Marshall School Christine Fiander Memorial Scholarship
Point Webster Middle School Book Award
Quincy Lodge of Elks Scholarship
Steven V. Barrett Memorial Scholarship
The Salvatore and Maria Pizzi Foundation, Inc. Scholarship

Tahmyl Mitchell
Quincy Retired Teachers Association Arthur H. Morrissey Memorial Scholarship

Matthew Nellany
Kevin J. Hannon Memorial Scholarship

Sophia Ngayod
Quincy Education Association Madeline & William Nugent and James Riley Scholarship

Amy Nguyen
Quincy Education Association Esther Gizzarelli Scholarship
Quincy Retired Teachers Association Mary A. Bozoian Memorial Scholarship

Henry Nguyen
Ned V. Mannai Memorial Scholarship

Shayla Nguyen
Karen Marie Fruzzetti Memorial Scholarship
Quincy Retired Teachers Association Mary Hanna Memorial Scholarship

Meira Oakes
JoAnn O'Malley Memorial Scholarship
Beth Israel Deaconess Hospital-Milton Healthcare Career Scholarship
Quincy Education Association Allen Goldfarb & Munroe MacLean Scholarship

Owen Parnell
Quincy College First Semester Scholarship

Nicholas Peddie
Quincy College First Semester Scholarship

Dillan Perkins
Quincy Retired Teachers Association Bruce McDonald Memorial Scholarship
Ned V. Mannai Memorial Book Award
Quincy Choral Boosters Scholarship

Lena Pham
Nellie Mae Foundation Lawrence W. O'Toole Scholarship
Quincy Retired Teachers Association Harry A. & Louisa P. Beede Memorial Scholarship
Quincy Rotary Club Scholarship
Wilfred A. Nolan Lions Club of Quincy Scholarship

Sebastian Phan
Early College High School Pathways Scholarship
Kevin J. Hannon Memorial Scholarship

Eva Picarski
Ned V. Mannai Memorial Scholarship

Maia Popa
Ned V. Mannai Memorial Book Award
Quincy Choral Boosters Scholarship

Margaret Potts
Quincy Retired Teachers Association Harry A. & Louisa P. Beede Memorial Scholarship
Quincy Women's Club Trust Scholarship
Reuben & Lizzie Grossman Award Scholarship
Salvatore E. Coscia Memorial Scholarship Fund

Alexia Qako
Quincy Education Association W. Scott Austin and Albert Cochrane Scholarship
Quincy Retired Teachers Association Warren and Elsie Findlay Memorial Scholarship

Tayah Quinn
Peter Bertrand Memorial Scholarship
Bobby Harvey Memorial Scholarship
James P. McGuire Memorial Scholarship
Elijah Ramdhanny-Marshall
Ned V. Mannai Memorial Scholarship
Wayne Miller Overcoming Challenges Scholarship

Katherine Ramos
Quincy Education Association Cassandra Thayer Scholarship

Sneha Rana
Marilyn Murray Waywood Memorial Scholarship
Quincy Rotary Club Scholarship

Shafe Razaqyar
Quincy College First Semester Scholarship

Kifona Reid
Early College High School Pathways Scholarship

Gabriel Rodrigues
Bill Dunn Jr. Memorial Scholarship
Plumber's Union Local No. 12 Scholarship
James P. McGuire Memorial Scholarship

Declan Rogers
Ned V. Mannai Memorial Book Award

Matilda Rollins
John P. Bogan Memorial Scholarship
The Four Friends Memorial Scholarship
Early College High School Pathways Scholarship

Kaitlyn Sampson
Quincy Education Association Esther Weeden-Morton Scholarship
Quincy Rotary Club Scholarship

Daynoris Sanders
Quincy College First Semester Scholarship

Adeline Saunders
Glen Sherriff Memorial Scholarship

Ilyana Selinger-Batista
Ned V. Mannai Memorial Book Award

Mollie Smith-Gaeta
Ned V. Mannai Memorial Book Award

Aidan Stacy
Quincy College First Semester Scholarship

Brianna Sullivan
Ned V. Mannai Memorial Book Award

Samuel Swan
Dennis Sullivan Memorial Scholarship

Kyle Tolini
Toolbox Scholarship from Quincy Rotary Club

Nayala Torres
Quincy College First Semester Scholarship

Jonathan Tran
Paul Nigro Memorial Scholarship
Quincy Retired Teachers Association Mary Catherine Iannoni Memorial Scholarship

Khoi-Henry Tang
Ned V. Mannai Memorial Book Award
Quincy Rotary Club Scholarship

Nancy Tran
Yacubian Family Scholarship

Nicholas Tran
Quincy Retired Teachers Association John W. Walsh Memorial Scholarship
Robert Charles Billings Memorial Scholarship

Stanley Tran
Evelyn W. Ryan Mathematics Scholarship
Quincy Retired Teachers Association Althea Sawyer Memorial Scholarship
Quincy Women's Club Trust Scholarship
Reuben & Lizzie Grossman Award Scholarship

Hao Trieu
Ned V. Mannai Memorial Scholarship
Bob McGillicuddy Book Award

Tuya Valle
Quincy College First Semester Scholarship

Kimi Vallee
Outstanding Technical Student of the Year Scholarship
Wollaston Women's Club Scholarship

Edwin Vino Acabal
Quincy College First Semester Scholarship

Alexander Vo
Quincy Retired Teachers Association Arthur E. Foster Jr Memorial Scholarship

Francis Walsh
Captain Edward G. Riley Memorial Scholarship
American Legion Nickerson Post Auxiliary Scholarship
Albert Francis Gilmartin Memorial Scholarship
The Richard and Geraldine Storella Educational Trust

Hannah Waters
Ned V. Mannai Memorial Book Award
Cultural Fair Scholarship

Breauna Whitaker
Early College High School Pathways Scholarship

Henry Wilde
Kevin McVeigh Scholarship
Quincy Education Association Frank L. Goudey & Murial Jean Goudey Scholarship

Jenny Wong
Joseph B. Halbert Memorial Scholarship
Ned V. Mannai Memorial Book Award

Jennifer Wong-Nadaraung
Yacubian Family Scholarship

Jessica Wu
Point Webster Middle School Book Award

Shirley Yang
Kelly Cobble Memorial Art Scholarship

Alp Yokus
Ned V. Mannai Memorial Book Award
Richard Kenneally Scholarship Fund

Xin Ting Zhao
Ned V. Mannai Memorial Book Award

Coverage Of The Class Of 2024 NQHS, QHS Graduation Ceremonies In The June 20th Issue Of The Quincy Sun

2024 Graduates, all.....
TODAY IS YOUR DAY..
(as Dr. Suess would say)
"You're off to Great Places! So...GET ON YOUR WAY!"
CONGRATULATIONS!
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Congratulations, Graduates!
Good luck in all of your future endeavors.
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NQHS Class Of 2024 Scholarship Recipients

Cont'd From Page 12

Briana Pham
One Unified Team College Scholarship
Quincy Lodge of Elks Scholarship

Christopher Pham
George G. Burke Foundations Scholarship
North Quincy High School AFROTC Scholarship

Grace Pickering
North Quincy High School Girls' Soccer Boosters Book Award
North Quincy High School Girls' Basketball Boosters Book Award
Patrick White Foundation Scholarship
Quincy Lions Club Wilfred A. Nolan Scholarship

Jason Preziosi-Madden
NQHS Class of 1973 Alumni Scholarship

Isabella Reyes
North Quincy High School Cheer Boosters Book Award
North Quincy High School Principal's Scholarship

John Rixham
North Quincy High School Girls' Soccer Boosters Book Award

Brooklyn Rizzo
Quincy Education Association: Dr. Russell B. Street Jr. Scholarship

Keira Robertson
One Unified Team College Scholarship
Parent Advisory Council Spirit Award
Rotary Club of Quincy Scholarship
Quincy Lodge of Elks Scholarship
Yacubian Family Memorial Scholarship

Mary Saccoach
North Quincy High School Girls' Basketball Boosters Book Award
Quincy Lodge of Elks Scholarship
Quincy/North Quincy Girls Softball Book Award
Rotary Club of Quincy Scholarship

Nathan Sampson
NQHS Football Alumni Scholarship
Yacubian Family Memorial Scholarship

Fallyn Scott
Liesl Radzik Scholarship
North Quincy High School Cheer Boosters Book Award
One Unified Team College Scholarship

Anna Sekmokas
Quincy Arts Association Award
Quincy Education Association: Anna Loya and Ivar O. Nelson Scholarship
Rotary Club of Quincy Scholarship
Virginia Marie Whalen Memorial Scholarship

Ryan Setow
Costa Family Scholarships: Puni Vaccari

Sophie Shaw
Quincy Retired Teachers Association: Bob Mattsson Memorial Scholarship

Vainavi Shrestha
George G. Burke Foundation Scholarship

Sofija Slezas
Quincy Retired Teachers Association: Geraldine Herbert Memorial Scholarship
North Quincy High School Assistant Principal's Scholarship
Reuben and Lizzie Grossman Foundation Award

Killian Sloan
Bank of America: Quincy Women's Club Scholarship
Quincy Youth Soccer– Malcolm MacNeil Award
Squantum Elementary School Scholarship

Madeline Smith
North Quincy High School Cheer Boosters Book Award
One Unified Team College Scholarship
Parent Advisory Council Spirit Award
Quincy Education Association: Education Scholarship
Quincy Lodge of Elks Scholarship

Nina Smith
Bank of America: Quincy Women's Club Scholarship
North Quincy High School Girls Soccer Boosters Book Award
Quincy/North Quincy Ski Team Book Award
Wollaston Garden Club

Caroline Snyder
David J. Messina Memorial Sportsmanship Award

Renee Su
QRTA: Dr. Elizabeth Bostrom Memorial Scholarship

Abigale Szeto
North Quincy High School AFROTC Scholarship

Jiamin Tang
John F. Messina Memorial Art Award

Molly Toland
North Quincy High School Girls' Basketball Boosters Book Award

Klaus Totoni
North Quincy High School Boys' Soccer Boosters Book Award

Dylan Tracy
Parent Advisory Council Spirit Award

Simone Trainor
Caitlin Moore Scholarship

Lucas Truong
North Quincy High School Boys Soccer Boosters Book Award

Kyle J. Tsang
North Quincy High School AFROTC Scholarship

Zara Valencius
Parent Advisory Council Spirit Award
Quincy Education Association: Charles Bernazzani Scholarship

Emmet Walsh
North Quincy High School Girls' Soccer Boosters Book Award

Meera Watkins
Maude M. Howes Memorial Scholarship

Thomas Wirtz
Yacubian Family Memorial Scholarship

Brian Wolowicz
North Quincy High School Boys' Soccer Boosters Book Award
Quincy Lodge of Elks Scholarship
Robert Nickerson Post #382 Memorial Scholarships– Lance Corporal Christopher O. Donohue

Michael Wong
George G. Burke Foundation Scholarship

Chloe Wu
Bank of America: Joseph Halbert Scholarship

Sandy Wu Li
North Quincy High School English Language Learner Scholarship

Fanny Yang
Quincy Retired Teachers Association: Greg Buck Scholarship
Richard Kenneally Memorial Scholarship

Hongcheng Yang
Quincy Retired Teachers Association: Joyce Wells Memorial Scholarship

Yuxi Yang
One Unified Team College Scholarship

Jialin Yu
Montclair/Wollaston Neighborhood Association– Kevin F. Coughlin Public Service Scholarship

Roseley Zhang
Margaret Rose Durant Memorial Scholarship

Wilson Zhang
Quincy Retired Teachers Association: John W. Walsh Scholarship

Eric Zhao
Montclair/Wollaston Neighborhood Association Scholarship

Andy Zheng
North Quincy High School AFROTC Scholarship

Jamie Zheng
Bank of America: Quincy Women's Club Scholarship

Roger Zhu
QRTA: Harry A. and Louisa P. Beede Memorial Scholarship

Jason Zou
North Quincy High School AFROTC Scholarship
QEA: Frank and Janet Goudey and Eileen Rugg Scholarship

Connor Zynda
North Quincy High School Boys Soccer Boosters Book Award
South Shore Bank Citizenship Award.

Camp Crane Event At Library Friday Evening

The Thomas Crane Public Library invites residents to attend the After Hours: Camp Crane event set for Friday, June 14 from 6:30 to 8:30 p.m. at the library's Olmstead Lawn, 40 Washington St., Quincy Center.

The event will feature an evening of nostalgic fun to kick off the summer season.

Participants are invited to bring their family and friends with them as they dive into a wide range of activities meant to invoke feelings of sentimental summer joy. There will be lawn games such as can jam, cornhole, shuffleboard and giant Connect 4, to name a few.

Arts and crafts offered at this event are friendship bracelet making, upcycled scrapbooking, chalk art and keychain designing. Additionally, a themed scavenger hunt will take place, allowing participants to journey throughout the library. Additionally, there will be a DJ and live music featuring hits from the 1990s and 2000s.

There will be an ice cream truck provided by Smiles by the Miles Ice-Cream and the first 100 guests will get one ticket for a free ice cream or non-dairy treat! A cash bar will also be available, which will require a photo ID.

Registration is not required for this free-entry event, which is primarily for guests who are 21 years or older.

Attendees are welcome to bring their own picnic blanket and or a lawn chair.

This event is sponsored by the Friends of the Thomas Crane Public Library.

Quincy High School Class Of 1964 Reunion Sept. 28

The Quincy High School Class of 1964 will hold its 60th reunion Saturday, Sept. 28 from 1 to 5 p.m. at the Common Market, 97 Willard St., Quincy.

There will be a buffet and a cash bar.

Tickets are $64 per person. Checks may be made out and sent to: Alfred Pecce, 77 Moffet Rd., Quincy, MA 02169. In order to attend, checks must be received by Aug. 1.

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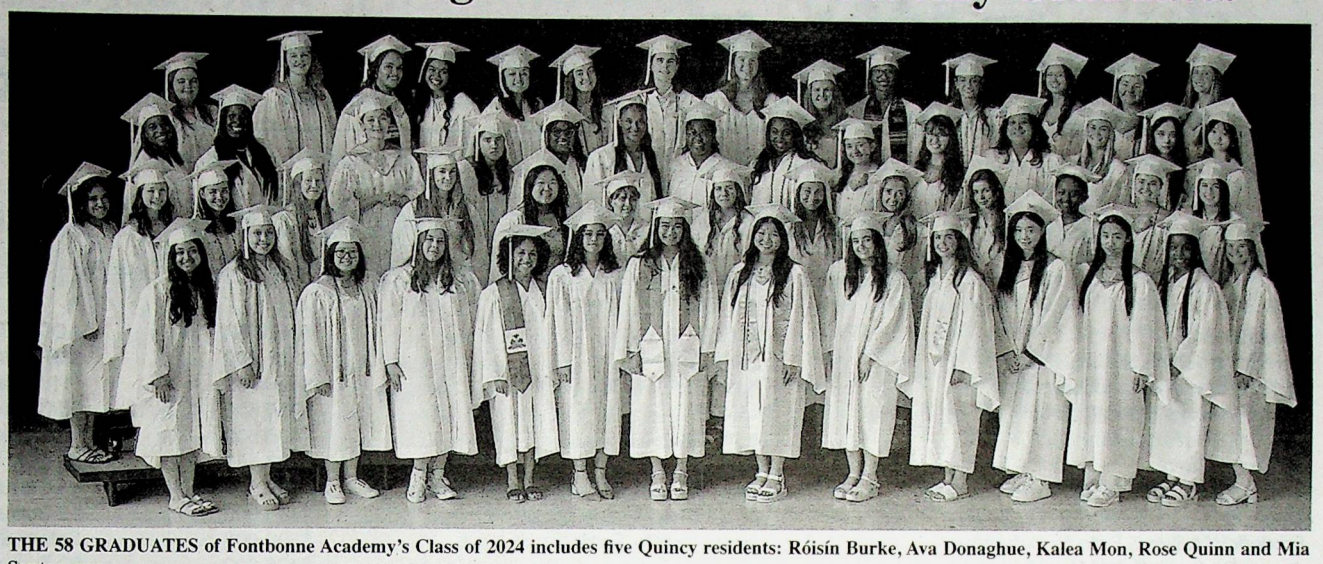
Congratulations
to the
CLASS
of
2024
City Clerk
Nicole Crispo & Family

Five Quincy Residents Among 58 Fontbonne Academy Graduates

Five Quincy residents were among the 58 graduates who were awarded diplomas at Fontbonne Academy, a private all-girl Catholic college preparatory high school and early college located in Milton.

The five Quincy graduates are: Róisín Burke, Ava Donaghue, Kalea Mon, Rose Quinn and Mia Santosuosso.

Students from the Class of 2024 will be furthering their education at an impressive list of colleges, including Harvard University, Northeastern University, Boston College, Wheaton College, College of the Holy Cross, University of California—Davis, Stonehill College, and Boston University.

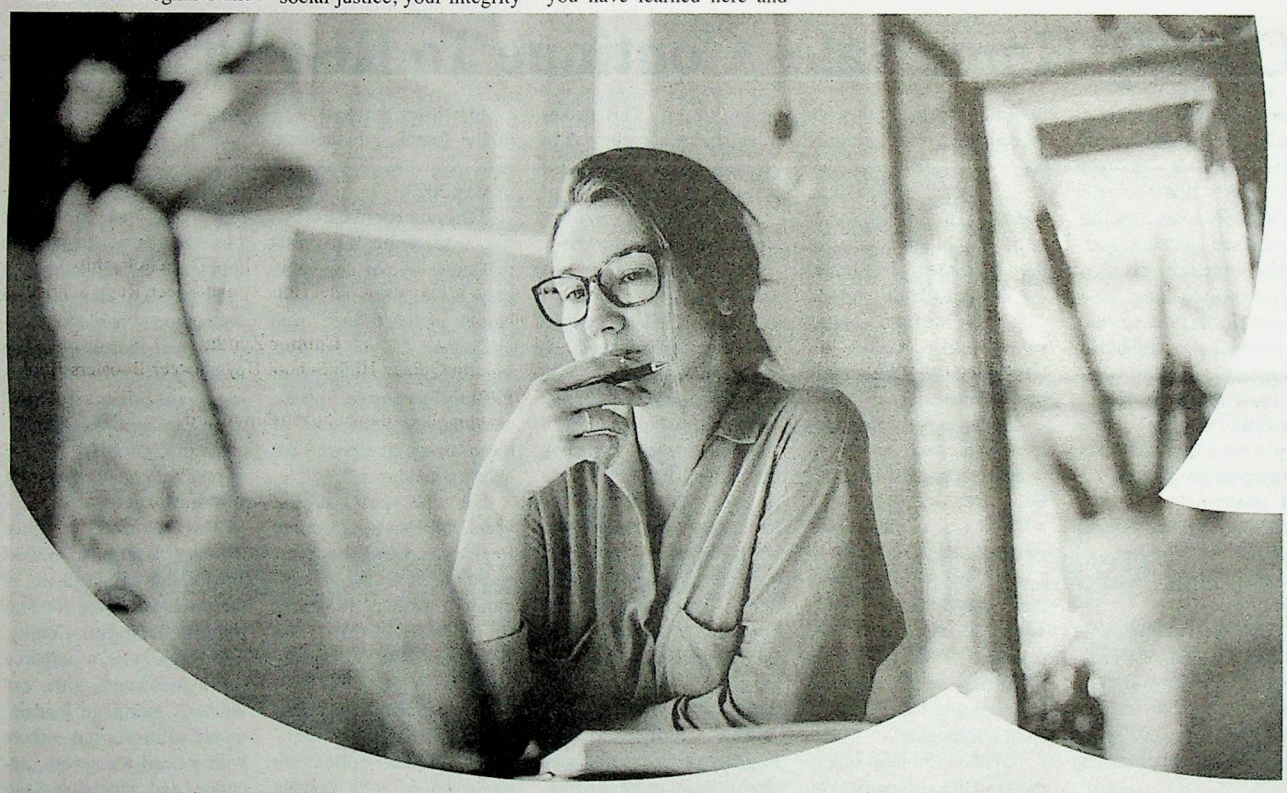


THE 58 GRADUATES of Fontbonne Academy's Class of 2024 includes five Quincy residents: Róisín Burke, Ava Donaghue, Kalea Mon, Rose Quinn and Mia Santosuosso.
Courtesy Photo

"Your class is resilient and full of hopeful transformation; you exemplify what it means to be a Fontbonne woman who recognizes and honors the dignity of every person, and, like the person, you are a symbol of hope," said Maura Spignesi, Head of the School. "You are entering a world that desperately needs your passion for social justice, your integrity to stand up for what you believe, your courage to be the voice for those on the margins, and your faith to bring hope to all you encounter," she added. "Now is your time to share these ideals you have learned here and go be a force of good in this world."

The class of 2024 is a testament to resilience. Not only did they successfully navigate their first year of high school, but they did so in the face of a global pandemic. This group of seniors also witnessed a unique collaboration with students from Mount Alvernia High School, an all-girls school in Chestnut Hill, after its closure in 2023.

This year's class has been awarded nearly $16.4 million in merit-based scholarships, a testament to their individual talents and hard work.



Free College

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If you're age 25 or older and thinking about starting – or returning to – college, the new Free College program makes it easy. It funds your tuition and fees and also provides assistance for books and supplies. And Quincy College makes it convenient.

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(617) 984-1710

QUINCY COLLEGE

Real Estate

Quincy Real Estate Transactions June 3 - June 7

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Patriot Property Solutions LLC	Veronica Coval	$525,000	350 Granite Street
Lori Lieberman & Associates LLC	Triple Chen Holdings LLC	$198,000	111 Willard Street
Adams Heights Mens Club Inc.	NLCL LLC	$650,000	63 Bower Road
Timothy & Jessica Morrison	Thoai Nguyen	$660,000	10 Brockton Avenue
Marianne Chen	Grace Zhou	$307,500	45 Oval Road
C&E Equity Partners LLC	Steven Ross & Carruth Lending Trust	$488,000	44 Carruth Street
Thai Gip	Weihui Chen & Xingli Cao	$448,000	15 Bower Road
Frederick Mullen & Patricia Coleran	Patricio Family Realty Trust	$300,000	Salem Street
Janice Burton & Gary Mahn	Opendoor Property LLC	$476,600	92 Turner Street
James & Noreen Duddy Trust	Yan & Fam Lam	$780,000	29 Ferndale Road
Oak Street Trust	Jun Lei	$580,000	1 Oak Street
Anzus Property Solutions LLC	Xiaoyin Qiu	$500,000	200 Falls Boulevard
Sullivan Realty Trust of 2021	Nora McGlaughlin & Thomas Kelly	$450,000	41 Turner Street
Susan Harding	William Sullivan & Carolyn Creighton	$805,000	8 Priscilla Lane
Yvonne Tse & Colin McMahon	Huang Zheng	$630,000	60 Russell Street
Nancy Dougenik-Storrs & Marybeth Lynch	Chao Construction LLC	$699,000	48 Delano Street
Anthony & Elizabeth Pacheco	Timal Thakkar & Leah Doghramji	$725,000	184 Billings Road

Norfolk County Home Sales Continue To Rise In May

Norfolk County Register of Deeds William P. O'Donnell reports that Norfolk County recordings for the month of May 2024 indicate an increase in overall real estate activity, with significant increases in property sales and transfers as compared to May 2023.

The Registry of Deeds recorded 9,249 documents in May 2024. This was one percent more than in May 2023 and an 11 percent increase compared to April 2024.

"The increase in overall real estate activity, especially when it is driven by a jump in property sales and transfers, is a positive sign for the local real estate market, indicating continued growth," O'Donnell said.

"The rise in the number of deeds recorded suggests a strong demand for real estate in Norfolk County. It also reflects that Spring is a traditional time period to buy and sell homes."

The total number of deeds recorded for May 2024, which reflects both commercial and residential real estate sales and transfers, was 1,504, up 11 percent from May 2023 and up 20 percent from April 2024. Looking at just commercial and residential real estate sales, the number was up three percent from last year and up 19 percent from last month.

"The total number of commercial and residential property sales in May 2024 showed a notable increase compared to May 2023. This positive trend is a promising indicator that the real estate market in Norfolk County continues to show resilience and growth," O'Donnell added. "The likely factor in the rise in the number of deeds recorded is the ongoing desire to both live and work in Norfolk County communities, which is increasing demand for properties in the area.

The average sale price of commercial and residential properties for May 2024 rose to $1,252,129, a 27 percent increase compared to May 2023 and an increase of 21 percent from April 2024. The total dollar volume of commercial and residential sales is also up, increasing 31 percent from last year and up 43 percent from last month.

"With a limited supply of available properties on the market, any increase in demand is likely to cause an increase in the average property sales price," O'Donnell said. "Unfortunately, when prices rise without an equivalent rise in inventory, it may result in increased competition among buyers. This makes it harder for homebuyers in general, but especially for first-time homebuyers."

For the month of May, lending activity showed a decrease compared to the same month a year ago. A total of 1,392 mortgages were recorded in May 2024, down three percent from May 2023, but 12 percent more than last month.

"Homeowners who took advantage of lower interest rates in 2020 and 2021 are less likely to refinance and are more hesitant to buy at current mortgage interest rates. Higher interest rates also make it harder for first-time home buyers to secure affordable repayment options," noted O'Donnell.

The Norfolk County Registry of Deeds has been closely monitoring the foreclosure market. In May 2024, there were three foreclosure deeds recorded as a result of mortgage foreclosures taking place in Norfolk County, whereas in May 2023, there were seven recorded. However, in May 2024, there were 32 notices to foreclose, the first step in the foreclosure process, more than the 28 recorded in May 2023.

"The number of these notices is troubling. It suggests that more of our neighbors may have financial difficulties in the future," said O'Donnell. "If you are having difficulty paying your monthly mortgage, please consider contacting one of these non-profit agencies for help and guidance."

For the past several years, the Norfolk County Registry of Deeds has partnered with Quincy Community Action Programs (617-479-8181 x376) and NeighborWorks Housing Solutions (508-587-0950) to help anyone facing challenges paying their mortgage. Another option for homeowners is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400.

"It is good to see that the real estate market in Norfolk County is strong and vibrant, driven by an increased demand for property in local communities due to the desire to live and work in the area," O'Donnell said. "We hope to see this trend continue as we move into the summer months. However, the lack of available inventory may lead to further price increases. It will be important to keep an eye on these trends to help navigate the competitive market."

To learn more about these and other Registry of Deeds events and initiatives, "like" us on Facebook at facebook.com/norfolkdeeds. Follow us on Twitter and Instagram at @norfolkdeeds.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities, and others with a need for secure, accurate, and accessible land record information.

All land record research information can be found on the Registry's website, www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101 or email registerodonnell@norfolkdeeds.org.

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The Quincy Sun.com

Breathe With Ease This Summer

MONTHLY MINDFULNESS

By Lori Scott, E-RYT 500

OWNER OF LORI SCOTT YOGA & WELLNESS

By LORI SCOTT

What is Mental Health?

With the end of the school year, graduations, cookouts and vacation plans on the horizon, it's the perfect time to slow down, practice mindfulness and ease your way into summertime.

By definition, *EASE* is the state of being comfortable and relaxed; freedom from pain or discomfort; freedom from concern or worry; the absence of difficulty or effort; to move carefully or gradually. Sounds wonderful, doesn't it?

To cultivate a sense of ease and shift your mindset to summer mode, let's start at the very beginning with your most basic human need - BREATHING. Sometimes, it's just that simple.

In 1943, Psychologist Abraham Maslow developed the Hierarchy of 8 Basic Human Needs. He believed that people are motivated to achieve certain needs and that some needs take precedence over others. Our most basic human need is for physical survival and is the first level that motivates our behavior. This begins with biological and physiological needs such as air, BREATHING, food, water, shelter, warmth, sleep, rest. If these survival requirements are not satisfied, the human body cannot function optimally. These needs are considered the most important as all the other needs become secondary until these ones are met.

Similarly, BREATHING is also the foundation of yoga and meditation. Mindfulness teaches us that rhythmic control of the breath helps us think more clearly and kindly. Working from the inside - out, we can master the breath. By observing the place in the body, the duration and count of the breath, we learn *how* to breathe with ease. Studies show that deep breathing contracts and relaxes the diaphragm which stimulates the vagus nerve naturally lowering the heart rate and activating the relaxation response of the nervous system.

Science journalist James Nestor, author of New York Times Bestseller *Breath: The Science of a Lost Art* says "there is nothing more essential to our health and well-being than BREATHING: take air in, let it out, repeat 25,000 times a day." Nestor travels the world researching the million-year-long history of how the human species has lost the ability to breathe properly and why we suffer from snoring, sleep apnea, asthma, autoimmune disease, allergies—because of it. The science is fascinating and I recommend adding James Nestor's eye-opening, award-winning, thought-provoking book Breath to your summer reading list!

Let's welcome the care-free days of summer by combining the definition of ease with some simple mindfulness techniques.

Tips For Creating Ease This Summer

Practice being comfortable & relaxed and limit overbooking your calendar. Even though summertime is known for care-free, lazy days, our calendars quickly get very busy. Consider leaving yourself some free time, especially from activities that do not bring a sense of ease or happiness. It's okay to say 'No'. Simplifying your schedule can allow more time for the things that nourish your life in a calming way.

Cultivate freedom from pain or discomfort and practice gratitude. We can't always avoid all of the pain or discomfort that comes with life but neuroscience tells us that over time we can shift our thought patterns. How you react to life's ups and downs can sometimes be more damaging than the actual situation. One way you can encourage positive thoughts is by repeating affirmations such as: *I am BREATHING. My needs are being met. I am grateful I have fresh air to breathe. I am grateful for the abundance of clean water available to me. I am grateful for food. I am warm. I can rest when I need to. I may not have everything I want, but I have all that I need.*

Release concern or worry and stay in the present moment. Concern and worry are thoughts that are focused on something from either the past or the future. If we can return back to the present moment by noticing our ability to breathe, we can feel grounded. The essence of mindfulness is known as the *Art of Returning* - returning back home to self and to your BREATHING.

We've all heard of the term 'mind-body connection'. Any idea what connects the mind and the body? You guessed it - the breath! As long as you are BREATHING, your mind and your body are never separate. When you bring more awareness to your breathing, you deepen that connection and the relationship you have with YOU.

Obviously you are BREATHING right now if you are reading this, but consider the quality of your breathing throughout the day. There may be many times during the day when you're unaware of your breathing or unknowingly creating dis-ease in your body. Simply by pausing for a moment you can strengthen this powerful connection. Bring your mind and body back into balance by using this STOP method:

S = STOP what you are doing.

T = TAKE a breath.

O = OBSERVE whatever is happening in your body. Perhaps your shoulders are tense, your jaw is clenched or you were unconsciously holding your breath. Maybe you're hungry, dehydrated, tired or need a break.

P = PROCEED and respond more effectively now that you have reconnected with your needs for survival.

Create the absence of difficulty and set reminders on your phone to S.T.O.P. throughout your day. We can all become an active participant in the management of our own health and develop the potential to experience any moment, no matter how difficult or intense, with a little more balance and ease. It's possible that your response to a situation is motivated by the deprivation of your most basic human needs for survival. A simple reminder to STOP may help you build resilience, shift your priorities and manage challenging moments with more clarity.

Move carefully or gradually and give yourself extra time. Simply slowing down your pace, stride, movements or travel time sends a signal to your entire being to slow down. When you're rushing, it's hard to feel at ease.

Join a yoga community this summer! Our Beach Yoga season has officially begun and our welcoming, non-competitive community meets on Wollaston Beach (across from Hollis Ave) every Sunday 8-9 a.m. through September. Class is for all levels, beginner friendly. No yoga experience, flexibility or sign up needed. Together, we practice breathing, slowing down, finding peace and having some fun. 'Easy Like Sunday Morning' is our motto! Class is $15/p Cash Only.

For more details, please email loriscottyoga@gmail.com.

Happy Summer, friends!

Lori is an experienced 500 hour Certified Yoga Teacher with Yoga Alliance, Founder & Director of Registered Yoga School (RYS 200) and a Yoga Alliance Continuing Education Provider. Lori specializes in leading retreats, certification programs, 200 hour Yoga Teacher Trainings and facilitating Meditation and Stress Management classes for local corporations.

In addition to teaching yoga, meditation, wellness classes & workshops, Lori is a trained Trauma-Conscious Yoga Teacher offering free yoga to Service Members, Veterans & First Responders. Lori also holds certifications in Clinically-Informed Restorative Yoga, Kids Yoga, Seniors Yoga, Chair Yoga, Balanced Athlete® and Barre. Lori is mostly known in the community for teaching her signature Beach Yoga classes.

www.loriscottyoga.com.

Dozens Of Bands To Perform At PorchFest June 29

By SCOTT JACKSON

This year's PorchFest Quincy event, which will feature dozens of bands performing throughout three of the city's neighborhoods, is set for Saturday, June 29.

Now in its seventh year, the annual event will take place that day from 3 to 9 p.m. in the Wollaston Hill, Squantum and Merrymount neighborhoods, rain or shine. The schedule for PorchFest Quincy, including the complete list of performers and locations, will be posted online at porchfestquincy.org prior to the day of the event.

Walter Hubley, who co-founded the event in 2016, said nearly 100 bands had signed up to perform as of early June.

"A few days ago, we had just under 100 bands registered," Hubley told the Board of License Commissioners on June 4. "We generally get somewhere in the range of 110 to 120 each year, and those get evenly distributed across the three neighborhoods."

As part of the event, Quincy-based Black's Creek BBQ will be setting up shop in the Merrymount neighborhood, like it did last year. Hubley said they would be offering a special PorchFest beer brewed by Marina Bay's Break Rock Brewing. Additional food trucks may participate that day as well.

Hubley said that some residents have taken out block party permits for the day of PorchFest to close those streets to vehicular traffic. That is not done by the event's organizers, he said.

The licensing board on June 4 granted a special-use permit and one-day beer and wine license for PorchFest. Hubley said organizers are grateful for the support the city has shown the event over the years.

"The whole PorchFest team really appreciates all the support from the different city departments across the board," he said. "It wouldn't happen without your support, so we definitely appreciate it."

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WHAT'S COOKING
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Marie & Suzie
By MARIE D'OLIMPIO and SUZIE FALCO

Easy Praline Squash Casserole

By MARIE

This recipe for a Praline Squash Casserole has been around my family for many years. It is quick and easy to make and has always been a favorite.

Directions and Ingredients:
1 large, fresh butternut squash
4 tablespoons of butter
½ teaspoon salt
1 dash of pepper to taste
2 eggs, slightly beaten

Topping
½ cup brown sugar
½ teaspoon cinnamon
3 tablespoons butter, cut into pieces
Mix these three ingredients together

Cook the squash, drain and mash.
Add the butter, salt and pepper and mix.
Add the beaten eggs and mix well.
Pour into a greased casserole dish.
Sprinkle the prepared topping over the top of the squash.
Bake in a 350-degree oven for 30 minutes. This recipe will serve 4.

Green Tropical Smoothie

By SUZIE

Craving something cool, sweet and healthy?

How about this delicious and nutritious Green Tropical Smoothie adapted from "Mama Naturals"?

Mangoes are one of the richest sources of vitamins A, C and E, as well as minerals including potassium, magnesium, copper, calcium and phosphorus. They are also packed with pre-biotic dietary fiber and poly-phenolic flavonoid antioxidant compounds.

Spirulina (a blue green algae from the sea) contains essential amino acids, iron, protein, B vitamins, and vitamins C, D and E. Make sure you are getting spirulina from a reputable company, since it comes from the sea, contamination is possible. Do not give to children.

You are also getting the healthy and important fats from the coconut milk as well as the avocado. Avocados are an excellent source of glutathione, an important antioxidant that researchers say is important in preventing aging, cancer, and heart disease, as well as folate and vitamin E.

Most don't realize that avocados are high in fiber as well. More than a bowl of oatmeal. Adding the collagen from Vital Proteins insures a nice dose of important and easy to digest (tasteless too) protein that is good for your joints, hair, skin, nails, and connective tissue.

Cucumber is an excellent source of silica, which is known to help promote joint health by strengthening the connective tissues. They are also rich in vitamin A, B1, B6, C & D, folate, calcium, magnesium, and potassium.

- 2 cups of frozen mango
- 1 frozen banana
- ½ cucumber, sliced
- 1 c. coconut milk (I use the canned full fat organic by Native Forest)
- 1/2 avocado
- 1 teaspoon of spirulina powder (Source Naturals is a trusted brand)* optional
- 1 or 2 scoops Vital Proteins collagen peptides or their Marine Collagen.

Simply blend in a high speed blender and serve.

7 Residents On Emerson College Dean's List

Seven students from Quincy have been named to the Dean's List for the spring semester at Emerson College in Boston.

They are:

Salwa Shuman, majoring in media arts production and a member of the Class of 2024.

Gabi Popa, majoring in theatre education and a member of the Class of 2024.

Nandan Nair, majoring in media arts production and a member of the Class of 2026.

Tess Louzan, majoring in creative writing BFA and a member of the Class of 2027.

Emily McClain, majoring in writing, literature and publishing (no Class year provided).

Yanjin Zeng, majoring in media arts production and a member of the Class of 2025.

Liane Le, majoring in media arts production and a member of the Class of 2027.

3 Residents On URI Dean's List

Three students from Quincy are on the Dean's List for the spring semester at the University of Rhode Island in Kingston, R.I.

They are:

Devin Campbell, Kaylee Sleiman and Melanie Chretien.

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Councillors Conclude Budget Hearings

By SCOTT JACKSON

City councillors recently completed their review of Mayor Thomas Koch's proposed $424 million budget for fiscal year 2025, teeing it up for final approval on June 17.

The City Council's finance committee met June 3 for the third of three scheduled sessions of budget hearings. Councillors did not make any cuts to the budget during those meetings.

The largest item approved by councillors on June 3 was the general fund portion of the Quincy Public Schools budget, which is set to increase from $127.54 million in fiscal year 2024 to $134.19 million in fiscal year 2025. The School Committee, not the City Council, is responsible for determining how those funds are allocated.

During the June 3 hearing, school administrators outlined their proposed $142.54 million fiscal year 2025 budget, which includes $7.35 million in state Circuit Breaker money and $1 million in federal ESSER funds, on top of the general fund money. Overall, the budget includes a total of 44.2 new full-time equivalent employees, including the teachers, paraprofessionals and other staff who will work at the new Dr. Richard DeCristofaro Learning Center.

"We're extremely excited about this building opening in the summer and we will open for the first day of school in September as well for all of our pre-k through [grade] 8 students at the RDLC," said Supt. Kevin Mulvey.

"This project would not be possible without your support and we're really grateful for not only that piece of our budget but also all of our budget. We are happy to report that we are maintaining all of our staff and increasing our special education staff, of course, and other staff to cover the opening of the Richard DeCristofaro Learning Center."

Mulvey told city councillors that 40 to 50 children who would have been placed in out-of-district programs next school year will instead be able to attend the learning center. The cost to place each student in an out-of-district program is between $80,000 and $100,000.

"You can do the math," Mulvey said. "We have 50 students at $100,000 a student, [that is] $5 million and that will increase year after year as we retain our students, build this community, and do our very best for our students and families."

During the budget hearing, Councillor Nina Liang asked about the school district's effort to hire new bus drivers. Mulvey said the district is always in need of more bus drivers and bus monitors. The district is in contract talks with the union that represents bus drivers, the superintendent added.

"Our goal is to reach a contract that makes the wages much more competitive, more so than any other city and town in the region," in an effort to hire more drivers, Mulvey said.

Councillor Noel DiBona asked about the enrollment in the Quincy Public Schools and in particular the city's two high schools. Mulvey said roughly 10,150 students are enrolled in the district overall and each high school has about 1,500 students. North Quincy High School is getting close to full capacity, Mulvey added, and the district may have to curtail open enrollment at the high school level because of that.

Also approved on June 3 is the budget for the Quincy Fire Department. That will increase from $32.27 million in FY24 to $35.4 million in FY25.

At the hearing, Ward 4 Councillor James Devine asked if there was an update on plans for the expansion of the West Quincy firehouse; Koch last year announced plans to relocate the ladder company currently based in Wollaston to the West Quincy station.

Joseph Shea of Granite City Partners, the owner's project manager for that initiative, said the conceptual design for the work has been completed and it is now being value-engineered. Shea said there is not yet a timeline for that project.

Devine also asked about when the department would be receiving new apparatus that councillors previously approved purchasing. Fire Chief Joseph Jackson said the department would be receiving a new engine in January and a ladder truck next spring; those apparatus had been purchased about two and a half years ago. Three other new trucks, which councillors approved buying earlier this spring, could take four years to arrive.

The budgets that full under the umbrella of the Department of Public Works were likewise approved on June 3. Those include the engineering department (up from $1.05 million to $1.1 million), public works (up from $5.73 million to $5.81 million), snow and ice removal (level funded at $2.22 million), waste collection and disposal (rising from $9.4 million to $10 million), and drain department ($1.76 million, slightly down from FY24).

The water and sewer budgets, which are paid from enterprise funds and not the general fund, were also approved. The water budget will increase from $23.87 million to $26.27 million and the sewer budget will rise from $29.22 million to $30.04 million.

Other budgets approved June 3 include Human Resources ($651,210), Inspectional Services ($2.3 million), Council on Aging ($1 million), Health ($1.93 million), and Substance-Abuse Prevention ($147,880).

Also approved on June 3 was the city's spending on health insurance, which is set to increase from $59.7 million in FY24 to $60.08 million in FY25. The $300,000 celebrations budget, which is level funded, was likewise approved.

In addition, councillors approved the $346,000 budget of the city's tourism office, which is paid for with hotel and motel tax receipts. Koch's chief of staff, Chris Walker, noted the salary of the executive director of the Quincy Historical Society would now be included within the tourism office, as a new director of the society will soon be brought on. Previously, the city appropriated hotel/motel tax money to the society to pay that salary.

Councillors also approved the budget for the mayor's office, which will increase from $1.06 million in FY24 to $1.12 million in FY25. The budget includes the second year of raises for members of the mayor's staff, which are being phased in over two budget cycles. Councillors approved raises for those staff members and department heads last spring.

The budget for the City Council Office, which will increase from $698,494 to $719,424, was approved as well. Raises for members of the council staff were among those approved last spring.

The budget as originally introduced on May 6 did not include proposed raises for the mayor or the nine city councillors. Councillors on June 3 approved the ordinance Koch introduced to increase the mayor's salary from $150,900 to $285,000 and on June 17 they could vote on his proposal to increase their own pay from $28,900 each to $47,500. The budget would have to be amended to include those raises, which would be effective Jan. 1, 2025, and would be phased in over two budget cycles.

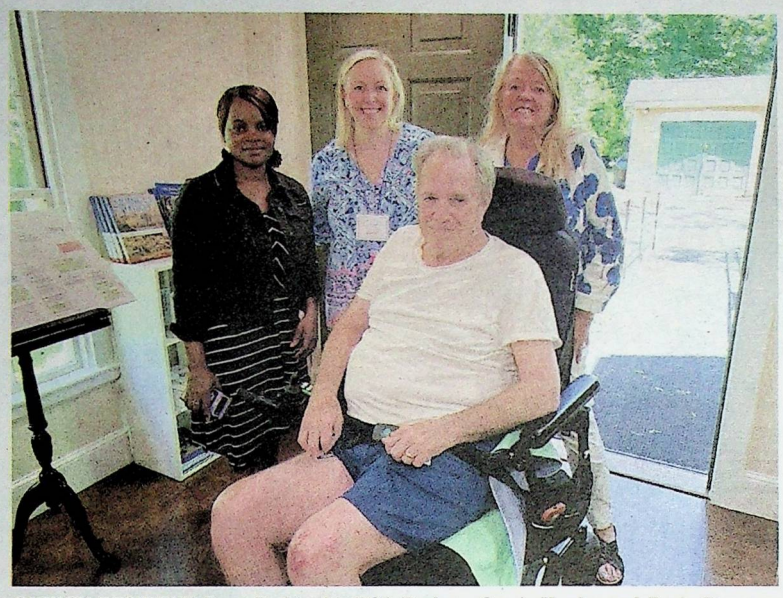
Quincy Homestead New Accessible Visitor Center, First Floor Tour

Next Tour Saturday, June 15

The Department of Conservation and Recreation of the State of Massachusetts (DCR) and the National Society of the Colonial Dames (NSCDA-MA) recently celebrated the opening of their new accessible visitor's center and first floor tours.

Thanks to a generous grant from the Quincy Community Preservation Commission and cooperation from the Massachusetts Department of Conservation and The National Society of Colonial Dames of America in the Commonwealth of Massachusetts, the Quincy Homestead announces that it is now able to accommodate individuals with disabilities for first floor tours. After careful consideration and consulting the Homestead's historic structure report, the architect, Patrick Guthrie from Design Associates, came up with a plan that would allow access with as little disturbance to the historic fabric of the property as possible.

The Quincy Homestead now has a visitor center along with handicapped accessible bathroom and ramps. Homestead welcomed our first visitor to use the ramp, Quincy resident, Drew Parkin.



QUINCY RESIDENT Drew Parkin, his PCA Darlene, Carrie Hawley and Paula Pierce co-chairs of the Quincy Homestead NSCDA-MA inside the new visitor center. *Courtesy Photos*

The next open house will be Saturday, June 15th from 11 a.m. to 2 p.m. Half hour tours run on the hour and half hour. Last tour commences at 1:30 p.m.

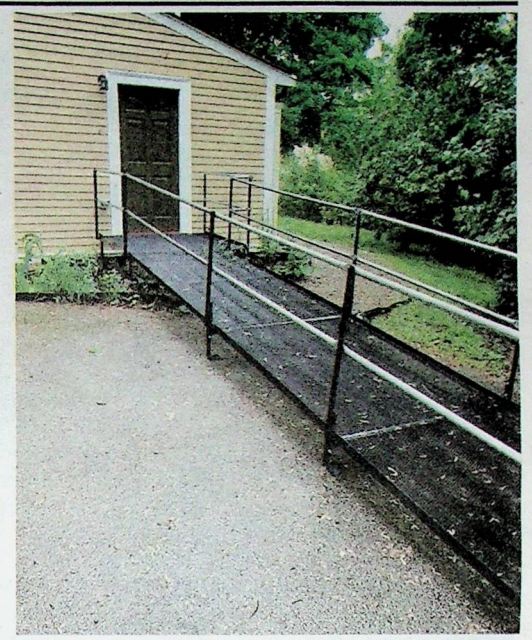
A donation of $10 per person is suggested. Donations of any amount are always welcome.

The Homestead is located at 34 Butler Rd., Quincy.

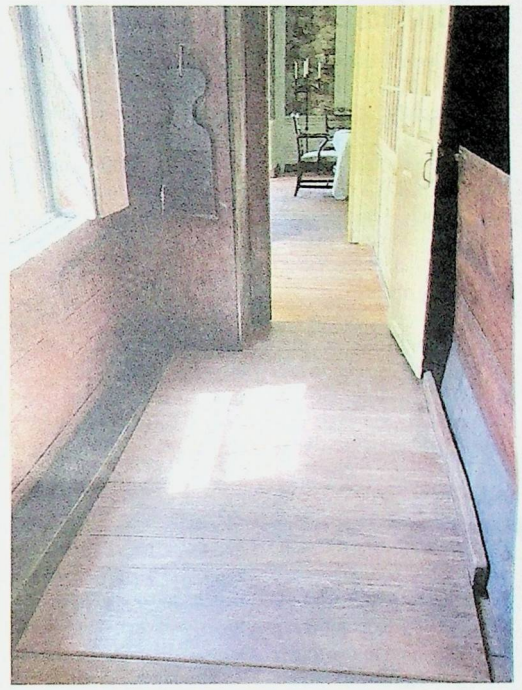
The Dorothy Quincy Homestead is owned by the Massachusetts Department of Conservation and Recreation in a partnership with the National Society of Colonial Dames of Massachusetts.

The program is co-sponsored by the Massachusetts Cultural Council and the Quincy Art Council.

PAULA PIERCE shows how to open the door wide enough for wheelchairs using a hinge door leading from the 1681 kitchen to the 1706 dining room.



ACCESSIBLE TEMPORARY ramp outside the Quincy Homestead leading into the new Visitor Center. DCR is planning a permanent ramp this fall.



NEW HANDICAPPED accessible ramp inside the Quincy Homestead leading into the dining room.

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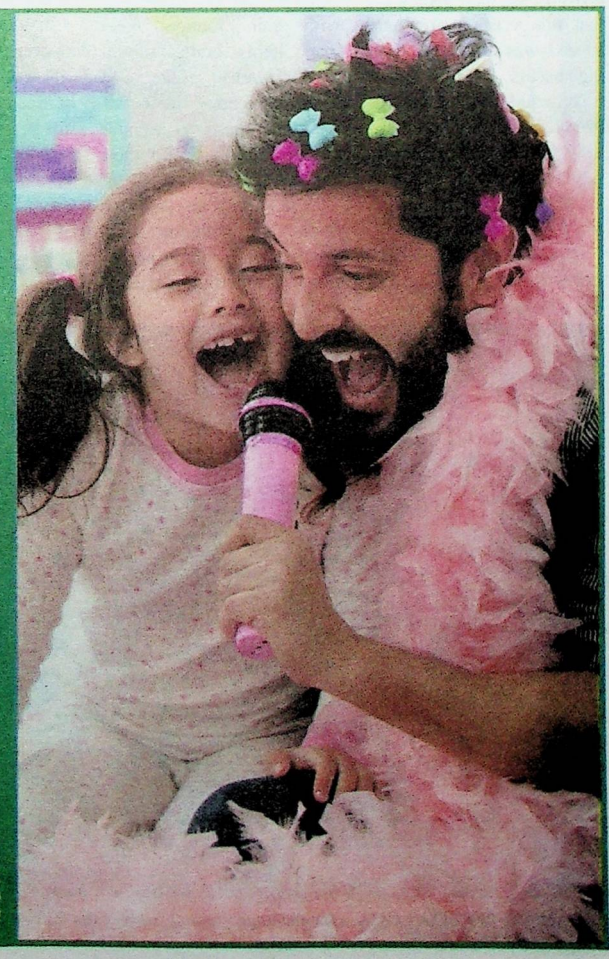


THERE WERE DOZENS of corporate sponsors at QPride 2024 who continually offered support to the 501c3 non profit organization. *Photos Courtesy Christine Hurley Event Photography*

QPRIDE 2024 welcomed one and all, even our four legged friends.

READERS FORUM - MORE PAGE 37

Quincy Transformed To The City Of Inclusivity At Quincy Pride Festivities

This year's Quincy Pride (QPride 2024) festivities held recently at the Ross Parking Way Lot celebrating this year's theme, I WAS BORN THIS WAY, marking its seventh season every June to promote equity, diversity and inclusion for the City of Presidents.

Under the watchful eye of VP Coordinator of Quincy Pride and Special Events John McDonald for the City of Presidents, has again provided the City with a huge venue for all of the city's residents and beyond with more than 1,000 attending all that was offered to its visitors.

Richard Ash, Ward 2 Quincy city councillor, is the Pride Committee president among the 10 Volunteer Board Members, 5 Officers and 5 Board Members proved their hard dedication that this year's event held June 2 was an overwhelming success.

It included their Rainbow Premier Community Partners and Rainbow Community Partners truly made its success by their generosity of 12 major donors.

But, the biggest draw and excitement for those attending was its line-up of entertainment. The group Booty Vortex wowed the audience with their unbelievable music from the 70s and 80s live singing and band. Singer and Quincy local artist "TORRENCE" sang his original songs to the audience from his upcoming album release for fall 2024.

DJ Chris Fiore kept the music flowing. One of the uplifting and purely artistic performances were three costumed adorned Drag Queens that worked the crowds with their performances including Lakia Mondale, Pristine Christine and Evita Loca! Evita Loca from New York actually belted out many Broadway tunes with her own trained voice.

She left all of us all riveted by her musical talent.

Not to mention the 22 vendors that graced the lot with their products, hand made items, crafts, animal toys, jewelry, food, and more to feature their talent under tents to wonder to each and pick up their choices.

There was an area for Quincy's children and youths with many attractions to entertain the children and parents alike. They had kids registration and giveaways, face painting, musical table, 50-foot Obstacle Course, Chalk Corner, besides its entertaining line-up of Malik! The Magician Show, and a special appearance by Bluey! The children were so thrilled to have so much to keep them busy.

You can't not go without saying that they had many food trucks lined up to feed and fuel Quincy Prides attendees.

Such as Blacks Creek BBQ, Smiles by the Mile, Ellie's Treats for Desserts, Thyme Traveling, Craig's Cafe, and Break Rock Brewing for adult beverages satisfied the many!

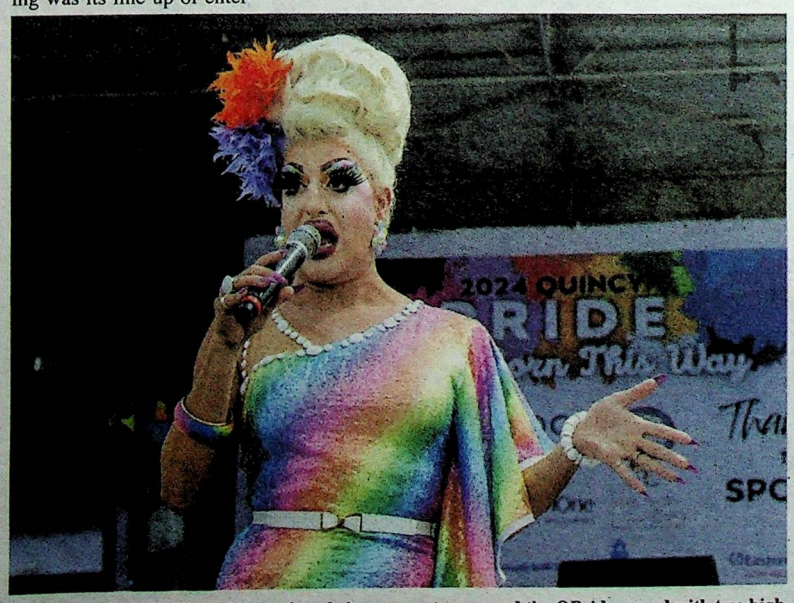
It was a wonderful day of community bonding and enjoying one of the best weather days of this spring.

Kudos to all involved including Mayor Koch and his city workers who worked so hard to make every aspect of this yearly event a huge success for The City of Quincy! You can now add to The City of Presidents, The City of Diversity and Inclusion!

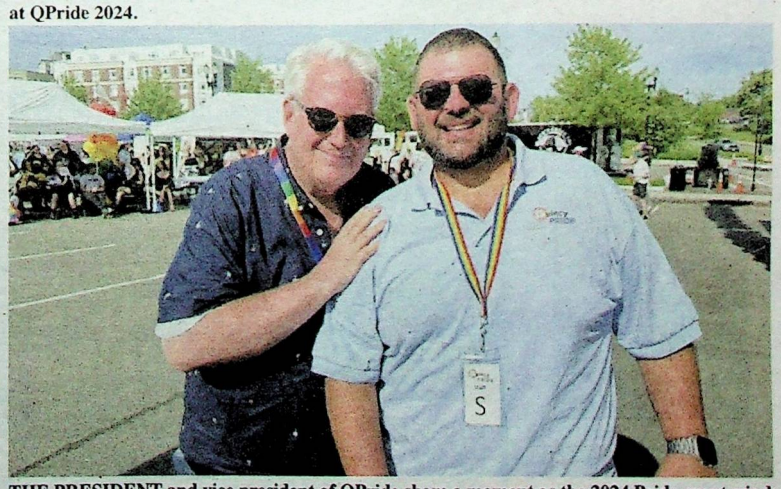
John Russo
Quincy

QPRIDE 2024 family event presented many entertainers for children of all ages at the kids stage.

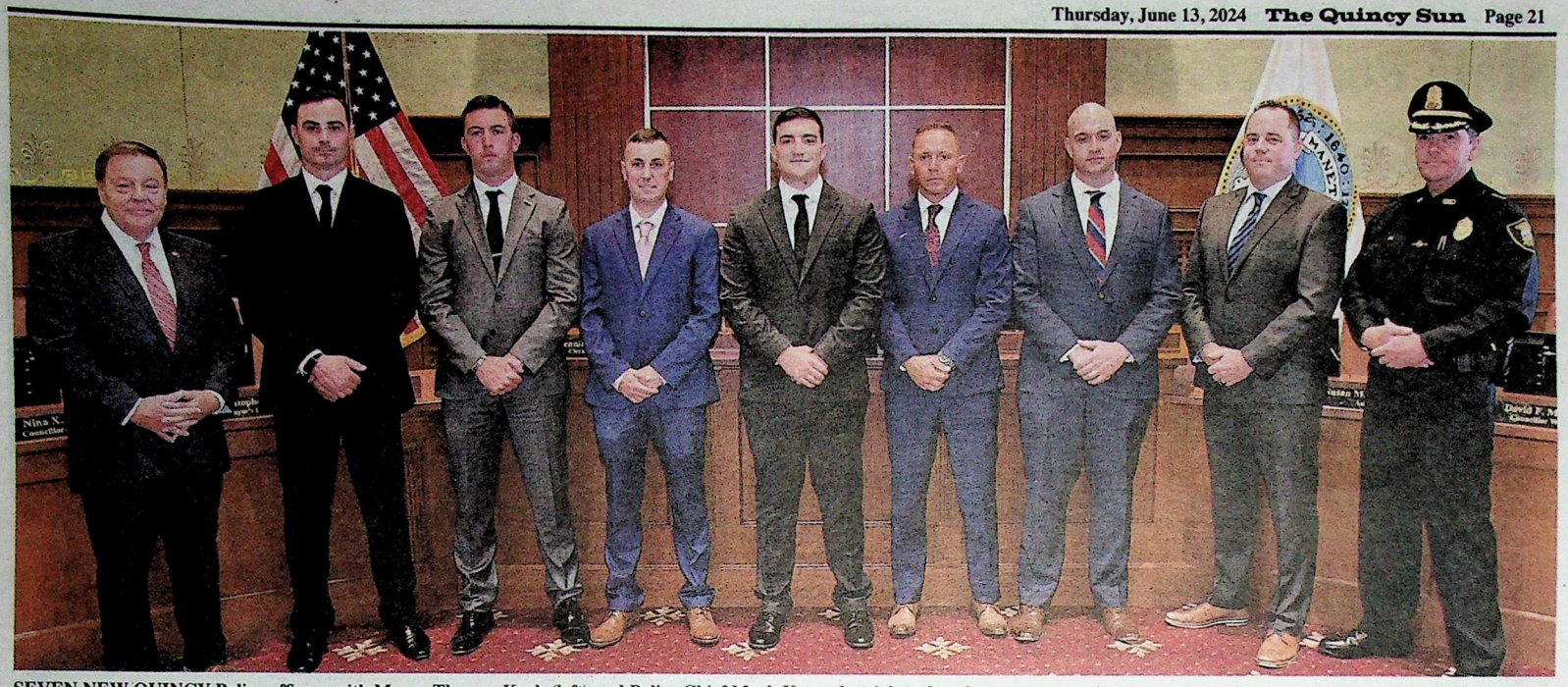
SHARLENE LAMONT from the wildly popular "Booty Vortex" Boston's Finest Funk and Disco, Award Winning Keepers of the Groove, High Energy Disco Party thrilled the audience at QPride 2024.



BROADWAY'S EVITA LOCA, a female impersonator, wowed the QPride crowd with two high energy live performances - a crowd favorite.



THE PRESIDENT and vice president of QPride share a moment as the 2024 Pride event winds down for the day. Ward 2 City Councillor and QPride President Richard Ash (right) and John McDonald (left), the vice president of Quincy Pride, LBGTQ+ Commissioner and Special Events Coordinator for the Mayor's Office.



SEVEN NEW QUINCY Police officers with Mayor Thomas Koch (left) and Police Chief Mark Kennedy (right) after they were sworn in at a ceremony June 3 in the Great Hall of the James R. McIntyre Government Center (old City Hall). The new officers (second from left to right) are: Patrick Ward, Mark Gibbons, Thomas Lester, Thomas Ridge, Christian DeGrandis, Bruno Borges and Sean O'Brien.

Quincy Sun Photos/Robert Bosworth

Seven New Quincy Police Officers Sworn In

By SCOTT JACKSON

The seven newest members of the Quincy Police Department were recently sworn in during a ceremony inside City Hall.

City Clerk Nicole Crispo swore in the officers – Patrick Ward, Mark Gibbons, Thomas Lester, Thomas Ridge, Christian DeGrandis, Bruno Borges and Sean O'Brien – the afternoon of June 3 in front of a standing-room-only audience inside the Great Hall of the McIntyre Government Center.

Ward and Gibbons are lateral transfers from the Canton and Braintree police departments, respectively, and will undergo field training with the Quincy Police Department. The other five are headed to the Randolph Police Academy and are scheduled to graduate in early December; they will undergo two to three months of field training following graduation.

Speaking before the officers were sworn in, Mayor Thomas Koch said Quincy supports its public safety personnel, including the Police Department.

"We've got a great history in the city of really supporting our public safety units. All you have to do is go down Sea Street and you'll see the building going up, which is going to finally provide adequate space for you guys to do your job. Certainly, as you probably know, we have the highest complement of officers since the late '70s," Koch said.

"This city is committed to having your back because I know all of you are going to have our back. We've seen some crazy times over the last several years and really we stuck to the values of the core of this community and we got through it. This city really supports the Police Department in every way."

Koch encouraged the officers to treat those they will encounter like they would their own family members.

"You never know what's going to be happening when you go on that shift. A call comes in, the adrenaline kicks in. You will know quickly who the bad guys are, and you'll know quickly those who are experiencing mental health decline or an issue, perhaps an opiate issue, whatever the case may be," the mayor said.

"You have to be tough when you have to be tough, but I'd just remind you all, when you can be, treat those people like they're your family. Treat them with compassion."

POLICE CHIEF Mark Kennedy congratulates Patrick Ward, one of seven new Quincy Police officers, sworn in June 3.

Police Chief Mark Kennedy said the department is fully funded and its officers are well-equipped and well-trained.

"Last year we responded to over 60,000 calls for service, placed over 1,100 people in physical custody and used force in 0.97 [percent] of those instances to take 1,100 people into custody," Kennedy said.

"The national average for injuries from arrest is about 15 percent. Here in Quincy, under 1 percent. I think that speaks to the training and the commitment, the rigor we go through in these background investigations to get the right candidates."

"We have some really strong candidates here today," Kennedy added, "so it's a really good day for the Quincy Police Department. I wish you the best in training and represent us well."

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State Police, High Schools Partner For Special Hoop Program

MSP TEAM (Massachusetts State Police - Together Everyone Achieves More) is an outreach initiative conceived by Captain Anthony Dear, a Quincy resident, to allow members from the Massachusetts State Police to start, with authorization, athletic programs that strengthen bonds with the student athletes in the communities they serve.

The core mission of this initiative is to lead by example, with a grassroots approach, connecting community, youth, and members of law enforcement to win back hearts and minds through positive interactions and basketball.

Given the tumultuous events of the last three years and the enormous challenges facing our youth, building healthy and productive relationships with troopers and police officers needs to be a priority, and the Mass State Police is up for this challenge.

During the summer of 2021, the TEAM program formed the Unity Basketball League (UBL) at the Tobin Community Center in Roxbury. 150 kids signed up for this 10-week summer program.

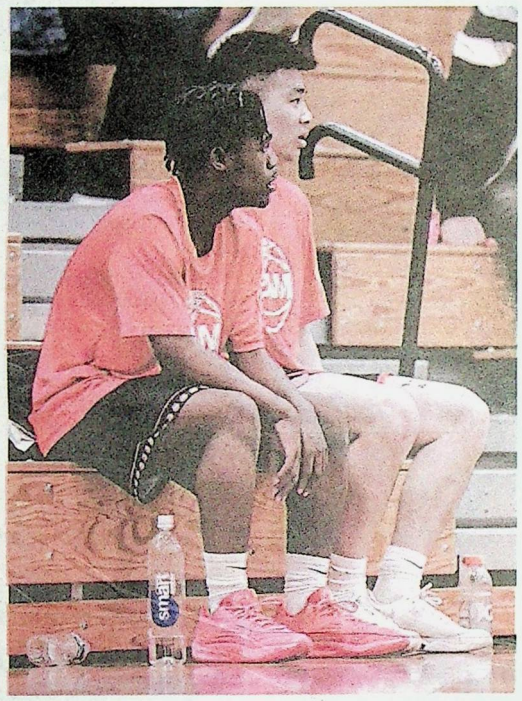
The league was very popular, and soon expanded to include six new community centers from different neighborhoods in Boston. Teams from all over the city traveled once a week to compete at different community centers. Player attendance and interactions were documented with the production of short video clips. All videos and pictures were posted to "@mspteams" on Instagram and other social media platforms.

The direct outreach to youth that summer exceeded 100 per week, including players, parents, and youth spectators. Games were never once canceled due to lack of attendance, and players always stayed in the gym to cheer and watch others play. Uniformed and plain clothed officers would engage the youth in dialogue during and after games. Partners for the UBL Boston include the Police Activities League of Massachusetts, Boston Centers for Youth & Families, and BCYF community leaders and coaches.

The Unity Basketball League (UBL) has now expanded to include new partnerships with the Boy's and Girl's Club of America, several District Attorney Offices in Hampden, Worcester, Bristol, Norfolk, and Plymouth Counties, The Cape & Islands, and local community centers, area schools, and other local law enforcement agencies, all of whom are committed to bringing youth together to connect with law enforcement through sports in a safe and friendly environment.

BASKETBALL PLAYERS from Quincy High School and North Quincy High School are participating in a spring and summer league coordinated by the Massachusetts State Police. The program - called TEAM (Together Everyone Achieves More) is an outreach initiative conceived by MSP Capt. Anthony Dear, a Quincy resident. It allows members from the Massachusetts State Police to start, with authorization, athletic programs that strengthen bonds with the student-athletes in the community they serve. Capt. Dear and Trooper JP are at every single game interacting with all the players, coaches and families. Shown here are Quincy players Shawn Perry, Malcolm McMorrow, Yhan Medina, Ali Goutay, Alijah Souza, Sean Conroy, Anthony Raines-Colon and Fabiano De Paula Costa. North Quincy players shown here are Liam Ford, Devin Tran, Lucas Short, Kobe Nguyen, Aidan McGrath, Aiden Chen, Giuseppe Talarico, Danny Wilton and Aidan Burris.

Courtesy Photos



"I have been coaching for close to 20 years. The importance of athletics goes much deeper than winning a game," says Matt Ramponi, head basketball coach for the Quincy Presidents. "Sports provide many life lessons, lifetime friendship, and memories that will carry on throughout the rest of a player's life. As a high school coach, all I want is for my student athletes to succeed in life, not just on the court. With sports, we learn how to overcome many adversities,we learn how to work together as a team, and we learn how to empower our teammates, no matter the situation.

"In order for high school kids in our city to play in offseason leagues, money does play a part, and fundraising comes at the forefront," Ramponi continues. "In order to give our players an opportunity to learn the game of basketball in a safe and welcoming environment, gym time must be rented, skills coaches and referees must be paid, and the costs can really grow. We would not be able to afford a league like this, with the quality of refs the MSP program provides, without the full funding that the MSP has provided. All the coaches and players are so incredibly appreciative for this opportunity, and we truly can't thank them enough."

Ramponi says the MSP program provides something truly special to not only Quincy students but to more than 100 student-athletes.

"The competition is extremely high, the environment is electric, and most importantly, it's a safe space for so many kids just looking to play the game they love. The MSP program enables so many kids to interact with the state police in a positive way. The officers come to every single game, set up music, and are constantly engaging with the players, the coaches, and the families.

"It is easy to see the relationships being built between the state police officers and the kids, and it is amazing to witness," Ramponi says. "Captain Dear and his officers have gone above and beyond their call of duty to show our kids what great officers they are, and more importantly, what genuine and great people they are. I know that the kids in my program look forward to every Tuesday and Thursday night to see Captain Dear and his team of officers who are there, without fail, supporting the kids, joking around with them, and developing strong and lasting bonds."

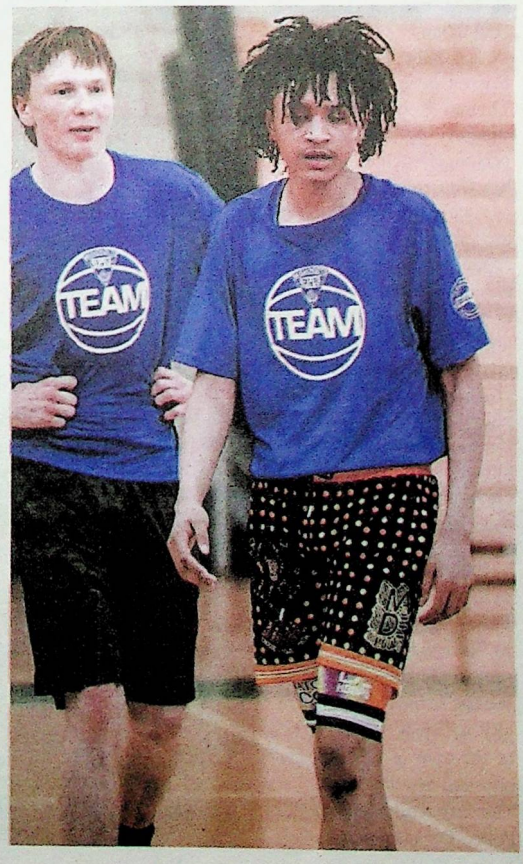
With the spring season wrapping up, a summer league is underway.

Games this summer are open to the public at no charge and concessions are available.

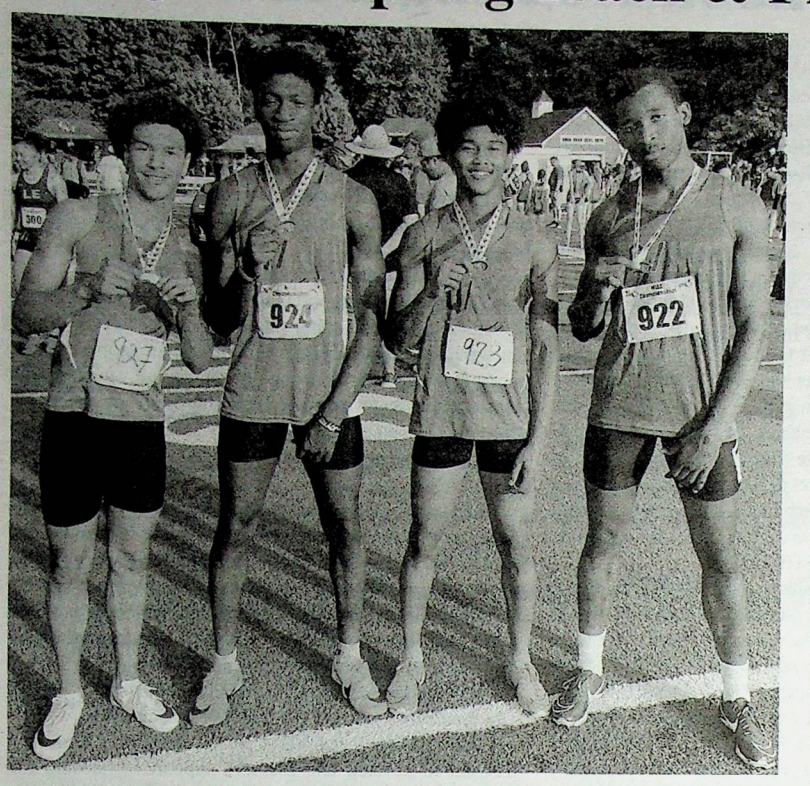
Games at North Quincy High School will be held Mondays from 5 to 8 p.m.

Games are Quincy High School will be Wednesdays from 5 to 8 p.m.

Other program participants are: Brookline High School, Tech Boston High School, Brockton High School, Bridgewater-Raynham High School, Nobles and Greenough Prep School, Archbishop Williams High School, Oliver Ames High School, Abington High School, Canton High School, Braintree High School, Weymouth High School and South Boston Community Center.



QNQ Girls Spring Track & Field Win Patriot League Meet



QUINCY-NORTH QUINCY Boys 4 x 100m Relay finished in second place at the recent Patriot League Championship Meet and placed fourth at the MIAA Division 2 Championship with a school record 43.06. From left to right: Marques Rodriguez-Smith, John Gnakou, Jayden Francois and Mamadou Diallo. *Courtesy Photo*

After taking second in the Cross Country League Meet and second in the Indoor Track League Meet, the Quincy-North Quincy girls did something they haven't done since 2001. They took first place on the heels of six first-place performances and multiple other top 8 finishes in the Patriot League Spring Track and Field Championships held May 15 at Plymouth North High School.

The boys took fourth in the 11-team league with a slew of outstanding performances.

The girls began their win with Sofija Slezas taking the 200m, up next sophomore Maddy McGillicuddy ran away with the 400m, Salma Boukhtam moved down to the 800m for another win, then Aluna Coogan-Coyne finished up individual races taking the mile.

Sophia Edwards won the triple jump, and the final running event, the 4 x 400 comprised of Slezas, Boukhtam, Coogan-coyne and McGillicuddy won decisively in a season PR of 4:09.99.

The meet was not clinched for QNQ until the discus was finished. Due to the facility, the girls discus was the final event. Seniors Brooklynn Rizzo and Grace McGough took first and third to clinch the meet. Other decisive scores came from freshman Ada Cote fifth in the two mile and Hannah Moriarty second in the 400 meter hurdles. Sophia Edwards scored in the 100m hurdles as did Amelija Slezas in the 800m. The girls 4 x 800m relay took third and Bassma Torky took third in shotput.

On the boys side, Jayden Francois won the 400m hurdles, took second in the 110m hurdles and helped the 4 x 100m relay place second, Mamadou Diallo took seconds in the 100m and 200m, Gabe Rodrigues took second in shotput and won the discus with a 10-foot PR.

Moving to the MIAA D2 divisions at Merrimack, Jayden Francois won the 400m hurdles with a season best. Gabe Rodrigues placed fourth in discus, and the 4 x 100m relay of Marques Rodriguez-Smith, John Gnakou, Jayden Francois and Mamadou Diallo took 4th in a school record 43.06.

On the girls side Sophia Edwards placed seventh in triple jump, Salma Boukhtam took fourth in the mile and Aluna Coogan-Coyne seventh in the mile after being tripped with a lap to go. At the Meet of Champions Francois placed sixth in the 400m hurdles, qualifying for the New England Championships, Boukhtam took 12th in mile and Coogan-Coyne being forced to run in the unseeded heat due to her fall at divisionals, won her heat in a season outdoor PR of 5:06 good for ninth just one place out of the medals.

Patriot League Championships Plymouth North HS 5/15/2024

First	Last	Gender	Event	Performance	Place	Comment
Mamdou	Diallo	M	100m	11.07	2	PR
Marques	Rodriguez-Smith	M	100m	11.45	6	
Nicholas	DuPuis	M	Fr/So.100m	11.91	1	PR
Gavin	Brown	M	Fr/So.100m	12.17	5	
Giovanni	Faulder	M	Fr/So.100m	12.18	6	
Mamdou	Diallo	M	200m	22.46	2	PR
Adrian	Pena	M	200m	25.47	19	
Boubakar	Diallo	M	400m	54.00	6	SR
Mikayla	Gooden	F	Fr/So.100m	14.91	22	
Livia	Fantin	F	Fr/So.100m	15.13	26	
Chloe	O'Neill	F	Fr/So.100m	16.02	31	
Sofija	Slezas	F	200m	27.22	1	
Maddy	McGillicuddy	F	400m	1:03.18	1	
Aluna	Coogan-Coyne	F	800m	2:20.46	1	PR
Amelija	Slezas	F	800m	2:33.58	7	PR
Salma	Boukhtam	F	Mile	5:14.57	1	
Trevor	Mangino	M	400m	56.72	18	PR
Jayden	Anderson	M	Fr/So.400m	57.97	7	PR
Carter	Bishop	M	Fr/So.400m	59.70	14	
Alden	Belfort	M	Fr/So.400m	59.94	16	
Wilson	Chen	M	Fr/So.Mile	5:16.26	7	PR
Jayden	Zhong	M	Fr/So.Mile	5:32.26	12	PR
Warrick	Quon	M	Fr/So.Mile	5:35.49	15	
Kyle	Clements	M	Two Miles	10:58.18	11	SR
Jayden	Francois	M	110mHurdles	15.31	2	SR
Jayden	Francois	M	400mHurdles	57.27	1	
Caroline	Zuffante	F	Fr/So.Mile	6:03.89	1	PR
Ada	Cote	F	Two Miles	12:50.47	5	PR
Sophia	Edwards	F	100mHurdles	17.29	5	
Amy	Tan	F	100mHurdles	20.39	21	PR
Hannah	Moriarty	F	400mHurdles	1:09.85	2	SR
Bassma	Torky	F	Shotput	31'05.25"	3	
Grace	McGough	F	Shotput	25'05.75"	14	
Rachel	Zhao	F	Shotput	24'11"	17	
Genesis	Anderson	F	Shotput	23'07.75	21	
Mikilah	Aubrey	F	Shotput	23'04.75"	22	
Brooklynn	Rizzo	F	Discus	101'00"	1	
Grace	McGough	F	Discus	88'01"	4	
Bassma	Torky	F	Discus	72'05"	14	
Mikilah	Aubrey	F	Discus	47'04"	23	
Gabe	Rodrigues	M	Shotput	46'02.25"	2	PR
William	Lanergan	M	Shotput	34'08.25"	19	
Gabe	Rodrigues	M	Discus	156'05"	1	PR
Kevin	Heim	M	Javelin	123'06"	8	
Jonas	Ala	M	Javelin	86'08"	24	
Nate	Allen	M	High Jump	5'02"	12	
Brooklynn	Rizzo	F	Javelin	92'02"	5	PR
Aaraya	Gray	F	Javelin	72'09"	10	
Mollie	Smith-Gaeta	F	High Jump	4'08"	8	
Sophia	Edwards	F	Triple Jump	32'11.5"	1	
Marques Rodriguez-Smith, John Gnakou	Jayden Francois, Mamadou Diallo	M	4 x 100m Relay	44.02	2	
Boubakar Diallo, Trevor Mangino	Jayden Anderson, Ryan Aitsaid	M	4 x 800m Relay	9:31.29	5	
Sofija Slezas, Salma Boukhtam	Aluna Coogan-Coyne, Maddy McGillicuddy	F	4 x 400m Relay	4:09.99	1	
Amelija Slezas, Ada Cote	Sophia Edwards, Hannah Moriarty	F	4 x 800m Relay	11:05.59	3	
Boys Points: 1. Marshfield 149, 2. Hingham 104, 3. Plymouth South 79, 4. QNQ 71						
Girls Points: 1. QNQ 110, 2. Pembroke 102, 3. Scituate 79, 4. Hingham 67						

MIAA Division 2 Championships Merrimack University 5/24-26/2024

First	Last	Gender	Event	Performance	Place	Comment
Mamadou	Diallo	M	100m	11.26	10	
Marques	Rodriguez-Smith	M	100m	11.67	26	
Mamadou	Diallo	M	200m	22.34	6	PR *
John	Gnakou	M	200m	23.91	28	
Boubakar	Diallo	M	400m	52.4	16	PR
Jayden	Francois	M	400m Hurdle	56.55	1	PR *
Gabe	Rodrigues	M	Discus	157'10"	4	PR *
Jayden	Francois	M	Triple Jump	41'00"	12	
Marques Rodriguez-Smith, John Gnakou,	Jayden Francois, Mamadou Diallo	M	4 x 100m Relay	43.06	4	PR School Record *
Sofija	Slezas	F	200m	26.79	15	
Salma	Boukhtam	F	Mile	5:04.78	4	PR *
Aluna	Coogan-coyne	F	Mile	5:09.90	7	PR *
Hannah	Moriarty	F	400m Hurdle	1:15.09	21	
Bassma	Torky	F	Shotput	32'05"	9	PR
Bassma	Torky	F	Discus	85'10"	15	
Brooklynn	Rizzo	F	Discus	85'09"	16	
Grace	McGough	F	Discus	61'06"	23	
Brooklynn	Rizzo	F	Javelin	86'11"	19	
Sophia	Edwards	F	Triple Jump	34'09"	7	
Team Scores: Boys 13th of 28 schools 23 Points, Girls 19th of 28 schools 9 points * advances to Meet of Champions						

MIAA Meet of Champions Fitchburg State University 5/30-6/1//2024

First	Last	Gender	Event	Performance	Place	Comment
Mamadou	Diallo	M	200m	22.62	23	
Jayden	Francois	M	400m Hurdle	56.97	6	Qualifies for NE's
Gabe	Rodrigues	M	Discus	143'05"	17	
Marques Rodriguez-Smith, John Gnakou,	Jayden Francois, Mamadou Diallo	M	4 x 100m Relay	43.37	13	
Salma	Boukhtam	F	Mile	5:07.65	12	
Aluna	Coogan-Coyne	F	Mile	5:06.56	9	PR, won heat 1

Bill Dunn Jr. Road Race June 29

The Bill Dunn Jr. Memorial Road Race will be held Saturday, June 29 in Houghs Neck.

The event is a great time for friends and family of Bill Dunn Jr. to gather in honor of his life and share memories with each other. This is the 16th year the road race is being held, and each year the participation and support is remarkable.

Registration for the event is from 7 to 8:30 a.m. at the St. Thomas Aquinas Hall on Darrow Street. Those interested can participate in a five-mile run or two-mile walk beginning at 9 a.m.

Cash prizes will be awarded for first place male/female runner and first place Houghs Neck resident male/female runner. The first 300 people to register will receive a free race t-shirt.

Proceeds from the event benefit the Bill Dunn Jr. Memorial Scholarship which has provided scholarships to Quincy High students, donations to Children's Hospital, Manets Youth Football and other local organizations.

The registration fee is $40 for runners and $25 for walkers until June 20th, then the fee is $45 to run and $30 to walk until sold out; children walking are free.

Registration forms are available online at rememberb.com and can be mailed to Bill Dunn Jr. Memorial Road Race, 105 Edgewater Dr., Quincy, MA 02169. Participants can also register online at racewire.com.

For more information, contact Margaret Dunn at 617-471-9075.

MA House Passes $6.5 Billion Housing Bond Bill

The Massachusetts House of Representatives June 5 passed "An Act relative to the Affordable Homes Act," which includes $6.5 billion in bond authorizations, tax credits, and over 20 policy initiatives that promote housing production, facilitate the development of affordable housing, and preserve public housing in Massachusetts.

"I'm incredibly proud of the investments included in this bill, which together make the largest investment in affordable and middle-income housing, as well as critical infrastructure related to housing production, in the history of the Commonwealth. Given that Massachusetts is one of the most expensive states in the entire country to buy a home or rent an apartment, the funding and tax credits provided by this bill will be crucial as we work to ensure that every Massachusetts resident can afford to live here, work here, and raise a family here," said House Speaker Ronald J. Mariano (D-Quincy).

"I want to thank Governor Healey for filing the Affordable Homes Act, as well as Chairman Michlewitz and Chairman Arciero for guiding this bill through the legislative process. I am grateful to all my colleagues in the House for carefully considering every aspect of this legislation, and for recognizing the need for significant action on housing," Mariano said.

"By passing the Affordable Homes Act, the House has taken concrete action to increase the availability and affordability of housing in the Commonwealth," said Rep. tive Tackey Chan (D-Quincy). "The provisions included in this bill will promote new construction of affordable units, provide reinforcements for the state's public housing facilities, help vulnerable individuals find and maintain housing, and much more. I am proud of this important step forward, while recognizing that this is just one of part of our ongoing efforts to mitigate the state's housing crisis and improve quality of life for residents in the long run."

"Families across Massachusetts are facing rising housing costs and limited housing availability," said Rep. Bruce J. Ayers (D-Quincy). "For this reason, it's important that we do everything we can to help residents and vulnerable populations live with security, dignity and independence. The Affordable Housing Act is the largest housing investment in state history and invests in future housing production and sustainable initiatives to ease the housing burden for generations to come."

In order to facilitate an increase in housing development outside the Greater Boston area, the bill includes $1 billion to allow for the potential to expand the Massachusetts Water Resources Authority's water system to the Ipswich River Basin (Beverly, Danvers, Hamilton, Ipswich, Middleton, Lynn, Lynnfield Center Water District, Peabody, Salem, Topsfield, Wenham, Wilmington) and to the South Shore area (Abington, Avon, Brockton, Cohasset, Hanover, Hingham, Norwell, Scituate, Rockland, Weymouth, and the Former Naval Air Station).

The bill also includes a new $150 million program to help municipalities convert commercial properties into multi-unit residential or mixed-use properties. After project completion, project sponsors would be eligible for a tax credit of up to 10 percent of the development costs. The bill also includes a new tax credit to incentivize production of homeownership units targeting households with incomes of up to 120 percent of the area median income (AMI). Additionally, the bill makes permanent the Community Investment Tax Credit (CITC), while expanding the statewide cap on donations from $12 million to $15 million, and extends the sunset of the Historic Rehabilitation Tax Credit through December 31, 2030, while increasing the total available amount from $55 million to $110 million.

Among the many policy initiatives included in the bill to create more housing, the bill permits one accessory dwelling unit (ADUs) equal to or less than 900 square feet to be built by-right on a property in single-family zoning districts in all Massachusetts communities. The bill also authorizes a court appointed receiver of a vacant residential property, in actions to enforce the sanitary code, to sell the property at fair market value to a nonprofit which will rehabilitate the property, correct sanitary code violations, and sell the property to a first-time homebuyer with an income not more than 120 percent of AMI.

The bill also establishes a local option to require property owners to notify the municipality and tenants of its intention to sell a property and to allow a tenant association with the required minimum tenant participation to select a successor entity to act on its behalf to purchase the property. The bill also allows a municipality that has adopted inclusionary zoning, incentive zoning, or a density bonus ordinance or by-law to enter into an agreement with a housing developer to provide a preference for affordable housing to low- or moderate-income veterans for up to 10 percent of the affordable units in a development.

Bond authorizations include:

Public housing

• $2 billion to support the repair, rehabilitation, and modernization of over 43,000 public housing units across Massachusetts, with 25 percent of the funds dedicated to preserve housing for those with incomes below 30 percent AMI. $150 million to decarbonize the public housing stock and $15 million for accessibility upgrades

• $200 million to support Local Housing Authorities (LHAs) who partner with developers to add mixed-income developments on LHA land, leveraging funds to maintain and preserve public housing while increasing the overall housing supply

Housing vulnerable populations

• $200 million to support innovative and alternative forms of rental housing including single person occupancy (SPO) units, transitional and permanent housing for people experiencing homelessness, housing for seniors and veterans, and transitional units for persons recovering from substance use disorder. 25 percent of funds must be used to fund projects which preserve housing for those with incomes below 30 percent AMI

• $70 million to support the development of appropriate community-based housing for Department of Mental Health (DMH) and Department of Developmental Services (DDS) clients

• $60 million to modify homes of individuals or families with disabilities or seniors so that they may maintain residency or return home from institutional settings

• $55 million to support appropriate housing for people with disabilities who are not DMH or DDS clients

• $20 million to establish a veterans supportive housing program to develop and preserve supportive housing for veterans and their families experiencing homelessness, including wraparound services

Housing development

• $800 million for the Affordable Housing Trust Fund which provides resources to create or preserve affordable housing for households earning less than 100 precent of AMI

• $250 million to accelerate the development of mixed-income multifamily housing

• $200 million for the Workforce Housing Fund which funds housing development for households earning less than 120 percent of AMI

• $100 million for the Commonwealth Builder program for the construction of affordable single-family homes for households earning between 70 and 120 percent of AMI, primarily in Gateway Cities

• $50 million for the acquisition, rehabilitation, and sale of distressed properties

• $50 million to create a new Healthy Home program to provide grants and loans for programs to make homes habitable. Half of all funds to be administered to owners of buildings in Gateway municipalities

• $10 million to facilitate affordable housing production in Gateway municipalities

HousingWorks

• $425 million to support preservation, new construction and rehabilitation projects through the Housing Stabilization Fund and the Community Investment and Preservation Fund

• $275 million to consolidate the existing Transit Oriented Housing Program and the Climate Resilient Housing Program and create a new, innovative program to accelerate and unlock new housing. 25 percent of the funds must be used to fund projects which preserve housing for those with incomes below 60 percent of AMI

• $175 million for municipal infrastructure projects to encourage denser housing development

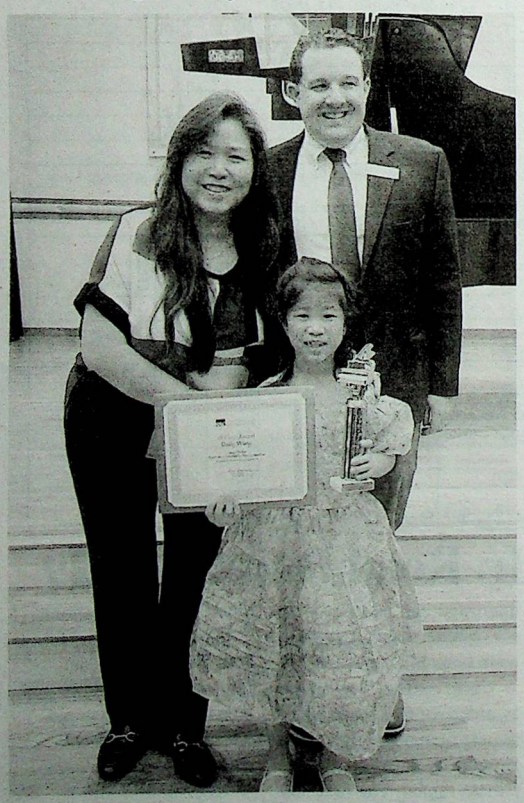
• $50 million to provide payments to municipalities that receive a Housing Choice designation through high housing production and/or demonstration of best practices, including a grant program to assist MBTA Communities in complying with the multi-family zoning requirement in the MBTA Communities Law

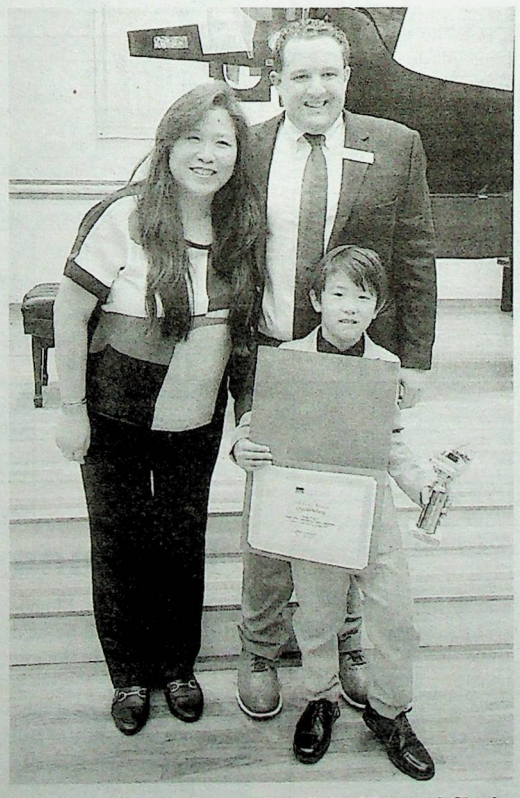
• $25 million for grants to municipalities for planning and zoning initiatives that support housing production, workforce training and economic opportunities, child care and early education initiatives and climate resiliency initiatives

• $20 million to provide incentive payments to municipalities who adopt smart growth housing districts

Having passed the House of Representatives 145-13, the bill goes to the Senate for its consideration.

Two Quincy Students Win Prizes In Piano Competition





BROTHER/SISTER AWARD WINNERS - South Shore Conservatory congratulates piano students Daisy Wang and Charles Wang of Quincy for having place first and third respectively in the six and under division of SSC's recent Piano Solo Competition. The siblings are both students of SSC piano instructor HuiMin Wang. Also shown here is SSC President Robert Cinnante. *Courtesy Photos*

Mite Box Thrift Shop Sidewalk Sale June 22

The Mite Box Thrift Shop located at The Parish of St. Chrysostom, 1 Linden St., Quincy, will hold its annual Sidewalk Sale Saturday, June 22 from 9:30 a.m. to 2:30 p.m.

The shop is looking for vendors who would like to have a table. The cost of tables is $25 for the day.

If interested, contact Cathy at 617-472-0737.

Two Quincy Students On U. Of Wisconsin Dean's List

Two students from Quincy are on the Dean's List for the spring semester at the University of Wisconsin-Madison.

They are:

Jackson Zhao, College of Letters and Science; and Jonathan Ho, College of Letters and Science.

$142.54M School Budget Includes 40 New Positions

Cont'd From Page 3

(RDLC). It also includes three full-time equivalent English language learner teachers and two full-time equivalent literacy teachers; those literacy teachers are currently being paid with federal ESSER funds.

The budget also adds 23.7 full-time equivalent academic support employees. Those include nine special education paraprofessionals, two occupational therapists and a principal, nurse and guidance counselor who would work at the RDLC. It also includes five family liaisons, two coordinators, and 1.7 information technology staff, all positions currently being paid for with ESSER funds.

In addition, the budget adds 7.5 full-time equivalent non-academic support employees. Those include two lunch attendants, 1.5 custodial staff, and one security staff member who would work at the RDLC. It also includes three other security staff positions who are currently paid with ESSER funds.

The proposed budget would reduce the line item for translation services from $500,000 to $300,000. Most of that $200,000 in savings would be used to increase the spending on software by $180,500, which would cover the cost of software used at the RDLC and replace ESSER funding. The remaining $19,500 would go towards other academic expenses associated with the new learning center.

During the June 6 subcommittee meeting, school board member Courtney Perdios asked about the proposed cut in the translation services line item, asking if administrators had "reached out to see if there is anything that parents or families think that we're lacking, or we could use that money for?"

Perkins said there is one item the district could use that it is not already using – equipment for simultaneous translation – but the district could afford that equipment even if the line item were reduced by $200,000.

"I think we were generous with the $300,000 that we left in there with how much we typically use in an average year," Perkins said, adding there have been significant surpluses in that line item each of the last two years, when it was funded at $500,000.

The district's family liaisons are "able to do a ton of translations," both written and verbal, Perkins stated. The school system uses a telephone translation service as well; Perkins said that company also provides the district with translation for legal documents when needed. The district also utilizes SMORE, a program that can translate items like newsletters.

"We honestly did not know what to expect when we first were increasing that line and I think we're actually doing really, really well," Perkins said. "We translate anything people ask. We never have a problem."

Perdios asked if administrators could send out questions to families of English language learners ahead of this week's committee meeting. Perkins said they would be able to do so.

The school board on June 6 held a public hearing on the budget prior to the subcommittee meeting. No one spoke at that hearing and no written comments were submitted either.

'Significant Progress' Made Against Chronic Absenteeism

By SCOTT JACKSON

The Quincy Public Schools are making major strides in addressing chronic absenteeism but more work needs to be done, in particular at the high school level.

"Even though we do remain concerned about high school, I think in general we have made significant progress as a district in our chronic absenteeism numbers," said Dr. Erin Perkins, the school district's assistant superintendent.

Perkins and Michael Marani, the district's director of curriculum, on June 6 provided an update on chronic absenteeism during a School Committee subcommittee meeting. Officials previously made a presentation on the topic during a school board meeting in February.

The state considers a student to be chronically absent if they miss at least 10 percent of days they are enrolled during the school year – for example a student who misses 18 out of the 180 days in a typical year – regardless of whether the absences were excused or not, Perkins said. During the 2022-23 school year, nearly 25 percent of Massachusetts students missed 18 or more days of school.

During the 2022-23 school year in Quincy, 14.9 percent of all students in grades 1 through 8 were chronically absent, down from 17 percent the previous year. Among the district's high school students, 26.2 percent were chronically absent in the 2022-23 school year, down from 30.9 percent from the prior year. The district set a goal of reducing chronic absenteeism in grades 1 through 8 another two percentage points and in grades 9 through 12 another three percentage points this year compared to the previous year's numbers.

Marani said 1,428 students in grades 1 through 12 were chronically absent as of May 24, which is 216 students (13 percent) fewer than the 1,644 students who were chronically as of the same date last year.

"We have seen a pretty strong decrease," he said. "The year is not over, and so we hope to see this number decrease even more. At the same time, a student that might not be on that list might be one or two days away from chronic absence and could also be added on."

The district is using accelerated academies to help reduce the number of chronically absent students by giving them a chance to make up for missed time. Marani said that 217 students had participated in an accelerated academy to date, recovering a combined 468 school days. Both those numbers could increase between now and the end of June.

"Quite honestly, we were very pleased at the elementary and middle school levels with the amount of buy in we got on the part of the students," he said. "I think one concern we all had is what is the incentive for a student to attend an accelerated academy if chronically absent is not very important to them – in other words if it is not necessarily going to impact their grade or their credits if they're at the high school level, what's the incentive?

"What I will say is the incentive has proven to be, particularly at the elementary and middle school levels, the teachers. They have just made this program so engaging for the students… These kiddos are smiling, they're having fun, they're working with one another, and it really is a nice opportunity for these students."

Marani said the district has also increased its monitoring of chronic absenteeism numbers. All principals get an automatic report each week listing every student who has missed 10 percent of the days they have been enrolled.

The increased monitoring of chronically absent students helps the district with outreach to families, Marani said. Some of those families might not know how many days it is appropriate for a student to be absent.

"If we think back to pandemic times, when in doubt, students stayed home. So, if you think about it from the perspective of a parent or a guardian who has a child, maybe their oldest child started public ed. during the pandemic. They don't have a frame of reference of what typical attendance should look like," Marani said.

"The increased communication, in particular the educating of families as to what chronically absent means – there is many parents who have said 'I just didn't know; got it' and they're right on board and boom, that partnership really blossoms…[and] they fall off that list of chronically absent."

Moving forward, Marani said the schools would stress the importance the attendance starting in kindergarten.

"It's not included in the chronic absenteeism data and I'm not suggesting it should be, but we still have to prioritize kindergarten because that is truly the year where they are forming their habits, both families and the children," he said.

"If we really focus in on incorporating education about the importance of attendance during our orientations and throughout the year, emphasizing though your child might be 5 it's still very important to attend school, if we can build those habits in kindergarten, grade 1 and grade 2, I actually think…by the time those kiddos get to high school, the positive habits will be in place."

At the high school level, Marani said students are concerned more about the credits they earn than making up for missed school days.

"We are competing a little bit with our priorities and their priorities," he said. "We are absolutely working with both high schools to figure out additional ways to incentivize and motivate students to participate in this program."

Following the presentation, committee member Paul Bregoli said it was important for the district to address chronic absenteeism. He said the district should try to determine why students are chronically absent.

"I think we've done a good job of identifying who is chronically absent," he said.

"I'd like to see us focus on why these kids are chronically absent. What's happening? Is it something in the family? Is it just a social thing that's happening now, because I don't remember this being an issue back when I taught; kids came to school.

"We can blame Covid all we want, but Covid is gone and we still have the issue of kids being tardy and not showing up for school."

Committee member Douglas Gutro called this year's number "super encouraging." He suggested reaching out to students who were once chronically absent and no longer are, or their parents, to see what changed.

"It's useful, especially when you're making progress," he said, "to reach back to the students or the parents to say 'what worked? What turned it around? Last year or the year before you were chronically absent – what was it that brought you back?' They might say 'I recovered from an injury or my family situation,' but it would be useful to know from those that have moved off the chronically absent in their own words or their parents' words what the impetus was."

Committee member Kathryn Hubley asked if families were taking long trips during the school year, like visiting relatives in another country for a month. Perkins said that does happen but is not as significant a concern as it was pre-Covid; a bigger concern is families who take weeklong vacations while school is in session.

Music Sunday At Quincy Point Congregational Church

All are welcome for worship on Sundays at 10 a.m. at Quincy Point Congregational Church, 444 Washington St. This Sunday, June 16, the church celebrates Music Sunday with melodies by The Point Handbell Ringers, the Chancel Choir, and the CrossRoads Praise Band. The church will also honor Father's Day by recognizing all the dads and father-like figures in our lives.

After worship, everyone is invited to the in the lower-level Social Hall for coffee, refreshments, and fellowship.

June 16 is also the third Sunday of the month when the church collects personal care item donations for Interfaith Social Services. Items can be dropped in the Narthex any Sunday or in the office any weekday from 9 a.m. - 5 p.m. Most needed are diapers in sizes 4, 5, 6 and female sanitary products. Visit www.interfaithsocialservices.org for other items requested.

Accessibility is important the church is equipped with an elevator on the Abbey Road side of the building and an "all access" restroom.

The weekly worship service is live-streamed every Sunday at 10 a.m. on the church YouTube, Vimeo, Facebook pages, and church website: www.quincypointcong.org. You can catch past services at any time on these platforms. You can also tune in to QATV channel 8 on Sundays at 11:30 a.m. and Wednesdays at 6 p.m. for a re-broadcast of the weekly worship service.

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AAA: Massachusetts Gas Prices Down 4 Cents, Average $3.47 Per Gallon

As Northeast gas prices notch a fifth straight week of declines on growing inventories and uninspired demand, oil and gas markets are bracing for what could be a record hurricane season.

The National Oceanic and Atmospheric Administration, citing warm ocean temperatures and the development of La Niña conditions, is predicting an above-normal Atlantic hurricane season this year. Forecasters are expecting 17 to 25 named storms, of which between 8 and 13 will reach hurricane strength. And of those, 4 to 7 are expected to develop into major hurricanes, which, depending on landfall, could cause disruption to oil and gas ports in the Southeast and Northeast.

It might require a hurricane to cause gas prices to change direction, based on current market conditions. Last week, domestic crude oil and gasoline inventories rose by 1.2 million and 2.1 million barrels respectively, according to the Energy Information Administration. At the same time, gasoline demand slipped 2.2 percent to 8.9m barrels a day, which is not unusual for the post-Memorial Day period, but a larger drop than in recent years. For example, last week saw 300,000 fewer barrels per day of demand than last year.

The average gas price in Massachusetts is down four cents over last week ($3.51), averaging $3.47 per gallon. Monday's price is 11 cents lower than a month ago ($3.58) and is six cents lower than June 10, 2023 ($3.53). Massachusetts's average gas price is three cents higher than the national average.

"Drivers will appreciate cheaper gas in June as supply continues to outpace demand, but market watchers should keep their eyes peeled on the Atlantic Ocean in addition to the current price at the pump," said Mark Schieldrop, Senior Spokesperson, AAA Northeast.

Remove Items From Cemeteries By June 30

The Cemetery Board of Managers requests the removal of all items from gravesites at the City of Quincy cemeteries by June 30.

The only exception will be planted flowers. This will ensure that the cemeteries will be properly maintained and safe for city employees and visitors.

A Job Well Done

By OFFICER GREGG HARTNETT
Public Information Officer
Quincy Police Department

On Sunday, May 26, Officer Sean Klimas was driving on Coddington Street approaching the intersection at Southern Artery.

At about 4:40 p.m., he witnessed two males operating mopeds southbound on Southern Artery with no helmets on. He activated my emergency blue lights at the intersection of Coddington Street and Southern Artery, attempting to conduct a motor vehicle stop however, the individuals on the mopeds disregarded his emergency blue lights and siren and continued southbound on Southern Artery. He notified dispatch of the incident and turned off his blue lights near Stop and Shop on Southern Artery.

The two suspects got caught up in regular afternoon traffic. Officer Klimas was able to keep a visual on the two suspects fleeing on the mopeds. They turned from Southern Artery onto Washington Street heading southbound. Officer Klimas from a distance observed them turn into the Jiffy Lube located around the 600 block of Washington Street.

Dispatch was updated dispatch and additional units were sent to the area. Officer Klimas made contact with one of the suspects, who attempted to drive away, refusing to place his hands behind his back and resisting arrest. After a brief struggle, the suspect jumped onto the back of the other suspects moped and they fled.

Officers Watkins, Burga and Chenette located both suspects at the corner of Cleverly Court and Washington Street. They were both placed into handcuffs and taken into custody. Both mopeds had destroyed ignitions and were towed.

One suspect was charged with moped violation (helmet), failure to stop for the police, receiving a stolen credit card, resisting arrest and receiving stolen property - $1,200 (moped).

The second suspect was charged with a moped violation (helmet), failure to stop for the police, resisting arrest, receiving stolen property -$1,200 (moped) and assault and battery on a police officer.

Both were later arraigned at the Quincy District Courthouse. Job Well Done!

QUINCY POLICE CRIME AWARENESS JOURNAL

Entries submitted by the Quincy Police Department

FRIDAY, MAY 31

BREAKING AND ENTERING/PPROGRESS (male), 12:42 a.m., Franklin Place. Report to be filed.

LARCENY (tools), 6:52 a.m., 90 block of Quarry Street. Caller states tools taken from construction site next to dog park overnight. Report to be filed.

SHOPLIFT (various items), 7:13 a.m., Home Depot. 465 Centre St. Property was recovered by the business. Suspect fled the area. Report to be filed.

SHOPLIFT (2 females shoplift) 12:07 p.m., Stop and Shop Supermarket, 495 Southern Artery. Trespass notice issued by Loss Prevention officer. Suspect sent on the way.

SHOPLIFT (just occurred), 12:56 p.m., Stop and Shop Supermarket, 65 Newport Ave. Trespass notice issued by store employee. Suspect advised and sent on the way.

SHOPLIFT (male out front), 2:49 p.m., TJ Maxx, 100 Granite St. Unable to locate suspect. Store provided case number.

LARCENY (stolen phone), 4:14 p.m., Father Bill's Place, 39 Broad St. Phone was returned, peace restored. No further action requested by caller.

SHOPLIFT (female), 6:11 p.m., Walmart, 301 Falls Blvd. Suspect trespassed in presence of Loss Prevention. Items returned. Suspect sent on way.

VANDALISM/PROPERTY (flowers), 6:42 p.m., 200 block of Wilson Avenue. Caller states that her flowers are cut in her front yard and one of her solar lamps was damaged. Report to be filed in case there are more instances in the future.

SATURDAY, JUNE 1

DISORDER (two males arguing). 9:47 a.m., Quincy Dog Park, 99 Quarry St. All involved advised, sent on way and peace restored.

BREAKING AND ENTERING/MOTOR VEHICLE (overnight), 10:15 a.m.. Lincoln Heights Condos, 175 Centre St. Report to be filed.

LARCENY/MOTOR VEHICLE (Piaggio motorcycle), 11:26 a.m., 88 North Bayfiled Rd. Stolen MV form and report filed.

LARCENY/WALLET (credit cards), 12:52 p.m., 500 block of Newport Avenue. Report filed.

LARCENY/BIKE (Huffy bike), 2:19 p.m., Faxon Commons, 1015 Southern Artery. Report to be filed.

BREAKING AND ENTERING/MOTOR VEHICLE (wallet), 4:23 p.m., 160 block of Atlantic Street. Report filed.

BREAKING AND ENTERING/PAST (dwelling), 11:54 p.m., 330 block of Washington Street. Report filed.

SUNDAY, JUNE 2

DISORDER (Uber driver), 1:39 a.m., 10 Merrymount Ave. No issues now - advised.

DISORDER (Door Dash driver), 1:43 a.m.,Wendy's Restaurant. 520 Southern Artery. Gone on arrival. Advised.

VANDALISM/PROPERTY (rear car window), 11:46 a.m., 1015 Southern Artery. Object inside car that smashed glass window - looks like another car door handle. Report to be filed.

SHOPLIFT (female), 1:20 p.m., Walmart, 301 Falls Blvd. Report filed.

SHOPLIFT, (male), 4:11 p.m., CVS Pharmacy, 321 Quincy Shore Dr. Report to be filed.

SHOPLIFT (two suspects), 7:07 p.m., CVS Pharmacy, 321 Quincy Shore Dr. Report to be filed.

SHOPLIFT (no longer on scene), 9:54 p.m., Walmart, 310 Falls Blvd. Store to handle. Store recovered all of the merchandise.

WORKING FIRE (fire outside), 11:23 p.m., Perry Beach, 20 Bayswater Rd. QFD handled. Juveniles advised and picked up by parents.

MONDAY, JUNE 3

BREAKING AND ENTERING/PROGRESS (hand in window), 1:36 a.m., 40 block of Bradford Street. Suspect gone on arrival. Report filed.

BREAKING AND ENTERING/PAST (dwelling), 9:17 a.m., 330 block of East Squantum Streeet. Report to be filed.

SHOPLIFTING (holding one), 11:18 a.m., Target 289 Hancock St. Trespass issued. Suspect sent on the way.

SHOPLIFT (grill stolen), 11:59 a.m., Home Depot, 177 Willard St. Report filed.

VANDALISM/PROPERTY (windshield), 12:47 p.m., 1015 Southern Artery. Case number given.

LARCENY (portable AC), 4:34 p.m., Walmart, 301 Falls Blvd. Caller states she is at Walmart and had a portable AC stolen. Report to be filed.

TUESDAY, JUNE 4

LARCENY (packages), 10:49 a.m., Packards Lane. Report filed.

VANDALISM/PROPERTY (tagging), 12:54 p.m., YMCA, 79 Coddington St. Requests frequent checks.

VANDALISM/PROPERTY (tires slashed), 12:58 p.m., 50 block of Summer Street. Report filed.

SHOPLIFT (male party), 4:31 p.m., Walgreen Pharmacy, 132 Granite St. Suspect issued trespass notice by manager and sent on way. Items returned.

SHOPLIFT (just fled), 5:15 p.m., Walgreen Pharmacy, 132 Granite St. Store to handle. Suspect was gone on arrival.

SHOPLIFT (male), 9:32 p.m., Target. 289 Hancock St. Male was gone on arrival. Store to handle and will call if he returns.

WEDNESDAY, JUNE 5

DISORDER (in progress), 1:55 a.m., 200 Parkingway. Three males sent on the way. Peace restored.

DISORDER (youth), 2:51 a.m., 100 block of Madison Avenue. Group of youths fighting. Verbal argument - several youths gone on arrival. Peace restored. Units to check the area.

VANDALISM/PROPERTY (eggs thrown at house), 6:32 a.m., 30 block of Elmwood Avenue. Frequent checks requested - no damage.

LARCENY (keys), 11:47 a.m., 50 block of South Street. Report to be filed.

SHOPLIFT (just fled), 12:56 p.m., Walgreen Pharmacy, 418 Quincy Ave. Suspect fled towards Auto Zone. Unable to locate suspect. Store to handle.

SHOPLIFT (female still in store), 1:35 p.m., CVS Pharmacy, 321 Quincy Shore Dr. Trespass notice isssued. Store to handle. Female sent on way.

DISORDER (female), 2:27 p.m., Prestige, 9 Franklin St. Arguing about a refund. Peace restored. All advised.

DISORDER, 2:37 p.m., Walmart 301 Falls Blvd. Argument with customer service. Peace restored and all advised.

DISORDER (two females), 8:02 p.m., YMCA, 79 Coddington St. Two females arguing in the pool area. Peace restored. No disturbance.

DISORDER (party), 8:54 p.m., China Restaurant Sports Bar, 685 Hancock St. Customer refusing to pay their bill. Customer paid bill. Peace restored.

DISORDER (two males), 10:33 p.m., Tilden Commons Drive and Victory Road. Caller was driving by and two men are screaming at each other. Officers check the area unable to locate a disturbance.

THURSDAY, JUNE 6

BREAKING AND ENTERING/PAST (construction site), 9:42 a.m., 1200 Crown Colony Dr. Report filed.

SHOPLIFT (male/detained), 1:28 p.m., Home Depot, 177 Willard St. Trespass notice issued. Suspect sent on the way and advised.

DISORDER (road roage), 3:07 p.m., John Street. Incident started in Boston. One operator left prior to the officers' arrival. Other operator advised and sent on the way.

DISORDER (neighbors), 4:46 p.m., 50 block of Holmes Street. All advised. Peace restored.

DISORDER (refusing information), 4:59 p.m., Scrub A Dub, 495 Southern Artery. Disturbance regarding a fender bender. Papers exchanged, peace restored.

VANDALISM/PROPERTY, 5:50 p.m., 20 block of Smith Street. Scooters damaged. Report to be filed.

VANDALISM/PROPERTY (back window smashed), 6:21 p.m., 15 Foster St. Caller states she just came out and found her back car window broken into. Case number provided. Vandalism, not a breaking and entering. Report to be filed.

SHOPLIFT (male), 6:56 p.m., Walmart, 301 Falls Blvd. Store to handle. Items were recovered and suspects fled.

DISORDER (in progress), 7:15 p.m., 1 Arlington St. Disturbance outside of the hotel. Peace restored.

DISORDER (disagreement), 7:29 p.m., 50 block of Winter Street. Peace restored, all involved advised of Harassment Protection Order process.

SHOPLIFT, 7:35 p.m., BJs, 200 Crown Colony Dr. Employee has video footage of theft and a plate number. Report filed.

Movie Review: "Bad Boys: Ride or Die"

By BOB GARVER

I'm not going to go into a lot of depth about the story in "Bad Boys: Ride or Die." Miami detectives Mike Lowery (Will Smith) and Marcus Burnett (Martin Lawrence) are back to have another cop adventure. They do some investigating, clash with superiors, run afoul of bad guys, the bad guys endanger their loved ones, and then there's a big showdown with the bad guys at the end. There's no suspense in predicting that the movie will stick to that formula. The real suspense comes from wondering what the action scenes will entail, what jokes will be cracked, and, this being a "Bad Boys" movie, how ridiculous it will all be. With that in mind, I have some thoughts…

• Will Smith is back! The A-lister's career has gone through some major ups and downs the past few years, with the pinnacle of each coming at the same Oscars' ceremony. He was unofficially suspended from the limelight for a while, but this movie marks his comeback. And I'm glad to have him back, with his blockbuster presence as strong as ever, if not with a sharper edge. Fans are eager to find out if and how the film will address Smith's real-life bad boy behavior. I'll give you this tease: someone gets slapped in this movie.

• Martin Lawrence is back too. I don't have much to say for his star power, but I will praise his performance. Marcus suffers a heart attack early in the movie and spends much of his screentime spouting apparent nonsense about his experience in a coma. In the time since I saw this movie, I have encountered no fewer than two individuals on the New York City subway with similar tendencies. They made me appreciate Lawrence's cadences in this movie. I don't know if it's research or just keen observation, but he's really got it down.

• The evil plan of bad guy McGrath (Eric Dane) involves framing Captain Howard (Joe Pantoliano), Marcus and Mike's longtime superior who was killed in the last movie. The plan makes zero sense, since it draws attention and scrutiny to crimes that probably would have otherwise gone unnoticed. Howard himself has a sizeable presence in the movie, with everything from memorial photos and news footage to pre-recorded messages and appearances during near-death experiences. We know the characters miss him, but how can we miss him if he won't go away?

• Howard warns Mike and Marcus that there's been a decades-long cartel mole in Miami. Realistically, how many characters could this be? Fellow team members played by Vanessa Hudgens and Alexander Ludwig are too young. Howard's daughter (Rhea Seehorn) is a U.S. Marshall that probably doesn't even live in Miami. I suppose it could be new captain Secada (Paola Nuñez), but I can't help but notice that she's engaged to a smarmy politician (Ioan Gruffudd). Does the movie realize which of these two is the obvious suspect and who would count as subversive?

• To get information on the mole, Mike and Marcus have to interview Mike's imprisoned son Armando (Jacob Scipio) from the last movie. Eventually the three have to work together to combat the bad guys. I was skeptical about bringing Armando back, thinking that the character might not be interesting enough to span multiple movies. But I had nothing to worry about, Scipio makes a good action hero, better than he did a villain.

• But Armando's return has nothing on Reggie (Dennis McDonald), Marcus's notoriously-bullied, seemingly-unmotivated son-in-law. Turns out Mike isn't the only one with a family member with action chops. As I was leaving this movie, nobody was talking about Will Smith, everybody was talking about Reggie. And I'll say that Reggie is just what the movie needs to bump it up to a recommendation. I was on the fence about where I stood on the whole "it's dumb, but it's supposed to be dumb" attitude that these movies embrace. But with Reggie, "Bad Boys: Ride or Die" has enough heart to cover the missing brain.

Grade: B-

"Bad Boys: Ride or Die" is rated R for strong violence, language throughout and some sexual references.

Two Residents On Dean's List At Saint Anselm College

Two students from Quincy have been named to the Dean's List for the spring semester at Saint Anselm College in Manchester, N.H.

They are:

Thomas Murray, criminal justice, Class of 2026; and Emily O'Malley, educational studies: elementary education, Class of 2024.

Quincy 675 Toastmasters 75th Anniversary June 24

Quincy 675 Toastmasters will celebrates its 75th anniversary June 24, with a private party at the Break Rock Brewery at Quincy's Marina Bay.

From 1949 to present, the club has helped people to improve their public speaking, whether in a work setting or addressing audiences nationally.

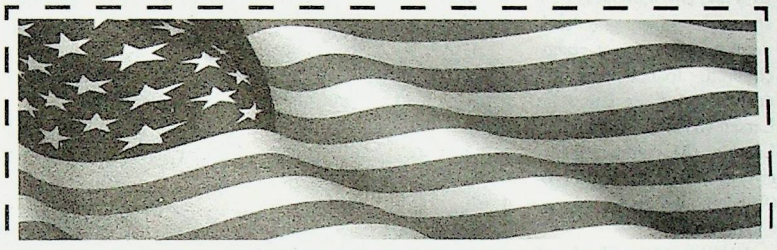
State Sen. Walter Timilty, Mayor Thomas P. Koch and officials from Toastmasters International will be on hand to celebrate one of the largest and oldest club chapters in Massachusetts.

Today, Quincy 675 has almost 40 members of diverse backgrounds and careers, and meets on Monday nights at 7:15 p.m. at the third floor Anselmo Library of Quincy College, 1250 Hancock St. under the leadership of President Elizabeth Thomas of Milton. Next fall, President-elect Madhu Natarajan of Quincy will preside.

In 1949 Quincy 675 was chartered and Kenneth A. Lindsay served as its first president. At that time, clubs were chartered sequentially throughout the globe, making the club one of the earliest to be founded; thus, the significance of 675. Meetings were held at what was known later as the Fore River Recreational Center at Quincy's Fore River Shipyard. The club's last meeting was held there in 2020 before moving to Quincy College. Historically, there were separate clubs for Toastmasters and Toastmistresses, and it wasn't until 1973 that men and women could form club chapters together.

Public speaking is a common fear that affects one's ability to communicate well in personal and professional circles. Whether English is a second language, or one looks to speak up in groups, or to give effective presentations, or perhaps to launch a public speaking career, Toastmasters International has helped millions, and Quincy 675 Toastmasters is one of the state's most welcoming and effective club chapters.

For more information, visit: https://quincy675.toastmastersclubs.org/.



FLAGS FOR VETS ISLAND
SQUADRON 294
Bricks for Veterans Program

Honor, Memorial Bricks Available For Purchase

The Sons of the American Legion, Squadron 294, Morrisette American Legion Post in Quincy has resumed selling engraved honor and memorial bricks for its "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

Bricks are available for $50 each. The bricks can be inscribed with a veteran's name, rank and branch of service. Two sample bricks appear above.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank:_____

Line 2: Branch of Service: _____

Bricks cost $50 each

Send this form and check to:
S.A.L. Squadron 294
81-83 Liberty Street
Quincy, MA 02169

For more information or to order, call 617-407-1841

Quincy Access Television
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Quincy, MA 02169

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Public Access Channel 8	Government Access Channel 9
Thursday, June 13 6:00pm: Bethany Congregational Church 8:00pm: QHS Graduation	Thursday, June13 4:00pm: Board of License Commissioners 6/4 5:00pm: Zoning Board of Appeals 6/4
Friday, June 14 11:30am: LIVE: Currently in Quincy 7:00pm: NQHS Graduation 9:00pm: QHS Graduation	Friday, June 14 7:00pm: Health Links: Trauma Awareness 8:00pm: Planning Board 5/15 10:00pm: Senior Olympics 2024 Highlights
Saturday, June 15 12:00pm: NQHS Graduation 7:20pm: LIVE: Flag Day Celebration	Saturday/Sunday, June 15/16 9:30am: For Your Health: Smoking & Pregnancy 4:00pm: Board of License Commissioners 6/4 5:00pm: Zoning Board of Appeals 6/4 7:00pm: City Council & Finance Committee 6/3 10:00pm: Board of License Commissioners 6/4 11:00pm: Zoning Board of Appeals 6/4
Sunday, June 16 11:30am: Quincy Point Church Good News 1:00pm: The Call	
Monday, June 17 11:30am: LIVE: Currently in Quincy	Monday, June 17 6:00pm: Media Advisory: QPD Swearing-in Ceremony 6:30pm: LIVE: City Council & Public Hearing
Tuesday, June 18 7:00am: LIVE: AM Quincy w/Joe Catalano 8:00pm: Flag Day Celebration	Tuesday, June 18 4:00pm: LIVE: Board of License Commissioners 6:00pm: LIVE: Zoning Board of Appeals
Wednesday, June 19 6:00pm: Quincy Point Church Good News 7:00pm: The Call	Wednesday, June 19 6:30pm: For Your Health: Smoking & Pregnancy

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

OBITUARIES

Joanne M. Sheridan, 95

JOANNE M. SHERIDAN

Joanne Marie Laporte Sheridan, 95, died peacefully at home on May 26, 2024.

Joanne was born on Jan. 5, 1929, in Englewood, New Jersey, the daughter of Léo Frédéric Laporte and Beatrice Giacobbe, and raised in Leonia, NJ.

She majored in anthropology at New York University. She later earned a master's degree in education at Boston State College and taught elementary and middle school in Quincy (MA) Public Schools for over two decades, a career for which she was grateful to be able to guide students to become better versions of themselves.

Joanne was the beloved wife of Bob Sheridan and was survived by their two sons and two daughters (and spouses); nine grandchildren; and three great-grandchildren. Joanne was the dear sister of the late Julia Larsen (Irving); brother Léo Laporte (Margaret); sister-in-law Mary Margaret Fox (Robert); and many nieces and nephews.

Joanne and her husband were married on Jan. 8, 1955, in Leonia, NJ, and together they shared 69 years of loving marriage. They raised their family in Quincy, Mass. In recent decades, the two resided in Kennebunk, ME.

Joanne was a loyal friend, a good listener, a life-long learner, and a "feminist" – in the context of that bygone era, and well before that word came into everyday usage. She was a leader, and one whose knowledge and judgment were sought out by family, friends, and colleagues.

Joanne had a strong but understated faith in God.

Joanne had an enduring passion for the world of ideas, was a voracious reader, a strong promoter of education, and avid traveler. Joanne maintained a range of hobbies and pursuits. In recent decades, she followed her passion for botany, earning a certificate in this field, and spending years exploring, teaching and learning about the plant kingdom and its many wonders – particularly lichens!

Above all else, Joanne loved her family, and was fiercely proud and protective of her husband, children, grandchildren and great-grandchildren. We miss her dearly.

Joanne and her family also extend their warmest appreciation to Rhonda Conley, of Alfred, Maine, who provided extraordinarily kind and loving care to Joanne in her final months of life.

A memorial service will be held at a future date.

In lieu of flowers, memorial contributions may be sent in Joanne's name to the Wells Reserve and Laudholm Farm, in Wells, ME.

To share a memory or leave a message of condolence please visit Joanne's Book of Memories Page at www.bibberfuneral.com.

Arrangements are in the care of Bibber Memorial Chapel, 67 Summer Street, Kennebunk, ME 04043.

Edward J. Bouzan, 87

EDWARD J. BOUZAN

Edward J. Bouzan, 87, of Quincy passed away at the Hancock Park Rehab and Nursing Home, in Quincy, on June 6, 2024. Edward was born in Boston on Aug. 29, 1936, to the late Michael Leo and Eileen Rose (O'Sullivan) Bouzan formerly of Pembroke. Edward grew up in South Boston.

He was the loving husband to Barbara L. (Lewis) Bouzan for 69 years. Father of Deborah Harris and her husband Steven of S. Carolina, Edward M. Bouzan of Quincy, Richard J. Bouzan and his wife Barbara of Abington. Loving brother of Linda Varitimos and her partner Manny Tavares of Halifax, and the late Janice Meehan, Kathryn Zenahlik and John "Jack" Bouzan. Edward was the cherished grandfather of Theresa, Timothy, Nicole and Michael. Also survived by 5 great grandchildren.

Visiting hours were held Tuesday, June 11, 2024 at the Hamel-Lydon Chapel, 650 Hancock St., Quincy, followed by a Catholic Prayer Service.

At the family's request, interment will be private. Donations may be made in Edward's name to www.parkinson.org. Funeral arrangements are under the compassionate care of Hamel-Lydon Chapel. For more information and condolences please visit www.hamellydon.com.

Cathal 'Stumpy' Nolan, 59

CATHAL 'STUMPY' NOLAN

Cathal "Stumpy" Nolan, 59, born on Nov. 15, 1964, in Dublin, Ireland, passed away peacefully on June 2, 2024, surrounded by his loving family after a courageous battle with cancer. Cherished husband of Mary Jane Di Pesa Nolan, son of Marie Nolan and the late Finian Nolan. Brother to Daire Fogarty, Ciara Murphy, Fergal Nolan, Bláithín Nolan, Ruairí Nolan, Lorcan Nolan, Ríonach Day, and the late Conleth Nolan. Also survived by many nieces and nephews.

Stumpy's journey from Dublin to Boston, MA began on June 4, 1985, where he initially made his mark selling t-shirts at a cart in downtown Boston.

His career took a significant turn when he joined GVW, Boston, as a laborer, where he discovered his passion for plumbing. This passion led him to establish Nolan Plumbing in 2004, a venture that thrived under his dedication and hard work.

Stumpy married the love of his life, Mary Jane "MJ" DiPesa, on June 8, 2002. Together, they shared a life filled with joy and companionship. Stumpy was also a devoted doggy dad to his beloved pets, Dude and Bo.

Stumpy could often be found at the local Irish pub, enjoying the company of his wife and their many friends. He was an avid crossword enthusiast and never missed his Sunday ritual of reading the Boston Globe and the New York Times.

Stumpy's legacy is one of determination persistence, and his unwavering commitment to his family and friends. He will be deeply missed by all who were lucky enough to know him. Stumpy's daily motto was KISS, "keep it simple stupid," therefore suits are not required.

A Mass of Christian Burial was celebrated Saturday, June 8, in St. Agatha's Church, 432 Adams St., Milton. Visiting hours were held prior to the Mass in the Hamel-Lydon Chapel, 650 Hancock St., Quincy, MA.

Paul R. Casey, 90

Paul R. Casey, age 90, of Quincy, died peacefully, Saturday, May 25, 2024 at Hancock Park Rehabilitation and Nursing Center.

Paul was born in Boston, to the late Leo J. and Marguerite M. (Kinch) Casey. Raised and educated in Boston, he was a graduate of Boston College High School, Class of 1956. He was also a graduate of the former Columban Fathers Seminary in Milton and later received degrees from Boston University and Syracuse University. He lived in Quincy for many years.

He was employed as a reading teacher and administrator with the Brockton Public Schools for over twenty years.

Paul was a quiet man of faith and a regular visitor at Glastonbury Abbey in Hingham and Saint Joseph Abbey at the Trappist monastery in Spencer where he made many friendships.

He was also an avid reader.

Beloved brother of the late Elaine M. (Casey) Long and her late husband Joseph M. Long.

Devoted uncle of Suzanne M. Brigham and her husband Stephen C. Brigham, M.D. of St. Michaels, Md., Michael J. Long and his wife Sandra of Norwell, and Joseph P. Long and his wife Maureen of Scituate.

Loving great uncle of Amy S. Widding and her husband Erik of Boston, Daniel J. Brigham and his wife Teresa Girolamo of Kan., Caitlin E. Long of Boston, James C. Long of Boston, Brendan T. Long, and Kevin J. Long, both of Scituate.

Cherished great-great uncle of Anders R. Widding and Peter Casey Long.

A Funeral Mass was celebrated in Saint John the Baptist Church, 44 School St., Quincy, on Monday, June 10. Interment at St. Joseph Cemetery, West Roxbury. At the request of the family, visiting hours were omitted.

For those who wish, donations in Paul's memory may be made to the Brockton Public Schools, c/o Office of the Superintendent, 43 Crescent St., Brockton, MA 02301.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy. You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

John M. 'Jack' Spataro, 89

JOHN M. 'JACK' SPATARO

John M. "Jack" Spataro, age 89, a lifelong resident of Quincy, died peacefully, Saturday, June 8, 2024 at South Shore Hospital in Weymouth.

Jack was born in Boston and raised in Quincy.

Jack had a lifelong interest in fire service and enjoyed his friendship with members of the Quincy Fire Department, especially Engine 5 in West Quincy. He enjoyed woodworking and was also talented at painting, especially caricatures.

Beloved son of the late Matthew J. and Leah E. (Whelan) Spataro.

Dear brother of Janet D. Battista of Bangor, Maine, and her late husband Luigi.

Jack is also survived by three nieces, cousins, and extended family.

A Funeral Mass will be celebrated in Saint John the Baptist Church, 44 School Street, Quincy, on Wednesday, June 12, at 10 a.m. Relatives and friends are invited to attend. Visitation at the church prior to the Mass from 9:00 – 9:45 a.m. Interment Blue Hill Cemetery, Braintree.

For those who wish, donations in Jack's memory may be made to WORK Inc., Attn: Susan Buckley, 25 Beach St., Dorchester, MA 02122 or United Cerebral Palsy of MetroBoston, 71 Arsenal St., Watertown, MA 02742.

The Spataro family would like to acknowledge Jack's devoted caregivers for the compassionate and loving care provided to Jack over these many years.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy. You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

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Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

Honor Your Loved One's Memory With Flowers
cliffords.com
1.800.441.8884

More Obituaries online at www.TheQuincySun.com

Mary D. Lucier, 98

Mary Dorothea (Riordan) Lucier passed away peacefully at home on Wednesday, May 22 with her children and close friends at her side. She was 98.

Mary was the child of the late Grace (Janvrin) Riordan and Thomas Riordan. She was pre-deceased by her first husband, Walter Leo Bailey, who was the father of Grace and Eileen, and second husband, Walter Lucier, who was the father of Walter and Joseph. She was also predeceased by her long term friend, the late Bill Benoit.

One of 14 children, Mary is survived by her sisters Elizabeth Lucier of Randolph and Bertha Runnals of Stoughton; her children, Grace Rosemond (and her partner Peter Collins) of Pembroke, Eileen Walsh and her husband Paul of Weymouth, her sons Walter (and his partner Rashmi Vasudeva) and Joseph Lucier, both of Quincy; six grandchildren, Colleen and Charlene Rosemond, Nancy Grogan, Paul and Patrick Walsh, and Walter Lucier; and six great-grandchildren, Marisa Montenegro, Camyrn and Dylan VonDette, Chace MacDonald, and Declan and Brayden Walsh. Mary was also the grandmother of the late Christine Rosemond.

Her late siblings include sisters Eileen Fallon, Viola Parker, Grace Hurley, Rita Hartigan, Thelma Cuddy, Lorraine Jackson, Gloria James, and brothers Anthony, Paul, Thomas and William Riordan.

Born in Boston, Mary grew up in the neighborhoods of Roxbury, Mattapan, and Hyde Park. She raised her children in Roxbury, Jamaica Plain and Dorchester. She also lived briefly in Braintree then settled in Quincy 50 years ago.

As a young woman during World War Two, Mary joined millions of other women working in war production industries, operating a drill press at the South Boston Gillette factory which had converted to war production. For almost 30 years, Mary was associated with the Quincy Community Action Program, first as a volunteer and later as a member of the Board of Directors, serving with her special friends, directors Beth Ann Strollo and the late Rosemary Wahlberg. Her activities with QCAP earned her recognition from the Quincy City Council, the Mass. State Senate and the Mass. House of Representatives, whose member Bruce Ayers was a long-time friend and a supporter of individuals with disabilities. As a survivor of childhood polio, Mary was an early advocate for handicapped accessibility for public buildings and for curb cuts to make sidewalks accessible for wheelchair-bound persons by serving on Quincy's first Commission on Handicapped Affairs, an advisory committee established for the implementation of the American with Disabilities Act. She also served as founder and President of AID, Aid to Individuals with Disabilities, an advocacy organization for handicapped persons. Her service and advocacy for handicapped persons earned her an award from the Mass. Rehabilitation Commission. She was also a member and volunteer with the New England and South Shore Post Polio support groups. Her volunteer work included service with the South Shore Coalition for Human Rights, working with her special friends, the late Abe Cohen and the late Enid Lubarsky. She was proud to be an advocate and liaison for persons seeking emergency food, housing and counseling services, serving as a member of the Quincy Housing Authority. Because of her service to Quincy, the city's chapter of AARP honored her at a National Women's Month luncheon. For almost 30 years, Mary was a volunteer and participant with the Simon of Cyrene Society, an organization founded by Sr. Peggy Youngclaus and the late Fr. Tom McDonald. The society provided a monthly luncheon and Catholic Mass for persons with disabilities. Mary completed a pilgrimage with the society to Medjugorje, where she believed Blessed Mother Mary appeared to the faithful, and was blessed there.

Mary was a graduate of Mansfield Beauty Academy. Although never trained in music, Mary could sing and play piano "by ear," having grown up in a musical family led by her mother Grace, who had studied music and learned to play the piano. It was Grace who inspired an informal family "orchestra," and the "Riordan Quartet" of her children, several who would perform professionally as adults. Mary was always quick with a tune from her youth, especially Irish American songs such as, "When Irish Eyes are Smiling," "My Wild Irish Rose," and "Oh Danny Boy," plus a number of other popular tunes such as, "You Are My Sunshine," "Battle Hymn of the Republic," "Home on the Range," "Nothing Could Be Finer," "St. Louis Blues," "That Old Feeling," and hundreds of others. But her musical interests were vast: she also loved melodies by the Beatles, songs from the Great American Songbook by Rod Stewart, and anything by 1960s star Engelbert Humperdinck. Without a doubt her favorite singer, and actress, was Judy Garland, whose version of "Somewhere Over the Rainbow" was her all-time favorite song.

Mary held a special place in her heart for her friend and professional Irish singer Margaret Dalton McCarron who arranged for her colleague, renowned Irish singer Dan O'Donnell, to pay Mary a home visit with a song. Even when watching television, Mary sought out musical programs, being a favorite fan of "Going My Way," Catholic TV's sing-along show hosted by Fr. Chris Hickey, Pastor of Holy Mothers Collaborative, Hanover. She also loved "America's Got Talent" and "Dancing with the Stars."

One of Mary's favorite hobbies was visiting yard sales and collecting Knick Knacks, which were displayed throughout her home.

Like many women of her generation, Mary learned to drive later in life, and when she could no longer do so, she loved to go for rides to her favorite spots, Castle Island, Nantasket Beach, and Hampton Beach. She also enjoyed a vacation in the Bahamas.

Mary's later years were assisted and made joyful by her "miracle worker" aides and friends Keteline, Laverne, Antonietta, Marie, Zola, Rose, Margaret, Margo, Sarah and Lelia.

Mary's service was handled by Mann and Rodgers Funeral Home, Jamaica Plain. Her Funeral Mass was at Our Lady of Lourdes Catholic Church, Jamaica Plain, and she was interred at Mt. Hope Cemetery, Boston, all on June 4.

In lieu of flowers, donations can be made to the Quincy Community Action Program, 1509 Hancock St., Quincy, MA 02169 and the Simon of Cyrene Society, P.O. Box 54, South Boston, MA 02127.

NOTICE TO READERS

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Ruth E. Doyle

RUTH E. DOYLE

Ruth Evelyn Morrison Doyle died peacefully surrounded by her loving family on June 4th, 2024.

Ruth was born to Alfred Hugh Morrison and Cecelia May Morrison on Sept. 19th, 1929 in New York. Her siblings included Joan, Alfred, Ronald, and Kenneth. She was predeceased by her parents, siblings, and her daughter, Pamela Doyle.

Ruth started her family in Quincy after moving to Massachusetts in her teenage years from New York City. She leaves behind seven of her children and their spouses: Joan Harris of Brockton, MA; John Doyle & his wife Karen Doyle of Manassas, VA; Judith Guppy of Brockton MA; Karen Doyle & her husband Daniel Dowcett of Reading, MA; Brenda Flaherty of Quincy, MA; Steven Doyle & his wife Lori Doyle of Quincy, MA; and Sandra Plant of Abington, MA. She was a loving Nana to 23 grandchildren, 33 great-grandchildren, and 2 great-great-grandchildren. She was also Aunt to many nieces and nephews, including Linda Morrison Grimmett who was always there to help her with anything, anytime. She also leaves behind her beloved cat Harrison (Blackie), who loved to nap on her lap any time of day.

Ruth earned her GED in 1979 and went on to receive her Associate's degree from Quincy College in 1983–the same year that her youngest daughter graduated high school. She was very proud of these accomplishments. Ruth worked at Long Island Hospital in Boston and then Mattapan Hospital until her retirement. She was very active in her parish at Saint Boniface Church, volunteering for bingo and other community events. She also spent many years involved with QCAP, helping to improve the lives of her neighbors and the underprivileged in Quincy.

Ruth was well known for her crocheting; her work was true craftsmanship and artistry. She donated her creations to nursing homes and veterans, made blankets, cloaks, hats, mittens, etc. for family members who asked, and was always making baby blankets for all the new babies that were born to so many who knew her. She leaves behind many skeins of yarn as she loved to always have some on hand. One thing many of us will miss are the cards that appeared on every birthday & holiday. She knew every person's birthday that she ever knew in her life and made sure to always get a card to her loved ones, no matter the holiday or occasion.

Ruth will be missed dearly by her family and the friends who knew her best. We know she is now at peace as she lived a wonderful life of 94 years with so many stories to tell. "Whatever!"

More Obituaries online at www.TheQuincySun.com

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DIRECTORS
Christopher P. Goulet, Sr.
Michelle A. Lydon

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650 Hancock Street, Quincy, MA 02170

LEGAL NOTICE

CITATION ON PETITION TO CHANGE NAME
Docket No. NO24C0132CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate
and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:
Linda Fay Henderson

A **Petition to Change Name of Adult** has been filed by

Linda Fay Henderson of **Quincy, MA**

requesting that the court enter a Decree changing their name to:

Linda Fay Henson

IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Norfolk Probate and Family Court before 10:00 a.m. on the return day of 06/26/2024.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: May 22, 2024
COLLEEN M. BRIERLEY
Register of Probate

6/13/24

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO24P1076EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Jean A. Athas
Date of Death:
February 01, 2024

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Stephen F. Rusteika, Jr.** of **Boston, MA**

a Will has been admitted to informal probate.

Stephen F. Rusteika, Jr. of **Boston, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

6/13/24

OBITUARY

Dimitri Ayoub

Dimitri Ayoub passed in his home on June 7, 2024 after having been cared for by the wonderful Hospice Nurses from NVNA in Norwell. Born in Boston, MA on Sept. 11, 1957, he later moved to Quincy, where he spent the rest of his days.

He was the son of the late George Ayoub Sr. and stepson of the late Salvatore Gentile Sr.

He leaves behind the light of his life, his daughter Jesse, and the love of his life, Gayle. Also, his siblings, George Ayoub Jr., Pamela Gentile, Kelly Gentile, Salvatore Gentile Jr., as well as many nieces and nephews and sisters-in law and brothers-in-law. He is now reunited in the afterlife with his big brother, David Ayoub.

Back in the day he was a chef at The Top of The Hub,

DIMITRI AYOUB

The Bay Tower Room, Cohasset By The Sea and MIT to name a few. He hung up his apron to become "Mr. Mom" to daughter Jesse for her entire juvenescence. They were a dynamic duo!

He was a lifelong Bruins fan, although admittedly, a better fan when they were winning!

Dimitri was unique, he didn't quite see things the way others do, which made him an interesting character.

He loved Elvis and his music as much as he loved old classic movies (although to be clear, he did not love Elvis movies!). He could tell you anything about an old movie and its actors. He especially admired James Cagney.

Dimitri was beyond funny. Whether he was dressed as the Grinch at Jesse's Girl Scout Christmas party, or in a tuxedo, he could make you laugh until your belly hurt.

In lieu of flowers, please consider making a donation to the Pete & Elaine Zoia NQHS Scholarship Fund: Quincy Municipal Credit Union, 100 Quincy Ave., Quincy, MA 02169. Thank you!

Relatives and friends are respectfully invited to greet the family during the visiting hours on Thursday, June 13th from 9:00-10:30 a.m. in the Keohane Funeral Home, 785 Hancock St., Quincy. Funeral service will be celebrated on Thursday, June 13th at 10:30 a.m. in Keohane Funeral Home, Quincy. Burial will immediately follow in Pine Hill Cemetery, Quincy. See www.Keohane.com for directions and online condolences.

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO24P1430EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate
and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Frederick Escobar
Date of Death:
11/18/2022

To all interested persons:

A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Antonio Bairos** of **Taunton, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Antonio Bairos** of **Taunton, MA** be appointed as Personal Representative(s) of said estate to serve **With Corporate Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 06/26/2024. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: May 23, 2024
COLLEEN M. BRIERLEY
Register of Probate

6/13/24

REQUEST FOR PROPOSALS **REQUEST FOR PROPOSALS**

Request for Proposals (RFP)
"Appellate Tax Board Appraiser"
City of Quincy
Quincy, Massachusetts

Notice

DUE: June 27, 2024, at 11:30 a.m.

The City of Quincy, acting through the Assessors Office, is soliciting proposals to develop appraisals to estimate the market value of the fee simple interest for various commercial parcels for the City of Quincy. Appraisals must be developed with the intended users of the City of Quincy Board of Assessors and the potential intended user of the Commissioners of the Commonwealth of Massachusetts Appellate Tax Board.

Proposals will be received at the Office of the Purchasing Department; City Hall; 1305 Hancock Street; Quincy, MA 02169, until **Thursday, June 27, 2024, at 11:30 a.m.**

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and available at the Office of the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 a.m. and 4:30 p.m.

All inquiries regarding this bid should be directed to Kathryn R. Logan, Chief Procurement Officer by email: klogan@quincyma.gov and cc: mmarini@quincyma.gov. Inquiries will be accepted until June 21, 2024, at 12:00 p.m.

The City of Quincy Assessors Office shall determine the selected proposer(s). The City of Quincy reserves the right to withdraw the RFP; to reject any and all proposals; and to accept any proposals deemed to be in the best interest of the City of Quincy.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch, Mayor
John Rowland, Chairman Board of Assessors
Kathryn R. Logan, Chief Procurement Officer

6/13/24

INVITATION TO BID **INVITATION TO BID**

INVITATION TO BID

CITY OF QUINCY
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids for professional services delivering to the City of Quincy:

PUBLIC WORKS **SNOW TRANSPORTATION/HAULING** **JUNE 27, 2024 at 12:00 p.m.**

In accordance with MGL Chapter 30B, the City of Quincy, acting on behalf of the Public Works Department is accepting sealed bids from responsible and responsive parties to perform snow transportation and disposal services in the city assigned snow dump in Quincy for a period of (1) one year. The bidder shall provide a quote only for the transportation item.

Detailed specifications will be available online at the City of Quincy's website, www.quincyma.gov and available at the Office of the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 a.m. and 4:30 p.m. on June 12, 2024.

All inquiries regarding this bid should be directed to Kathryn R. Logan, Chief Procurement Officer by email: klogan@quincyma.gov and cc: mmarini@quincyma.gov. Inquiries will be accepted until June 21, 2024, at 12:00 p.m.

Bids must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked with the time/date of bid call.

Firm bid prices will be given first consideration. Bids will be received at the Office of the Purchasing Department until the time and date stated above, at which time and date they will be publicly opened and read. Late bids, delivered by mail or in person, will be rejected.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch, Mayor
Alfred J. Grazioso, Commissioner of Public Works
Kathryn R. Logan, Chief Procurement Officer

6/13/24

Legal Notices for Publication
Should be emailed to: quincysunsubs@gmail.com **or** thequincysun@verizon.net
Need more information? *Call 617-471-3100*

QUINCY HIGH SCHOOL History Team was a winner at the International Academic Competitions History Bowl in Washington, D.C. From left to right: Coach James Ikeda, Ramona Bentzel, Eddie Giza and Konrad Brown. *Courtesy Photo*

QHS Team Winner At Academic History Bowl Competition

On April 27th, the Quincy High School History Bowl team was in Washington, D.C. to compete in the International Academic Competitions History Bowl.

The team, consisting of Sophomores Ramona Bentzel, Konrad Brown, and Eddie Giza, faced off against students from all over the country in a buzzer-based competition.

They ultimately won the top place in their bracket, taking home the Afternoon Group Champion plaque after Ramona correctly answered a tie-breaker question against the team from Barrington, Illinois.

Eddie Giza, who won the JV New England Championship in the individual History Bee competition, also competed in the History Bee National Championships on April 28th.

He finished 13th overall in the preliminary round, advancing to the semifinals.

The team, led by coach James Ikeda, has won 5 plaques in the last two seasons - a record in the team's thirteen-year history.

In another first, the team also qualified to compete in the International History Olympiad, which will be held in London in July of 2025.

Quincy College Seeking Candidates For Board Of Governors

Quincy College is seeking candidates to fill three upcoming vacancies on its 13-member volunteer Board of Governors.

Governors each serve six-year terms, act as advocates for the institution and have certain statutory governance and oversight responsibilities. They are expected to attend and participate in regular monthly Board and committee meetings (typically scheduled in the evening), participate in various College ceremonial events including Commencement and demonstrate an overall commitment to the mission and purpose of the institution.

Members of the Board of Governors must submit an annual financial disclosure form, complete ethics training, and adhere to the state's Open Meeting Law. They are not required to be residents of the City of Quincy.

The Board's Appointing Council seeks diversity in candidates and encourages applications from those whose personal experiences and professional expertise will contribute positively to the College's continued growth and success.

Candidates may apply by mail before June 30 by sending a letter expressing interest along with a resume to:

Quincy College Board of Governors
c/o President's Office
1250 Hancock Street
Quincy, MA 02169

Applications may also be submitted by e-mail to qcboard@quincycollege.edu.

Judith Flynn President National Academy Of Elder Law Attorneys

The National Academy of Elder Law Attorneys (NAELA), an association dedicated to improving the quality of legal services provided to older adults and people with disabilities, announces Judith M. Flynn as NAELA President of the 2024 -2025 Board of Directors. Flynn began serving as NAELA President on June 1.

As NAELA president, she will work with the NAELA Executive Committee and staff to achieve the Academy's objectives. She will also serve as the chief spokesperson for NAELA.

"I am honored to serve as NAELA's President and look forward to working with our dedicated Board and staff to continue to advance our mission, provide exceptional education and community to our members, and advocate for policies that protect and empower the vulnerable populations our members serve."

JUDITH FLYNN

Flynn has a long history of non-profit leadership, serving as President of the Massachusetts Chapter of NAELA (MassNAELA) in 2014 after several years on the Board, and two terms as President of the Massachusetts Guardianship Association, in 2010 and 2011.

Flynn is a shareholder in Falco & Associates, PC and its ancillary business, Senior Resource Center, Inc., headquartered in Quincy. She represents elders and their families in all aspects of elder law and estate planning, with a significant portion of her practice devoted to assisting clients to obtain public benefits to provide the care necessary to remain safely in the community, or to cover nursing home care when necessary.

Flynn and her husband, Bill, reside in Hingham, and have three children.

Members of the National Academy of Elder Law Attorneys (NAELA) have specialized knowledge and experience with the unique legal issues faced by older Americans and people of all ages with disabilities. Upon joining NAELA, attorneys agree to adhere to Aspirational Standards for the Practice of Elder and Special Needs Law. Established in 1987, NAELA is a professional association dedicated to improving the quality of legal services provided to older adults and people with disabilities. There are currently 4,000 NAELA member attorneys across the United States and abroad. For more information, visit NAELA.org.

Eight Quincy Students On Stonehill Dean's List

Eight students from Quincy are on the Dean's List for the spring semester at Stonehill College in Easton.

They are:

Michael Richardson, Katherine Scanlan, Alexa Tibbetts, Emma Graves, Nicholas Ferrara, Irene Kelly, Olivia Pham and Elise Roche.

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO24P0468EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Mary Christina Daly
Date of Death:
01/04/2018

To all interested persons:

A Petition for **Late and Limited Formal Testacy and/or Appointment** has been filed by **Christina M. Morgan** of **Hingham, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Christina M. Morgan** of **Hingham, MA** be appointed as Personal Representative(s) of said estate to serve **With Personal Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 07/03/2024. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: May 31, 2024
COLLEEN M. BRIERLEY
Register of Probate

6/13/24

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO24P1560EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Donald Vincent Ross, Jr.
Date of Death:
05/02/2024

To all interested persons:

A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Courtney H. Ross** of **Quincy, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Courtney H. Ross** of **Quincy, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 07/10/2024. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: June 7, 2024
COLLEEN M. BRIERLEY
Register of Probate

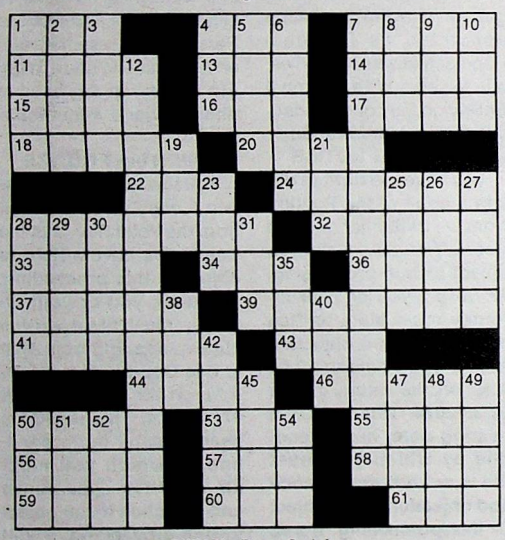
6/13/24

SUN FUN PAGES

King Crossword

ACROSS
1 Tax pro
4 Gun the engine
7 Profound
11 Pet food brand
13 Enjoy Vail
14 Doctrines
15 Lotion ingredient
16 — Talks (online lecture series)
17 Iso-
18 Media titan Winfrey
20 Brief moments
22 Barbecue seasoning
24 Texas city
28 July 4th destinations
32 Santa —
33 Foot part
34 Sailor
36 Avenue liners
37 Ceremonies
39 New Jersey capital
41 Wee
43 URL ending
44 Bleak
46 Crazy Horse, for one
50 Japanese volcano
53 Peace, to Caesar
55 Handle
56 Unsigned (Abbr.)
57 Before
58 "Baseball Tonight" channel
59 Curse
60 Melancholy
61 ID checker

DOWN
1 "Arrivederci!"
2 Insect organ
3 Cupid's specialty
4 Letters after Q
5 Squeezes (out)
6 YouTube offering
7 Feature of some trucks
8 Atty.'s title
9 Outback bird
10 Omega preceder
12 Google, for one
19 "Say what?"
21 Public health agcy.
23 Entreat
25 Bagel seasoning
26 Wrestling style
27 Grp.
28 Homer's son
29 New York canal
30 Part of a French play
31 Drunkard
35 Buddy
38 Old map letters
40 Hosp. sections
42 "Holy smokes!"
45 Kate of "The Martian"
47 Brewer's kiln
48 Diamond arbiters
49 TV's "Warrior Princess"
50 "Terrif!"
51 Italian article
52 TV bandleader Batiste
54 Deleted



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MAGIC MAZE ● ANIMALS WITH BUSHY TAILS

U E U N O O C C A R R E P N K
M A R M O T I H D G D S B Z X
S V S A G R O U N D H O G T Q
X N O M H L E S A E W O K A I
G O E E C G A K P Y W G U C X
S Q F T P E N Y D N L N J R O
H F E D T C A I E Y X O V A F
U S Q O E I P N R M K M J E Y
H F Y T A R K C A P E C B B A
Z O Y L E R R I U Q S K C O R
C X V L E R R I U Q S Y A R G

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: **Wile E. — and the Road Runner**

Bearcat
Gray fox
Gray squirrel
Groundhog
Husky
Kittens
Marmot
Mongoose
Pack rat
Raccoon
Red fox
Red panda
Rock squirrel
Springhare
Weasel

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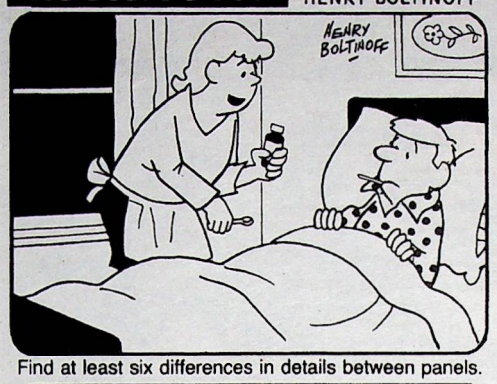
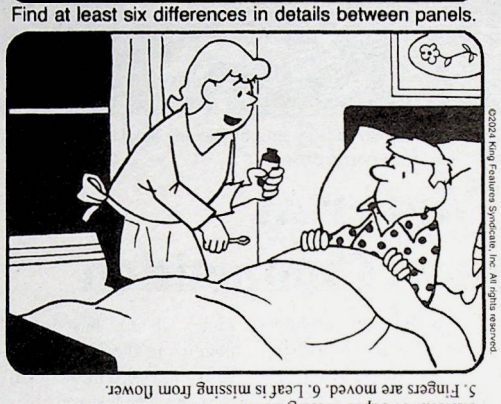
HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



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Differences: 1. Thermometer is missing. 2. Apron bow is different. 3. Cat is missing from bottle. 4. Headboard is taller. 5. Fingers are moved. 6. Leaf is missing from flower.

Trivia test

by Fifi Rodriguez

1. HISTORY: Who was the first female chancellor of Germany?

2. GEOGRAPHY: Which European capital used to be called Christiania?

3. MOVIES: What are the names of the elderly couple in the animated movie "Up"?

4. ANATOMY: How much blood is in the average human body?

5. SCIENCE: What do ohms measure?

6. TELEVISION: Al Borland is a sidekick in which 1990s TV sitcom?

7. GENERAL KNOWLEDGE: What does an hCG test determine?

8. U.S. STATES: Which state is named after a French king?

9. LITERATURE: Who are Nancy Drew's best friends in the children's mystery novel series?

10. FOOD & DRINK: What fruit is used to make Worcestershire sauce?

Answers
1. Angela Merkel.
2. Oslo, Norway.
3. Carl and Ellie Fredricksen.
4. 1.2 to 1.5 gallons.
5. Electrical resistance.
6. "Home Improvement."
7. Pregnancy.
8. Louisiana (Louis).
9. Bess and George.
10. Tamarind.

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Wishing Well®

5	4	5	7	2	6	5	8	6	3	7	2	6
H	B	A	C	U	B	R	S	E	Y	H	S	O
3	8	7	3	6	5	3	6	8	2	5	7	2
O	O	E	U	P	D	R	E	C	E	W	R	C
7	2	8	2	5	7	6	4	8	2	6	2	8
I	O	I	M	O	S	N	U	A	M	T	O	L
2	5	3	7	3	4	7	6	4	8	6	3	5
N	R	E	H	A	S	Y	O	Y	A	L	P	K
6	4	3	7	5	4	7	8	5	7	3	2	3
I	D	R	O	P	A	U	C	A	R	E	S	W
8	4	5	4	6	2	5	6	3	8	2	3	5
C	Y	Y	S	F	E	S	E	A	L	N	R	O
2	5	3	2	7	8	3	7	5	7	8	7	8
S	F	D	E	H	A	S	O	F	M	I	E	M

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) Be careful about doing someone a favor when you don't know the full story behind the request. Don't rely on someone's unsubstantiated assurances. Insist on all the facts before you act.

TAURUS (April 20 to May 20) That workplace problem still needs your attention before you can finally close the book on it. Meanwhile, a long-anticipated reunion gets closer to becoming a happy reality.

GEMINI (May 21 to June 20) You might be demanding more from others than they can give. Best advice: Have a long and frank talk to determine what the facts are. Tensions should abate as the week winds down.

CANCER (June 21 to July 22) Aspects are favorable throughout this week for making contacts that could be important to your career plans. Meanwhile, an old friend offers the advice you're seeking.

LEO (July 23 to August 22) It's time to stop licking your wounds from past mistakes. Get up and get going toward your future. Loyal friends will be there to help the Lion get back into rip-roaring shape.

VIRGO (August 23 to September 22) Take time out to go over what's expected of you before you begin your new project. Otherwise, you run the risk of pushing yourself harder than you need to.

LIBRA (September 23 to October 22) An unusual request could put you in an awkward position. Best advice: Deal with it immediately. The longer you delay, the more difficult it will be to get out of it.

SCORPIO (October 23 to November 21) You should feel recharged and ready for whatever your workaday world holds for you. The same positive energy spills over into your personal relationships.

SAGITTARIUS (November 22 to December 21) A prospect might be less than it appears to be. Like the Archer in your sign, you always aim for the truth. And this is no time to settle for less than full disclosure.

CAPRICORN (December 22 to January 19) Start doing some serious thinking about a career move that could entail more than just changing job sites. Some lifestyle changes might also be involved.

AQUARIUS (January 20 to February 18) With tensions easing at the workplace, a more positive environment once again encourages the free flow of ideas that are so typical of the always-innovative Aquarian.

PISCES (February 19 to March 20) Show some of that usually hidden steel-strong Piscean backbone and stand up for yourself if you hope to make a case for that promotion you know you deserve.

BORN THIS WEEK: You enjoy doing new things and staying ahead of the crowd. You would make a fine military leader or a sports coach.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **H** equals **L**

JGOE LGO XHOQ RQUBOL CXXOUOW XUOO HCJ-ZTQHSLI QZTQUSTRK, Q GTDO KSDE KQSW "LQEBK XCU ECLGSED!"

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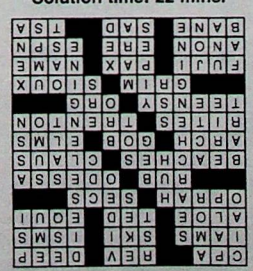
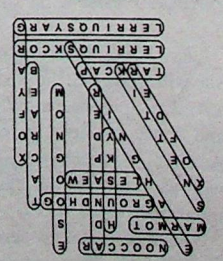
— King Crossword — Answers

Solution time: 22 mins.



Magic Maze ANSWERS:



CryptoQuip answer

When the flea market offered free low-quality aquariums, a huge sign said "Tanks for nothing!"

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – Think you've got problems with all those scams popping up on your phone and emails? Riley Keough (Elvis Presley's granddaughter and daughter of the late Lisa Marie Presley), the heir to Elvis' Graceland, called an attempted foreclosure of the estate "fraudulent." She fought to block the investment firm, claiming that Lisa Marie borrowed $3.8 million in exchange for the deed of trust to Graceland as a security measure.

Keough alleged that the note and deed were forged, and the notary testified that he never met Lisa Marie or signed those papers. She successfully blocked the foreclosure, and the investment firm has been mysteriously unreachable. She believes that they're a false entity created for the sole purpose of defrauding the Elvis Presley Trust.

***

Is anybody ready for a *"Pirates of the Caribbean"* Barbie? *"Pirates"* franchise producer Jerry Bruckheimer admitted, "If it was up to me, [Johnny Depp] would be in it." But allegedly, Disney isn't hot on Depp after his recent marital scandals, and they'd rather put their money behind a *"Pirates"* movie with Margot Robbie instead. Bruckheimer confirmed that their plan is to make the reboot of *"Pirates"* without the familiar characters from the franchise, which would rule out the return of Depp as Jack Sparrow. This is strange since Depp led the franchise to a $4.5 billion box-office gross. Bruckheimer even added, "I love him. He's a good friend."

In 2022, Robbie told Vanity Fair that Disney was not interested in her "female-led movie," but then again, this was before she led *"Barbie"* to a $1.446 billion box-office gross, which may have changed their minds.

***

Over at Paramount Pictures, talk is thick that *"Star Trek"* is back on track with two films – a prequel and a sequel. The sequel will narrate the final mission of the Enterprise, with stars Chris Pine, Zachary Quinto and Zoe Saldaña returning. Of course, this could change if rumors of Sony's bid of $26 billion in cash to buy out Paramount Pictures (parent company of CBS and the Paramount+ streaming service) comes to fruition.

***

Many were skeptical when Jake Gyllenhaal remade Patrick Swayze's *"Road House"* film, but Gyllenhaal's reboot pulled in 80 million viewers on Amazon Prime Video in March, which prompted them to green-light a sequel. This is a feat that the 1989 original, which made $61.6 million, never accomplished!

But before Gyllenhaal revisits the *"Road House"* again, he'll star with Henry Cavill and Rosamund Pike in Guy Ritchie's action-thriller *"In the Grey"* (opening January 2025). Cavill's recent Ritchie film *"The Ministry of Ungentlemanly Warfare"* was like kryptonite at theaters, grossing only $25.3 million against its $60 million cost. The former "Man of Steel" definitely needs more muscle at the box office!

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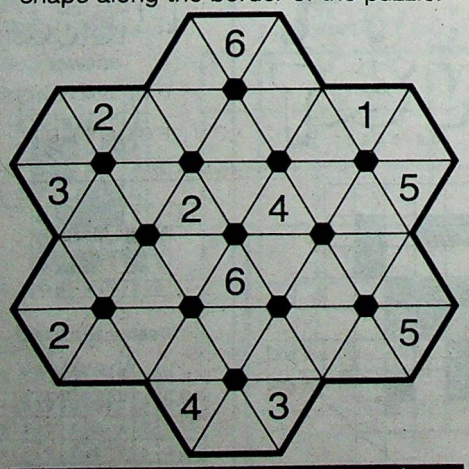
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

	+		×		= 77
+	■	+	■	-	■
	+		+		= 7
×	■	+	■	÷	■
	+		×		= 51
=		=		=	
56	■	16	■	1	■

1 2 3 4 5 6 7 8 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

European Souvenirs — Going on a vacation this summer? In the 18th and 19th centuries, wealthy American and European travelers made "Grand Tours" of continental Europe to view ancient ruins and collect souvenirs.

The specimen table with a top made of fragments of different types of stone or wood, often arranged as a mosaic or pattern, was a popular choice. A 19th-century Italian specimen table sold for about $3,832 at a Bonhams auction in London. It features different colors of marble and rises on a base with fish-shaped "dolphins," a design element associated with ancient Greek and Roman sea gods.

Many varieties of Italian marble have been quarried since at least the time of the ancient Romans. Even today, Italian marble, especially from the Carrara region, is considered the best in the world in terms of purity and durability. After all, marble sculptures and monuments from ancient Rome are still standing.

* * *

Q: I'd like to know more about an art nouveau lamp I bought at a yard sale years ago. I believe it is solid brass. There is a statue of a young woman holding a branch with a couple of birds on it next to a column that holds the light bulb. A brass label on the front reads "FEE aux OISEAUX par Hering." What can you tell me about it?

A: The title of your lamp is "Bird Fairy." It was sculpted by Elsie Ward Hering (1871-1923), an American sculptor who made bronze and other metal sculptures and vases. She studied and worked in New York in 1896 and moved to Paris in 1898. In 1900 she moved to Cornish, New Hampshire, and worked as an assistant to sculptor Augustus Saint-Gaudens. She married another assistant, Henry Hering, in 1910 and did not make many of her own works after that. The value of your lamp depends on the desirability of design, its size and its material. Solid bronze is worth more than brass, spelter or bronze-coated white metal.

* * *

TIP: Stained marble tabletops can be touched up by using paste wax and steel wool.

* * *

CURRENT PRICES

• Jewelry, bracelet, cameo, woman's profile, blue Murano glass, oval, silver spiral twist frame, silver multichain bracelet, Patrizia Daliania, cameo 1 1/2 inches, $75.

• Clock, wall, chrome frame, white neon bulb, white on black face, round, electrified, mid-20th century, 22 x 22 x 4 1/2 inches, $480.

• Quilt, patchwork, crazy, many different fabrics cut in various shapes, triangular pieces around border, Victorian, late 1800s, 68 x 68 inches, $550.

• Doll, young boy, Schoenhut, wood, carved and painted features, shaggy blond bobbed hair, spring jointed body, tan sailor suit, 20 inches, $680.

• Weathervane, eagle, wings out, perched on ball, directional arrows below, copper, original gilt with old verdigris surface, American, 1800s, wingspan 39 inches, $1,230.

For more collecting news, tips and resources, visit www.Kovels.com

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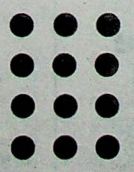
STICKELERS [sic].

by Terry Stickels

What is the fewest number of straight lines needed to intersect the middle of each point below without picking up your pencil?



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Strange BUT TRUE

• The Wright brothers' first flight was shorter than the wingspan of a B-52 bomber.

• Bai Fangli, a tricycle driver for 20 years, donated 350,000 yuan to support the education of 300 poor Chinese students. He announced his last payment at the age of 90, saying that he was no longer fit for work.

• There are tea bags made to look like a goldfish swimming in your mug.

• Are you annoyed by the sounds of wheezing, whistling, chewing, drinking, crunching, slurping, finger tapping and the like? It's not just a quirk, but a psychiatric disorder called misophonia.

• A man spent five months in prison due to being unaware that his bail was just $2.

• Kenya Railways requires that all trains stop for several minutes before crossing the Mwatate Dam in the southern part of the country. The practice was adopted on the advice of local residents after several mysterious derailments on the dam were blamed on evil spirits inhabiting the reservoir, which townsfolk claimed were angered by the trains not appeasing them by pausing in tribute.

• The world's shortest street, located in Scotland, is a mere 6 centimeters long.

• Jackie Robinson wasn't the first Black player to play Major League Baseball. That honor actually belonged to Moses Fleetwood Walker, a catcher for the Toledo Blue Stockings in 1884.

• The first volume of recipes was published in 62 A.D. by the Roman Apicius. Titled "De Re Coquinaria," it described the feasts enjoyed by the Emperor Claudius.

• India has a bill of rights for cows.

• Relics of saints were so valued in the Middle Ages that when Elizabeth of Hungary died in 1231, her body was quickly dismembered for holy mementos by a crowd.

***

Thought for the Day: "Forever is composed of nows." – *Emily Dickinson*

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Now here's a tip!

by Jo Ann Derson

• Family reunions are a fun and worthwhile investment. Being together with many generations is a wonderful experience. Often, these gatherings are highly scheduled, but remember to set aside time – and a designated place – to simply sit and talk. Here are some other great family reunion tips from our readers. – *JoAnn*

• T-shirts are fun for reunion memorabilia, but we also did water bottle coozies this year, and they were a big hit. You can write your name in permanent marker on one side, and then you can keep track of your bottle. – *B.F. in Georgia*

• We find that when planning our reunion, the young adults really like theme parties, so we always have a mixer theme night to start. We had a scavenger hunt for the children where we collected clues about some of our more senior family members. To figure out who it was, the kids would listen to them tell stories and ask questions. What a great time for all! – *T.E.*

• Make sure that you schedule sitters for the little ones so the adults can relax and participate. Last year, each adult with kids (and some who just wanted to help out) took shifts to be official kid wranglers and entertainers. They did an outstanding job, and the unscheduled parents had time to reconnect with adults without divided attention, and felt good that someone was designated "in charge." – *P.G. in California*

• Our family has several members with allergy restrictions and alternative food requirements. I made sure to make a list, which I made copies of and passed along to all our planned food venues. This way, there was advance notice for those who needed gluten-free and vegetarian options. – *M.S. in Florida*

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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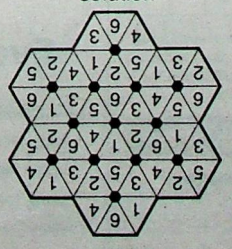
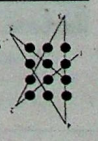
SNOWFLAKES solution



Go Figure! answers

	1		16		56
=	=		=		=
6	+	5	×	7	= 77
+		+		-	
1	+	2	+	4	= 7
×		+		÷	
8	+	9	×	3	= 51

Stickelers Answer

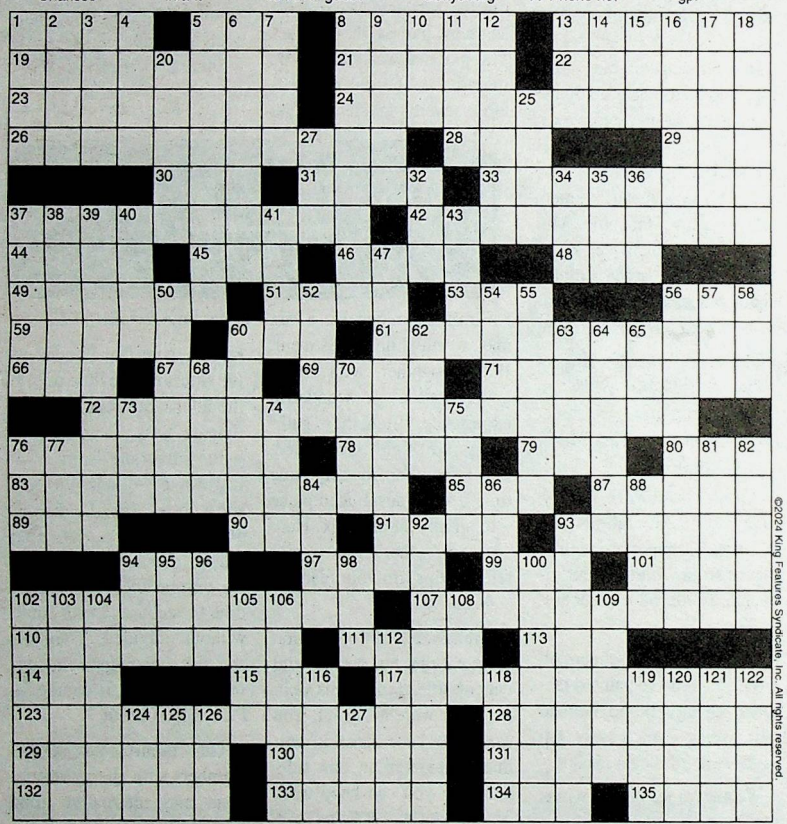


Super Crossword

SUITABLE ACTIVITIES

ACROSS
1 Saudi, say
5 Raptors' gp.
8 In a stupor
13 GMC cross-over SUV model
19 Reduces the worth of
21 Lead-in to a bit of bad news
22 What "(" and ")" are, for short
23 Capital of South Australia
24 Actress Dennis leaps?
26 Boxer Marciano begins?
28 — Canals
29 Thurman of film
30 Saloon
31 "I could — horse!"
33 Newspaper based in McLean, Va.
37 Racing driver Wallace does some hammering?
42 Singer Benatar replies?
44 This, in Lima
45 Dancer Charisse
46 Waterproof canvas cover
48 — out an existence
49 Founder of Taoism
51 Hair removal brand
53 Gmail competitor
56 Teensy
59 Yosemite peak, in brief
60 "... — my brother"
61 Quarterback Bradshaw dries himself off?
66 Reindeer kin
67 Jurists' org.
69 Emmy winner Baldwin
71 Like whiteboards
72 Actor Slater goes on vacation?
76 Most thickset
78 Huge hero
79 Sink down
80 Free TV spot, for short
83 Comedian Buttons gains a lot of weight?
85 "True —!" ("Yep!")
87 Heroic tales
89 Ending for duct or infant
90 Lead-in to glottis or Pen
91 Stadium level
93 Employed for the purpose of
94 "Help us!"
97 Light in signs
99 "Son of," in 1-Across names
101 Russo of "Big Trouble"
102 Architect Gehry speaks?
107 Singer Aiken woos someone?
110 Helicopter or glider
111 Whittle down
113 Lovey
114 Tatty cloth
115 "-ology" kin
117 Dancer Rogers loses control?
123 Singer Gayle plays tenpins?
128 Niagara River source
129 Oration of adulation
130 10th-century German king
131 Ester in plastics
132 Money in the form of coins
133 Reveals
134 JFK guess
135 Agenda unit

DOWN
1 Jewish month
2 Totally fix up
3 With, in Paris
4 Pitcher's goof
5 Pain in the neck
6 Accessory for a meal fit for a queen?
7 Far offshore
8 Mild aversion
9 Make — buck
10 Buddhist branch
11 Actor George of "CSI"
12 Dehydrate
13 iPhone extra
14 Freeway sight
15 Actress Meyers
16 Make bare
17 Filmmaker Bergman
18 Analyzes
20 Put away for the future
25 Slugger Sammy
27 Islam, e.g.: Abbr.
32 Fourth mo.
34 Meth- ending
35 "Bad boy!"
36 Have debts
37 Gen. at Gettysburg
38 "Heaven help —!"
39 Security ticker symbol
40 "Ciao!"
41 "... — baked a cake"
43 On — with
47 Takes care of
50 Ancient Greek city
52 Morales of "Rapa Nui"
54 Baseball's Hershiser
55 Greek harp player of yore
56 "Crawling" internet bot
57 Kay-em link
58 Ending for Peking
60 Pain in the neck
62 Cave effect
63 "Look what I just did!"
64 Missouri tribespeople
65 System
68 Jessica of "7th Heaven"
70 Reclined
73 Wheel center
74 Sporty auto roof
75 Ye — Shoppe
76 — Lankan
77 Phone no.
81 Deficient
82 Donkeys
84 Sow's sound
86 Opera song
88 Lima's land
92 Very troubled
93 Opened, as a wine bottle
94 — -cone
95 Approved
96 Sow's home
98 Psychic skill
100 From memory
102 Outrageous comedies
103 Rise on the hind legs
104 Sock pattern
105 Indigo dye
106 Sappho's Greek island
108 Writer Deighton
109 Opening
112 Shining
116 Closet pest
118 Pasty stuff
119 Classic soda brand
120 "I smell —!"
121 Fir relative
122 Appear
124 Part of SSN: Abbr.
125 — Fridays
126 Vote in favor
127 Global commerce gp.



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celebrity extra

by Dana Jackson

Q: What are the stars of *"Succession"* doing now that the series has ended? I know the actor who played Kendall is doing theater, but what about the other siblings? – *N.G.*

A: Yes, Jeremy Strong, who won an Emmy for his portrayal of troubled son Kendall Roy on HBO's *"Succession,"* is currently starring in the Broadway revival of Henrik Ibsen's *"An Enemy of the People."* His performance is scheduled for a 16-week run only. However, he's also starring in *"The Apprentice,"* a film about Donald Trump's rise to power in the '70s and '80s, which recently premiered at the Cannes Film Festival. In the film, Strong plays attorney Roy Cohn to Sebastian Stan's (*"I, Tonya"*) Trump.

Alan Ruck, who played presidential candidate Connor Roy in *"Succession,"* recently co-starred in the film *"The Burial"* with Jamie Foxx. You can stream it on Amazon Prime Video. Next up for the Emmy-nominated actor is the horror comedy *"Crust"* and the crime film *"Wind River: The Next Chapter."*

Kieran Culkin, who won an Emmy in the final season for the even more troubled son Roman Roy, stars opposite Jesse Eisenberg in the upcoming film *"A Real Pain."* It's listed as a comedy-drama, so hopefully, his character won't be as tortured as Roman was. Lastly, the only Roy daughter – but just as much of a force to be reckoned with – was played by the Emmy-winning Sarah Snook. She's set to star in the upcoming Peacock series *"All Her Fault"* as a mother whose son goes missing. It's based on the novel of the same title by Andrea Mara.

***

Q: Is there going to be another "Knives Out" sequel? If so, when? – *A.I.*

A: According to Entertainment Weekly, the game is "once again afoot for renowned detective Benoit Blanc (Daniel Craig)." *"Knives Out,"* a hit whodunit film, has spawned one sequel already, called *"Glass Onion,"* and another is on the way, titled *"Wake Up Dead Man: A Knives Out Mystery."* Look for it to premiere in 2025, likely around Thanksgiving. The cast of the third installment includes Glenn Close (*"Hillbilly Elegy"*), Mila Kunis (*"Black Swan"*) and Jeremy Renner (*"Hawkeye"*), with the setting still a mystery. EW hints that the teaser video gave off "some seriously spooky, Gothic vibes."

***

Q: Will season three of *"The Bear"* be on FX or just on Hulu? I'm excited that they're finally airing the two previous seasons on regular cable. – *L.A.*

Alan Ruck
in *"The Burial"*

Photo: *Courtesy of Amazon Prime Video*

A: The FX channel is finally airing the first two seasons of the Emmy-winning comedy (which many call a drama) *"The Bear."* Although FX and Hulu have a partnership, the show wasn't available on FX until now. Despite the show already being a huge hit for the streamer, they're hoping to lure in even more subscribers to Hulu by getting them hooked on the series on FX first.

So, yes, the third season will only be available on Hulu later this month on June 27, but if you still don't wish to pay for Hulu, you'll probably get a chance to catch up on the series next summer, too.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange

by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1.	Paper fastener	_ _ _ P _ _		Horse's stall	_ _ _ B _ _
2.	Barely audible	_ A _ _ _		Fire starter	_ L _ _ _
3.	Livestock	_ _ T _ _ _		Royal abode	_ _ S _ _ _
4.	Morsel	_ _ B _ _ _		Agile	_ _ M _ _ _
5.	Horizontal	_ _ _ N _		Writing style	_ _ _ S _
6.	French ____ soup	O _ _ _ _		Workers' coalition	U _ _ _ _
7.	Run through a sieve	_ _ _ _ _ N		Gibraltar, e.g.	_ _ _ _ _ T
8.	See ya ____	_ _ _ _ R		Paint ingredient	_ _ _ _ X
9.	Handbag	_ _ R _ _		Heartbeat	_ _ L _ _
10.	Grocery employee	_ A _ _ _		Larger than	_ I _ _ _

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Weekly SUDOKU

by Linda Thistle

	8		7	1			4	
		1			5	6		
6			3					2
	6		1					7
7					3	9		
		9		5			3	
4				3				1
	7		4				6	
		6			2	8		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging ◆◆◆ HOO BOY!

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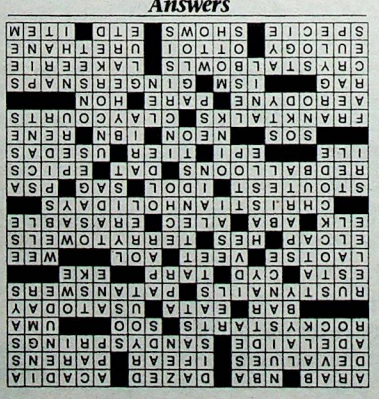
Super Crossword

Answers



Even Exchange

answers

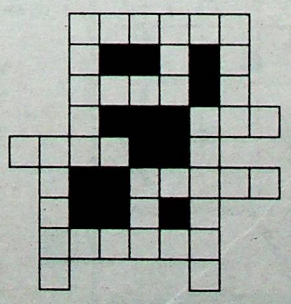
1. Staple, Stable
2. Faint, Flint
3. Cattle, Castle
4. Nibble, Nimble
5. Prone, Prose
6. Onion, Union
7. Strain, Strait
8. Later, Latex
9. Purse, Pulse
10. Bagger, Bigger

FEAR KNOT

By: rj johnson

DOUBT? ...OR DARE!

TYS
BLEGNA
♥SUEBA
♥EONP
YESDAW
♥EWN
GYUL
OGEBL
♥OGB
WEGARN
WOGLR
♥ATNR



Unscramble these twelve letter strings to form each into an ordinary word (ex. **HAGNEC** becomes **CHANGE**). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥**RATHE** becomes **HATER** or **EARTH** or **HEART**). Fit each string's word either across or down to knot all twelve strings together.

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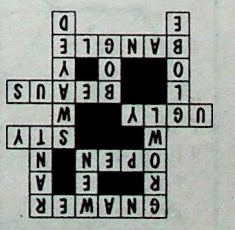
FEAR KNOT answer



Weekly SUDOKU

Answer

2	8	5	7	1	6	3	4	9
3	4	1	9	2	5	6	7	8
6	9	7	3	4	8	1	5	2
5	6	3	1	9	4	2	8	7
7	2	4	8	6	3	9	1	5
8	1	9	2	5	7	4	3	6
4	5	8	6	3	9	7	2	1
9	7	2	4	8	1	5	6	3
1	3	6	5	7	2	8	9	4

Amber Waves

by Dave T. Phipps

Out on a Limb

by Gary Kopervas

Americanisms

"You cannot separate peace and freedom. Because no one can be at peace unless he has his freedom."
— Malcolm X

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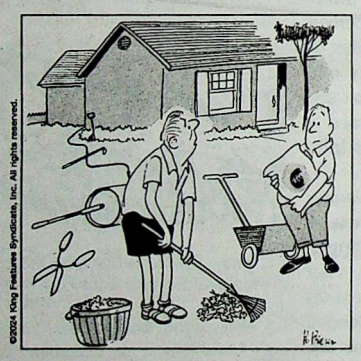
Just Like Cats & Dogs

by Dave T. Phipps

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!



Glance **KEEP** ____ ☐ ____ ☐

Amble **WARDEN** ☐ ____ ☐ ____ ____ ____

Sheild **FENDED** ☐ ☐ ____ ____ ____ ____

Count **CORES** ☐ ____ ____ ____ ☐

"What I don't understand is why I keep looking forward to _____ ."

TODAY'S WORD

____ ____ ____ ____ ____ ____ ____ ____

Micro Crossword

By Elizabeth C. Gorski

Across
1 Lady Gaga's "The Edge of ___"
6 Google rival
7 Scuttlebutt
8 Emulate Frederick Douglass
9 Without

Down
1 Sandwiches on a food truck menu
2 First lady before Michelle
3 "Dude, give me a break!"
4 Pulitzer-winning Alex Haley book
5 Bygone days

1	2	3	4	5
6				
7				
8				
9				

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Here's what to watch and where to watch it for the week of June 17, 2024

ON NOW: "Cult Massacre: One Day in Jonestown" (Limited Series) – *Hulu*

ON NOW: "How Music Got Free" (Docuseries) – *Paramount+*

18-June: "Oppenheimer" (R) – *Prime Video*

19-June: "Black Barbie: A Documentary" – *Netflix*

19-June: "Dexter" (Seasons 1-8) – *Netflix*

20-June: "America's Sweethearts: Dallas Cowboys Cheerleaders" (Season 1) – *Netflix*

20-June: "Perfect Wife: The Mysterious Disappearance of Sherri Papini" (Docuseries) – *Hulu*

20-June: "Megamind Rules!" (Season 1) – *Peacock*

20-June: "Trigger Warning" (TV-MA) – *Netflix*

20-June: "Bread & Roses" (Documentary) – *AppleTV+*

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Paw's corner

by Sam Mazzotta

Time for summer fun with your dog

DEAR PAW'S CORNER: My dad finally let us adopt a puppy a few months ago, and I can't wait for summer vacation, when I can spend all day with him! He's got lots of energy, but we've been training him to follow commands so he doesn't run off. What are some outside games that I can play with him? – ***Kerry B., Winchester, Virginia***

DEAR KERRY: You're going to have a wonderful summer! It sounds like you and your family have been diligent about training your dog in basic obedience so that he'll come back to you on command, sit and stay in place. And he'll be old enough – and have his most important vaccinations out of the way – to stay healthy outside or when encountering other dogs.

Here's a few great off-leash games to play:

Fetch: The gold standard game for dogs remains a favorite. Just grab a tennis ball and toss it.

Frisbee: Energetic dogs can chase these flying discs all day.

Agility training: Start with simple tasks like going under or over obstacles.

Swimming: Fill a kiddie pool in the backyard and let your dog splash around on a hot day.

Tracking: Have your dog follow a line of treats to a "jackpot" (a toy or food). Extend the distance between treats each session.

Remember, only take your dog off leash in a safe area or approved off-leash location. A fenced-in backyard is ideal, but if you don't have one of those, go to a dog park or municipal, state or federal park that has an off-leash area. Some of these games, like agility and tracking, can be done on-leash. Most importantly, have fun!

Send your tips, comments or questions to ask@pawscorner.com.

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WORD LADDERS

Can you go from BRIDE to TRUNK in 6 words? Change one letter for each rung in the ladder.

BRIDE

_____

_____

_____

_____

_____

TRUNK

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Sports QUIZ

by Ryan A. Berenz

1. Wang Zhizhi became the first Chinese-born player in the NBA when he joined what team in 2001?

2. Name the Basketball Hall of Famer who was a six-time WNBA All-Star, a four-time Olympic gold medalist and a three-time (as of 2024) NCAA national champion as head coach of the South Carolina Gamecocks women's basketball team.

3. What golfer incredibly holed out a bunker shot for birdie to win the 1986 PGA Championship by two strokes over Greg Norman?

4. Of Hank Aaron's 755 career home runs, how many were pitched by fellow Hall of Famer Tom Seaver?

5. What two drivers are tied for all-time wins at the 24 Hours of Daytona sportscar endurance race with five apiece?

6. What boxer knocked out former heavyweight champion Ken Norton 54 seconds into the first round of a May 1981 fight at New York City's Madison Square Garden?

7. In ice hockey, what term describes when a player controlling the puck uses a fake move to elude a defender or goalie?

Answers
1. The Dallas Mavericks.
2. Dawn Staley.
3. Bob Tway.
4. Seven, the most Aaron hit off a single pitcher.
5. Hurley Haywood and Scott Pruett.
6. Gerry Cooney.
7. Deke (short for "decoy").

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Micro Crossword

Answer

	S	N	A	S
E	T	A	R	O
R	O	M	U	R
O	O	H	A	Y
R	L	O	R	G

WORD LADDER

Answer

BRIDE, BRINE, BRINK, DRINK, DRUNK, TRUNK

SCRAMBLERS

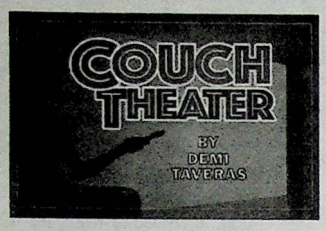
solution

WEEKENDS

Today's Word

1. Peek; 2. Wander; 3. Defend; 4. Score

MORE SUN FUN



"Hit Man" (R) — Glen Powell ("Anyone But You") leads this rom-com with an action twist, which seems to be right up the actor's alley. Powell plays a staffer named Gary in the New Orleans Police Department who goes undercover as a hitman with the intent of arresting the people who hire him. But when his services are requested by a battered woman named Maddy (Adria Arjona) who begs him to help her kill her husband, the last thing he expects is to fall for her. Even though he denies her request, a steamy romance develops between the two of them. Then just when it seems like Gary has the woman of his dreams, Maddy's husband is found dead, and she becomes the main suspect. Out now! (Netflix)

"Presumed Innocent" (TV-MA) — This legal thriller miniseries led by Jake Gyllenhaal ("Roadhouse") and Ruth Negga ("Good Grief") hits streaming on June 12. Gyllenhaal immerses himself in the role of Rusty Sabich, a prosecutor at the Chicago Prosecuting Attorneys' office. Although seemingly a family man and a respectable employee, Rusty hides a mountain of secrets that dare to be revealed when his colleague, Carolyn, ends up dead. As his co-workers and family learn that he was romantically involved with Carolyn and borderline obsessed with her, Rusty buckles up for a long battle of trying to prove himself innocent of murdering Carolyn. The first two episodes are out now, with more episodes coming every Wednesday. (Apple TV+)

"Brats" (NR) — Andrew McCarthy ("Pretty in Pink") rallies his Brat Pack for this documentary film directed by McCarthy himself. The Brat Pack, a play on the Rat Pack from the 1950s, consisted of a group of young actors who appeared alongside each other in coming-of-age films during the 1980s. Some of these actors include Hollywood icons like Rob Lowe, Molly Ringwald, Demi Moore and Emilio Estevez. Featuring current interviews with Lowe, Moore and Estevez, among others, the documentary dives into the films that brought the Brat Pack to their special stardom — and why, at the time, the young actors hated being known as "Brats." Premieres June 13. (Hulu)

Courtesy of Apple TV+

Jake Gyllenhaal, center, stars in "Presumed Innocent."

"Nikki Glaser: Someday You'll Die" (TV-MA) — Shortly after she gave a killer set during the recent Tom Brady roast, comedian Nikki Glaser smartly lined up her second HBO special to hit the small screen. In this one-hour special, Glaser takes on the reality of aging as a woman, why she doesn't want kids, and how she's planning her own death well ahead of time. Although she's known for her blunt delivery and quirky relatability, her jokes fall flatter in an hour-long setting than during the shorter sets she gives at roasts. Check it out now. (Max)

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Contract Bridge

FIRST-RATE DETECTIVE WORK

North dealer.
North-South vulnerable.

NORTH
♠K 6
♥A 5 2
♦A 9 8 7 3
♣Q 10 5

WEST
♠8 3
♥J 10 9 8 4
♦5
♣9 7 6 3 2

EAST
♠J 10 7 5 4 2
♥7 6
♦Q 10 2
♣8 4

SOUTH
♠A Q 9
♥K Q 3
♦K J 6 4
♣A K J

The bidding:

North	East	South	West
1 ♦	Pass	4 NT	Pass
5 ♥	Pass	5 NT	Pass
6 ♦	Pass	7 NT	

Opening lead — jack of hearts.

Let's say you're in seven notrump and West leads a heart. When dummy appears, you can count nine tricks in spades, hearts and clubs, so you will need four diamond tricks to land the grand slam.

There are several ways to tackle the diamonds successfully — all depending on how they're divided — but your job is to find the winning way, assuming you see only 26 cards.

To meet this challenge — and before playing any diamonds at all — you should try to learn everything you possibly can about how the opposing cards are divided. You start by cashing the A-K-Q of hearts. As it happens, East shows out on the third round, so you now know that West started with five hearts and East with two.

Next you cash the A-K-Q of clubs, choosing that suit because you have more clubs than spades. This move also proves enlightening, because you learn that West started with five clubs and East with two.

Hot on the scent, you next play three rounds of spades. This, too, turns out to be highly beneficial when you learn that West began with precisely two spades — which in turn means that he must have started with exactly one diamond. The reward for your super detective work is that the grand slam is now ice cold. So you cash dummy's ace of diamonds and then lead a diamond to the jack with 100% assurance that the finesse will succeed.

Of course, if you look upon all the requisite preliminary moves as overly complex and laborious and choose instead to address the diamonds at the very outset, you might well lose the relatively rare opportunity to bring home a grand slam worth more than 2,000 points.

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by Steve Becker

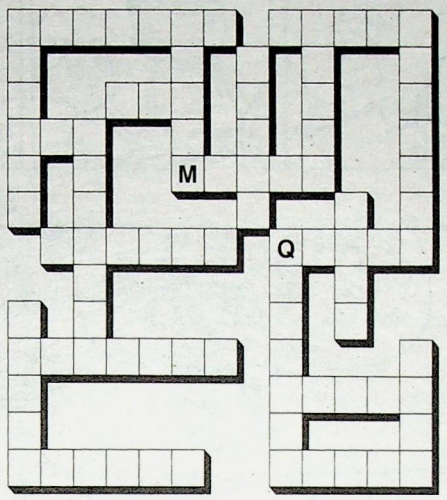
Puzzles4Kids

by Helene Hovanec

CRISSCROSS – "TE" WORDS

Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid.

3 Letters
ATE
TEA
4 Letters
KITE
TECH
5 Letters
ASTER
MOTEL
QUITE
STATE
STEAM
STEEL
TASTE
TEETH
WHITE
6 Letters
CENTER
ENTERS
REMOTE
7 Letters
ANTENNA
CONTEST
QUARTET
REWRITE
TEACHER



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Does Intermittent Fasting Raise the Risk Of Heart Disease?

DEAR DR. ROACH: I read a recent headline that said people who fast intermittently have an increased risk of heart disease. Is there merit to this story?. -- *K.O.S.*

ANSWER: Intermittent fasting is an increasingly common weight-loss strategy. The two most common approaches of intermittent fasting are alternate-day fasting (eating nothing one day, then whatever you want the next) and time-restricted feeding (eating at certain times throughout the day, usually during an eight-hour time frame).

The published data on the benefits of these diets show short-term weight loss (i.e., 12 weeks), but no long-term weight loss (1 year), compared to the standard dietary advice.

There is evidence of potential harm from intermittent fasting. Studies have shown an increased risk of eating disorders (particularly binge eating). One study showed that disordered eating worsened in those assigned to an intermittent-fasting schedule. However, other studies do not show this.

The concern for disordered eating is highest among younger and female populations, who are at the most risk for eating disorders, and I advise against intermittent fasting for a person with a history of an eating disorder.

The study you read about was presented as an abstract in the March meeting of the American Heart Association; it is not yet published or peer-reviewed. But it did show that people who report an intermittent-fasting diet (specifically those who ate over an 8-hour time frame) were at a higher risk for death from heart disease than those who ate over a 12-16 hour time frame.

However, this wasn't a controlled study, and it is likely that people who chose a time-restricted eating pattern already had issues that put them at a higher risk for heart disease. Still, given the absence of long-term benefits, I don't generally recommend a time-restricted diet or intermittent fasting to my patients.

My colleagues in weight medicine consider intermittent fasting to be an option that helps a subset of people. There are some people who do benefit from this type of diet, and as long as they are eating well and are being monitored by their physician, they should continue to follow their diet if it is working for them.

***

DEAR DR. ROACH: As a person who has had vocal cord paralysis after a viral infection, I was fortunate not to need many of the outlined modes of care. However, there was one additional therapy that was utilized within my plan of care -- speech therapy. It took a while, but it worked well.

I suppose I may have some lingering weakness. When I experience a new viral upper respiratory infection, I often experience prolonged hoarseness. So, I pull out my exercise sheet once again, practice the techniques, and experience the same great results. -- *B.A.*

ANSWER: I thank B.A. for writing, as I should have recommended voice therapy for people with vocal cord paralysis or other voice issues.

Some ear, nose and throat physicians, speech-language pathologists, respiratory therapists, and voice coaches specialize in voice therapy.

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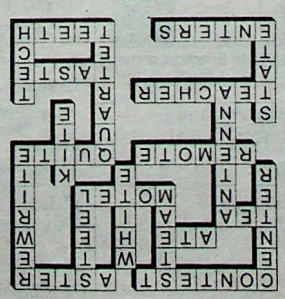
Puzzles4Kids Answer



SENIOR NEWS LINE

by Matilda Charles

Don't click that QR code!

Sometimes when we start seeing something nearly everywhere we go, we assume that "somebody" has checked it out and it's therefore safe to use. Not so, at least in the case of those QR codes we're seeing all over.

QR codes (short for quick-response codes) are those little squares with black squiggles in them, machine-readable codes buried in the lines of the little box. The idea is that you hold your phone over them and all the information hidden in the code will pop up for you to read. You'll spot these QR codes everywhere now: a menu posted on the door of a restaurant, a magazine ad, a factsheet with an item that you're considering purchasing, fliers put under windshield wipers in parking lots, a package delivered to your house ... even on TV ads!

How handy, you might think, to be able to instantly access that information.

Unless it's malicious code (spyware) that's been encoded into the black squiggles when it's created by scammers. If that's the case, you instantly put your phone (and all the data you have on it) in jeopardy.

That malicious code can send out emails that look like they came from you. Or it can steal all the names and numbers in your contact list. Or it can add you to a list of targets for spam phone calls. Or it can install software on your phone. The list of things that can go wrong is nearly endless if you click a malicious QR code with your phone.

Consider QR codes to be the phone equivalent of a link that you receive in an email from an unknown person or company. In other words, don't click it.

While it's possible that most of the QR codes you see wherever you go are perfectly safe, there's really no way to tell. Why take the chance?

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1. Name the only artist who made it to the top of the charts for both music and vocals.
2. Who wrote and released "Society's Child"?
3. Which trio released "Nowhere to Run" in 1965?
4. Name the artist who released an album titled "Couldn't Have Said It Better."
5. Name the song that contains this lyric: "Have you seen her? So fine and pretty, Fooled me with her style and ease, And I feel her from across the room."

Answers

1. Herb Alpert. His instrumental "Rise" (1979) and the song "This Guy's in Love With You" (1968) both topped the Billboard Hot 100 charts.
2. Janis Ian, in 1965. The song was written about interracial dating when Ian was 13 years old. It was inducted into the Grammy Hall of Fame in 2002.
3. Martha and the Vandellas. The song ended up on The 500 Greatest Songs of All Time.
4. Meat Loaf, in 2003. The album includes "Did I say That?" and "Man of Steel."
5. "Dance the Night Away," by Van Halen, in 1979. One of the co-writers had wanted to call the song "Dance, Lolita, Dance," but the idea was nixed. The song appeared on the band's second album, "Van Halen II."

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Quincy For A Free Palestine Seeks City Council Resolution In Support Of Ceasefire In Gaza

(Editor's note: A copy of the following letter was submitted to *The Quincy Sun* for publication.)

Dear Quincy City Council:

As concerned Quincy residents deeply troubled by the genocide in Gaza and the recent bombings in Rafah, we are writing to urge you to endorse the Resolution in Support of a Ceasefire in Gaza. This resolution, which local group Quincy for a Free Palestine submitted for your endorsement three months ago, has been circulating in the city through a petition and has garnered the signatures of over 200 Quincy residents.

Since February 28th, we have been urging the City Council to acknowledge the daily loss of children's lives and the widespread suffering in Gaza. Regrettably, you have brushed aside our requests to be heard. While it was heartening to witness several of the councilors' passionate advocacy for Quincy's Asian-Americans as you discussed adding Lunar New Year to the school calendar, it has been equally disheartening to see you ignore the plight of Quincy's Palestinian-Americans. The dismissive attitude of the City Council, excluding Councilor Campbell & Councilor Ash who have engaged with us and shown some interest in moving the ceasefire resolution forward, is distressing and inexcusable.

As elected representatives and fellow human beings, it is imperative that you take a stand for humanity. On Friday, May 24th, the International Court of Justice (ICJ) ruled for Israel to cease its offensive in Rafah, permit unhindered access for humanitarian aid into Gaza via the Rafah crossing, and allow international organizations to investigate charges of genocide. However, Israel disregarded these orders and continued to bombard Rafah, culminating in a horrific massacre on May 26th, when they dropped 7 tons of bombs on families, including children, who were sheltering in plastic tents in an area they were told to go as it was designated "safe." At least 45 people, mostly women, children, and the elderly, were burned alive and suffered intensely painful deaths. Attacks on the tent camps in Rafah have continued since. Additionally, people in the north of Gaza are continuing to be starved as all border crossings have been closed, and the pier America built for humanitarian aid is currently non operational.

Some councilors have argued that commenting on international affairs is beyond the scope of a city council's mandate. However, ceasefire resolutions by city councils hold significance. Many other cities and towns across the nation and here in Massachusetts have already adopted ceasefire resolutions, with Wellfleet being the most recent. It is a step towards demonstrating solidarity with humanity and opposing Israel's genocidal war on Palestinians, which is being funded by US taxpayers and supported by our government. As our elected representatives, you can send a strong message to the federal government that Quincy cannot support Israel's violent massacres and the forced starvation of Gazans, almost half of whom are children.

Quincy, known as the home of Abigail Adams, an early and outspoken abolitionist, must reclaim its moral courage. As Adams famously stated, "To be good, and do good, is the whole duty of man comprised in a few words." By endorsing a ceasefire resolution and adding to the rising outcry of voices calling for an end to the genocide in Gaza, you will be doing good and honoring her legacy. Should the City Council instead choose to adjourn this session without considering and endorsing this crucial resolution, history will remember Quincy's elected leaders as lacking the moral courage to speak out during a US-sponsored genocide, while other communities took a public stand against it.

We urge you to vote to endorse the Ceasefire in Gaza Resolution before this session closes on June 17th for summer recess.

Sincerely,

Quincy for a Free Palestine

Airdrie Henderson, Ward 1
Albert Lee, Ward 1
Alex Robinson, Ward 4
Alex Rothfelder, Ward 2
Andrawes Hallack, Ward 6
Arturo Li, Ward 1
Aya Harir, Ward 3
Bonnie Gorman, Ward 1
Brian Boyd, Ward 1
Cassie Jenness, Ward 3
Catalina Tang Lan, Ward 1
Charisma Henderson, Ward 1
Christine Tosti, Ward 2
Daniel E. Higgins, Ward 3
De Amoia, Ward 3
Dina Alrakawi, Ward 6
Fay Strigler, Ward 5
George Hallack, Ward 6
Gina Favata, Ward 5
Jain Ruvidich Higgins, Ward 3
Jessica Mazzola, Ward 5
Joe Herosy, Ward 5
Kiley Slater, Ward 2
Kimberly Gholap, Ward 2
Layla Chaudhary, Ward 3
Lillian Whelan, Ward 3
Lindsay Robertson, Ward 4
Lori Earl, Ward 6
Madeline Errishi, Ward 6
Maggie McKee, Ward 5
Majda Hichy, Ward 2
Marissa Matson, ward 6
Muna Sheikh, Ward 1
Nahla Hallack, Ward 6
Nathan Scott, Ward 2
Nicholas Hallack, Ward 6
Reza Chaudhary, Ward 3
Saima Wahab, Ward 2
Saira Hussain, Ward 2
Sandy Eaton, Ward 3
Sharon Han, Ward 2
Shivpreet Singh, Ward 5
Spencer Henderson, Ward 1
Sue Doherty, Ward 1
Sulvia Doja, Ward 3
Tamika Oden, Ward 1
Teju Chakravarthy, Ward 1
Umar Chaudhary, Ward 3
Umar Hussain, Ward 2
Uchechukwu Onwunaka, Ward 5
Whitby Henderson, Ward 1

Council Should Act As Check To Mayor's Power

(Editor's note: A copy of the following letter was submitted to *The Quincy Sun* for publication.)

Dear councilors,

I am writing to say how upset and disappointed I am in Monday evening's council discussion and vote on the mayor's salary.

Several of you talked about how the amount did not make sense now but might in five to 10 years. That led me to believe you might put forward a motion suggesting a more reasonable increase.

That's what happened the last time this mayor asked for a salary boost. In 2014, city councilors spent an hour debating the mayor's request for a 30% raise, eventually settling on 23%. Then-councilor Doug Gutro said at the time: "In my 25-plus years of government service, I honestly know of no person – no person ever – who got a 30 percent raise."

How times have changed. Now, this council has voted overwhelmingly to approve the mayor's initial request of 79% – without a true debate amongst yourselves. Or, god forbid, a public hearing. After several of you admitted the amount was too high and found fault with this "system" of decadal salary jumps.

I spent a considerable amount of time researching municipal government types in Massachusetts, poring over other cities' budget documents, and calling other mayor's offices in the state. What I found gave me serious misgivings about the legitimacy of the Dorminson salary report (whose authors, disconcertingly, are also connected with city officials).

To wave away my and others' concerns is a dereliction of your duty. How can you represent your constituents' interests if you do not stop to consider them?

Soon you will be discussing and voting on your own raises. But what are taxpayers getting from this council? How often do you respond to the constituents who reach out to you? How often do you ask critical questions of the administration or department heads who come before you? How often do you hold meetings to hear from those you represent?

Based on my observations of your handling of the mayor's raise, not often enough. I hope that if you do give yourselves a raise, you will work to improve your accessibility, responsiveness, and willingness to act as a check to the mayor's power. "Strong mayor-weak council" is a government type – not a motto.

Sincerely,

Maggie McKee
Ward 5

Mayor's Salary Process Leaves Citizen Feeling Deceived, Ignored, Exploited

(Editor's note: A copy of the following letter was submitted to *The Quincy Sun* for publication.)

Quincy Mayor and City Councillors:

I have been outspoken about fiscal responsibility and now the Mayor's and City Councillors' raises. During the June 3rd meeting, I sat there in astonishment, thinking that this was the worst city council I have ever had the misfortune to witness.

This is what I had hoped to see **before** the June 3rd meeting:

- Open communication with taxpayers, at a minimum, responses to phone calls, emails and letters. Perhaps---a public meeting..
- Presentation of the mayor's and city councilors' raises in the proposed budget, so that there could have been a public hearing.
- Transparent/cogent study of the issue and its relationship to Municipal Law.
- Requesting raises before the election.
- A clear appreciation for taxpayer burdens.
- Respect for all Quincy citizens.

I and others had spent hours reviewing the Dorminson report, studying salaries and municipal law. Our "representatives" never deigned to respond or even question those reviews and information. I don't know if you even read them.

This is what I had hoped to see **during** the June 3rd finance and city council meetings:

- A critical discussion of the merits and flaws of the Dorminson Report.
- A cogent, cohesive description of a mayor compared to a City/Town Administrator.
- A clear justification of why this Mayor/this position merits a salary higher than any other Massachusetts Mayor, as well as higher than the Massachusetts Governor, Senators, Representatives, and Mayors of American major cities.
- A knowledgeable discussion of Municipal law and whether the Quincy City Charter or G.L. c. 49, s.6A took precedence.
- A negotiation like what we saw in 2014 in which the mayor's raise was debated–instead of a chorus of ayes, with one nay and one no-show.
- Amendments for a lower, more reasonable increase.
- Respect for all Quincy Citizens.

Personally, I was never against any raise—but not an absurdly huge one. I am now worried about this talk about a process for future raises. Shall we see year after year raises on top of the ridiculous $285,000 for a mayor and $47,000 for each of 9 City Councillors? None of you have shown respect for your constituents. One of the City Councillors even made his disdain clear during the meeting, by scolding people in the audience for grumbling during his rant.

I, with many others, feel deceived, ignored and exploited.

Kathy Thrun
Ward 3

Appalled By Mayor's Salary Raise

Are you appalled by Mayor Koch's salary? I am certainly not the only in Quincy who is!

A raise of such an amount is way off the scale. A company, to which the city paid over nine thousand dollars, came up with a figure. This dollar figure is way out of line, and higher than that of bigger and busier cities.

Shame on the councillors who promptly agreed to give this to the Mayor of Quincy. Fortunately, there is one councillor who voted against this. Thank You!!

Such an acceptance of this amount by the mayor is an insult to the residents of Quincy. Many of Quincy residents have been priced out of Quincy as they were no longer able to pay the assessment raises and taxes.

How much is enough? Ever read the myth about King Midas? Interesting tale.

Ms. Joan Smith
Quincy

14 Residents On Curry College Dean's List

Fourteen students from Quincy are on the Dean's List for the spring semester at Curry College in Milton.

They are:

Nicole Baldwin, Florida-

Adelaide Antwi On Dean's List

Adelaide Antwi of Quincy was named to the Dean's List for the spring term at University of Maryland Global Campus.

lia Bouma, Bethany Bowman of Quincy, Clayton Corley of Quincy, Maeve Dugan, Avery Glennon, Fionn Gorham, Oscar Li, Cara O'Connor, Aidan Perry, Jacky Qiu, Ari Williams and Pam Williams.

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HALLS FOR RENT

MORRISETTE LEGION POST
81-83 Liberty St., Quincy
Function Hall Available
Call for Details 617-770-4876
Internet Capable • Weddings
Showers • Christenings • Meetings
After Funeral Gatherings
TF

PERSONAL

THANK YOU
ST. JUDE, BLESSED MOTHER, ST. ANTHONY, ST. JOSEPH, ST. PEREGRINE, ST. THERESA
J.D. & C.V.D.
12/26

Jesus, Mary, Joseph & Saint Ann, please help my family make peace with each other and love one another.
6/13

Happy Father's Day to all the Dads out there, especially my Mick.
. *Love, K, E & S xxx*
6/13

Ed–
VIA mail at P.O.
Thanks
J
6/13

CONGRATULATIONS
Madelyn & Jack!
Wishing you a wonderful journey as you build your new life together.
Love, Mum & Gregg
6/13

YARD/GARAGE SALE

YARD SALE #6
STILL CLEARING OUT!!!
Lots of unique and one-of-a- kind items! Many treasures from collections accumulated over the years. Some outside decor and power-washer; 6ft metal peacock, and a beat-up 1960's Schwinn tandem bike!
Sat., June 15 • 9AM - 2PM
143 Spring Street, Quincy MA
• *HEAVY RAIN CANCELS* •
6/13

GARAGE SALE
Sat., 6/15, Sun., 6/16• 9AM - 4PM
RAIN OR SHINE
76 DAVIS ST. QUINCY
Games, framed wall pictures, linens, pocket books & much more...*priced to sell!*
6/13

Want to pick up a copy of *The Quincy Sun*?
There are 50+ stores in Quincy that sell it on their newsstands!

PLEASE RECYCLE THIS NEWSPAPER

The Quincy Sun CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
PAYABLE IN ADVANCE. Payment must accompany order.

INDEX
- ❑ Services
- ❑ For Sale
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- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
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RATES
1 WEEK ❑ $9.00 for one week, up to 20 words, 10¢ for each additional word.
2-4 WEEKS ❑ $8.00 per week up to 20 words for 2-4 weeks of the same ad, 10¢ each additional word.
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11 WEEKS OR MORE ❑ $7.00 per week, up to 20 words, for 11 or more weeks of the same ad, 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.

DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

PAID ADVERTISEMENT

PAID ADVERTISEMENT

Happy Father's Day

Joe, Dick Jr. and me dressed up like my Dad.

Vacationing on the Cape in the 70's.

He grew up during the depression, one of seven children. After graduating from North Quincy High School, he joined the US Army to serve his nation during WWII. After the war he saw a need and founded the Koch Club, got married to the love of his life, Simone, and then had eight children. He worked at White Bros. Milk with his three brothers then became the City's first Park Director. He started the Flag Day Parade and the Quincy City Club. He served his Nation, his Church, and his community here in Quincy. He was a force for good. He taught me about hard work, Faith in God, and service to others. I learned from him how to live, how to love, and to serve by the greatest possible way – the powerful way of example.

He was my father – Richard J. Koch.

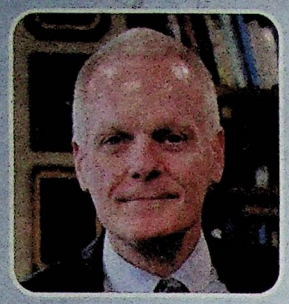
Thank you, Dad.

Mayor Tom Koch

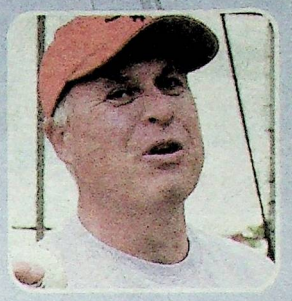
Happy Father's Day!

Mayor Tom & Christine Koch

Of course, I was his favorite.



Richard "Ratt" Kennedy
GRAND MARSHAL



Honorable William G. Farrell
RICHARD J. AND SIMONE N. KOCH
YOUTH SERVICE AWARD WINNER

City of Quincy's 73rd Annual

FLAG DAY

Parade, Ceremony & Fireworks

Carrying on the tradition of the Koch Club
Presented by the City of Quincy

Saturday, June 15, 2024

PARADE
7 :00 p.m.
Featuring bands, floats and specialty units

Steps off at the intersection of Coddington and Washington Street. It will head north up Hancock Street and turn into Merrymount Park on Merrymount Parkway before wrapping up at Adams Field.

FLAG RAISING CEREMONY
8:00 p.m.

Featuring patriotic songs honoring our service members, the flag and our country at Pageant Field.

FIREWORKS DISPLAY
9:00 p.m
Over Black's Creek
Fireworks Display by Quirk Auto Dealerships